



UNIVERSITY OF
CALGARY

NURSING 203 (L01-11)

FOUNDATIONS for NURSING PRACTICE

BACHELOR OF NURSING REGULAR TRACK PROGRAM

COURSE OUTLINE

Fall Session 2009

September 8 to December 8, 2009

Group #	Day	Time	Instructor	Location
L01	M	1300-1550	Tracey Clancy	1225A
L02	M	1300-1550	Rita Lisella	1225B
L03	M	1300-1550	Meg McDonagh	1290
L04	M	1300-1550	Linda Shorting	1290A
L05	T	1300-1550	Bryan Clarke	1290
L06	T	1300-1550	Leisha Naphin	1290A
L07	W	1300-1550	Leisha Naphin	1290
L08	W	0900-1150	Andrea Campbell	1290A
L09	R	1300-1550	Dave Sellin	1290
L10	F	1300-1550	Bryan Clarke	1290
L11	F	1300-1550	Ruth Swart	1290A
L23	T/R S	1630-1930 1300-1600	Michelle Durant	1290

Course Coordinator:

Pat Ceri RN MN
Faculty of Nursing
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by Appointment

CALENDAR DESCRIPTION

Development of skills applicable to nursing practice.

Course Hours: H(0-3)

Corequisite(s): [Nursing 201](#) and [205](#).

Notes: Students must obtain a C grade or better to proceed with program.

(<http://www.ucalgary.ca/pubs/calendar/current/nursing.html>)

DETAILED COURSE DESCRIPTION

Welcome to Nursing 203.

Nursing 203, Foundations for Nursing Practice, is a classroom lab course designed to assist you in the development of relational communication skills and psychomotor skills that are foundational to the practice of nursing. Using experiential learning opportunities in the Clinical Simulation Learning Center as well as in the community, you will focus on practicing selected clinical skills within the context of a professional relationship. You will have the opportunity to apply what you have learned in this course in subsequent clinical courses.

COURSE OBJECTIVES

Students in Nursing 203 will be provided with opportunities to:

- Develop skills in relational communication practices
- Demonstrate competence in selected foundational nursing practices
- Apply theoretical content to foundational nursing practices and relational practices
- Apply skills of inquiry and critical thinking to simulated and actual nurse-client situations
- Demonstrate professional behaviors and communication in the learning environment and in the community

Learning Context

Learning resources for N203 include your life experiences, assigned readings, videotaping and video critique, group discussions, supervised lab practice, and a visit to an individual in the community. Each activity in the teaching-learning dynamic is an opportunity to gain insight into being a client, a nurse and to begin the development of the identity of a professional nurse.

To support your learning and to facilitate communication with your peers, lab instructor and course coordinator, a web site has been established for N203 in the Blackboard environment. Under the Lab resources tab, you will find schedules, evaluation tools, lab guides, and other materials to support your learning. **There is a tutorial for Blackboard at <http://elearn.ucalgary.ca/> if you are unfamiliar with this learning environment.** It is an expectation of the course that all students monitor the N203 Blackboard site regularly for announcements related to the course.

REQUIRED TEXTBOOKS/RESOURCES

The following required textbooks and reading packages are **available for purchase at the University of Calgary Bookstore.**

American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th Ed.). Washington, DC: American Psychological Association.

For help with understanding APA formatting <http://www.psywww.com/resource/apacrib.htm>

Kozier, B., Erb, G., Berman, A, Snyder, SJ, Raffin Bouchal, DS, Hirst, S, Yiu, L, Stamler, LL, Buck, M. (2010). *Fundamentals of Canadian Nursing: Concepts, Process, and Practice* (2nd Canadian Ed.). Toronto, Pearson Canada. (bundled with Prentice Hall Real Nursing Skills videos and My Nursing Lab access)

eDose: drug Dosage Calculation Software access package, Meti Learning **AVAILABLE AT THE MEDIA STATION IN THE BOOKSTORE**

You will also require the following equipment

1. a stethoscope with a bell and a diaphragm
2. a nursing laboratory kit (which is available for purchase from the Undergraduate Nursing Society, see Bboard).

COURSE REQUIREMENTS

In order to be successful in Nursing 203, students will complete ALL the following requirements:

Quizzes (6 quizzes, 5% each)	30%	See schedule at a glance for due dates
Paper	30%	Due at beginning of lab week of November 2nd
Professionalism	Pass/Fail	Ongoing, see description in outline
Skills Test: Vital Signs	20%	See schedule at a glance (Class 7)
Skills Test: Aseptic dressing	20%	See schedule at a glance (Class12)
eDose numeracy pretest	Complete/Incomplete	Due by beginning of Lab 10 eDose submissions

Minimum passing grade for this course C for NURS 203. There is no final exam in N203.

Evaluation Expectations

1. Quizzes (six quizzes)

Six multiple choice will be posted on Blackboard. Each quiz relates to the required activities for a particular lab. All quizzes must be completed prior to the last class date. It is recommended that they be completed shortly after the associated lab session to promote integration of concepts.

2. Scholarly paper

See description posted on blackboard, Course documents

2. Developing Professionalism (Professional Conduct and Communication)

As a registered nurse your professional practice and conduct will be guided by a set of Practice Standards. These standards, which include a code of ethics, represent criteria against which the practice of all nurses is measured. Likewise, within the scholarly community of the Faculty of Nursing, learning partnerships are established between faculty and students, students and patients, students and students etc. that also require the practice of personal/academic integrity. Please refer to the University of Calgary Calendar 2008-2009, Academic Regulations, pp. 23-58.

Development of professional behaviour in this course will be guided by the five 'P's of professionalism: Presence, Punctuality, Preparation, Participation, and Professional demeanour. (Roach,1992) Communicating with others in a professional manner is also an essential skill required of you in your developing role as a nurse. The following guidelines may be discussed on an ongoing basis in this course and will be used to evaluate 1) your **professional conduct** and 2) **communication**. It is recommended you review the five P's and reflect upon your work with your peers and your instructor. The list below provides a basis for determining your progress in this component of the course. This is a pass/fail evaluation activity and failure to meet any of the individual, or grouped, expectations of this component of the course will place you at risk for failure in this course.

See Professionalism criteria posted on Bboard, Course Documents

4. Skills Testing

Individual appointments will be set up by your Lab Instructor to test specific lab skills. The current evaluation checklists are posted on the Blackboard for your review and consideration.

5. Math for Medication Administration: eDose submissions

In preparation for the safe administration of medications to clients across the lifespan and in various contexts, you will complete a series of math learning activities and tests throughout your program of study. The importance of accuracy and consistency in carrying out mathematical calculations cannot be overstated. You are required to purchase eDose which is an independent electronic learning system designed to teach nurses to calculate medication dosages. It will be used in several

clinical courses throughout the undergraduate program, beginning in N203. The course coordinator will monitor progress and completion of the assigned modules, which must be completed at the intervals noted in the schedule at a glance to meet expectations in this course. Basic (non-programmable) calculators may be used in the completion of eDose modules and tests. There are additional math texts and learning modules available in the Learning Center.

FACULTY OF NURSING UNDERGRADUATE GRADING SCALE

If the percentage on your assignment is:	The grade on your assignment is:	The weighted grade points will be taken from:	If the total for all assignments is:	Your final grade will be:	And the GPA for the course will be:
98.0 – 100	A+	4.0	3.95-4.00	A+	4.0 Outstanding -- exceptional analysis and synthesis of subject matter.
93.0 – 97.9	A	3.9	3.85-3.94	A	4.0 Excellent -- superior performance, showing comprehensive understanding of subject matter.
88.0 – 92.9	A-	3.7	3.50-3.84	A-	3.7
83.5 – 87.9	B+	3.3	3.15-3.49	B+	3.3
78.0 – 83.4	B	3.0	2.85-3.14	B	3.0 Good -- clearly above average performance with knowledge of subject matter generally complete.
73.5 – 77.9	B-	2.7	2.50-2.84	B-	2.7
69.0 – 73.4	C+	2.3	2.15-2.49	C+	2.3
63.5 – 68.9	C*	2.0	1.85-2.14	C	2.0 Satisfactory - basic understanding of the subject matter. [Minimum passing grade for NURS 203/211.]
59.0 – 63.4	C-	1.7	1.50-1.84	C-	1.7
54.5 – 58.9	D+	1.3	1.15-1.49	D+	1.3
50.0 – 54.4	D	1.0	0.50-1.14	D	1.0 [Minimum passing grade for theory courses.]
49.9 or less	F	0	0.00-0.49	F	0.0

Approved by Faculty of Nursing, Executive Committee of Council, June 9, 2005 [Editorial Revisions: August 7, 2009]

WITHDRAWAL DEADLINE
The last date for withdrawal from this course without penalty is December 8, 2009.

CLINICAL ABSENCES

Within the Nursing Practice Standards established by CARNA (2005) it states that a nurse must ensure their 'fitness to practice' (pg. 5). This means that the nursing student must be able to perform essential functions of the nursing role expected for the lab or clinical practice that they have been assigned to without any mental or physical disabilities/illnesses. Therefore, it is your professional accountability to maintain your state of health and recognize the impact of ill- health may have on patients and colleagues.

To fulfill course requirements, attendance at all scheduled lab and/or clinical practice is required. If you are ill or experience an unforeseen circumstance, you must inform your Clinical Instructor and Course Coordinator as soon as possible. If you miss one or more lab/clinical days due to illness or unforeseen circumstance, you may be at risk for not successfully completing the course. You may be asked to withdraw from the course and complete the course requirements at a later date, or you will be required to make-up the missed hours. Your situation will be reviewed by the Course Coordinator and Associate Dean, Undergraduate Program.

Requests for absences related to nursing scholarship and service learning will be considered.

Please note that travel/social/recreational activities will not be accepted as reasons for absence.

A medical note may be requested.

STUDENT MISCONDUCT

Plagiarism is a serious offence which will result in the following penalty and application:

1. In cases in which the dean and/or faculty is satisfied that a student is guilty of plagiarism, cheating or other academic misconduct in circumstances which suggest a clear intention to deceive or otherwise commit an academic offence, the normal penalty will be either suspension or expulsion from the faculty.
2. In cases in which the dean and/or faculty is satisfied that an offence has been committed, but doubt is left as to the existence of a clear intention to deceive or otherwise commit an academic offence, the normal penalty will be probation.
3. In cases where a student is found guilty of more than a single offence, the normal penalty will be expulsion from the faculty, and in the most serious cases, expulsion from the University.

While it is recognized that scholarly work often involves reference to the ideas, data and conclusions of other scholars, intellectual honesty requires that such references be explicitly and clearly noted.

Plagiarism occurs not only when direct quotations are taken from a source without specific acknowledgement but also when original ideas or data from the source are not acknowledged.

For further information on Student Misconduct Policies, please refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, K. Student Misconduct: www.ucalgary.ca/pubs/calendar/
<<http://www.ucalgary.ca/pubs/calendar/>>

Intellectual honesty is viewed most seriously at the University of Calgary and compliance with standards of intellectual honesty is an expectation.**

ACADEMIC WRITING

The University supports the belief that throughout their University careers, students should be taught how to write well; therefore, written assignments in this course will be evaluated based on the required elements as well as quality academic writing.

For further information, please refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, E. Course Information, E.2 Writing Across the Curriculum: www.ucalgary.ca/pubs/calendar/

EXAMINATION AND TESTS

For detailed information regarding Examinations and Tests, please refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, G. Examinations and Tests: www.ucalgary.ca/pubs/calendar/

There is no final examination in this course

1. Deferred Examinations

A student who becomes ill prior to the examination and is unable to write the examination at the scheduled time will notify the course instructor. Please call the course instructor (voice mail) and leave a message stating the date and time you called, reason for missing the scheduled examination and a phone number where you can be reached so that arrangements can be made for you to write a deferred examination. You may be expected to submit a doctor's certification prior to writing the deferred examination. For further information regarding Deferral of Final Examinations Policies, please refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, G. Examinations and Tests, G.6 Deferral of Final Examinations: www.ucalgary.ca/pubs/calendar/

REAPPRAISALS AND APPEALS

For information on reappraisals and appeals, refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, I. Reappraisal of Grades and Academic Appeals: www.ucalgary.ca/pubs/calendar/

Please note the 15 day timeline from the receipt of a mark and a request for reappraisal and/or appeal to the Associate/Assistant Dean, Undergraduate Programs.

ACADEMIC ACCOMODATIONS

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation, you must officially register with the Disability Resource Centre. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor within the first week of the start of this course.

Further information can be obtained at: www.ucalgary.ca/drc/ or by calling 403-220-8237.

N203 BNRT Fall 2009 Schedule at a Glance

Date:	Lab focus	To Do list	Student Notes
Class 1 Sept 8-14	Introduction Medical Asepsis		
Class 2 Sept 15-21	Vital Signs Documentation – SCM and traditional Legalities	Bring stethoscope Multiple Choice Quiz 1	
Class3 Sept 22-28	Nursing as Relational Practice I:		
Class 4 Sept 29-Oct 5	Nursing as Relational Practice II & III	Multiple Choice Quiz 2	
Class 5 Oct 6-12	Community client visit	No on campus labs , time allotted for community visit	
Class 6 Oct 13-19	Moving the Patient	Multiple Choice Quiz 3 eDose Pre-test Numeracy must be completed during posted times (see Bboard announcement)	
Class 7 October 20-26	Vital signs testing (BP, pulse Isolation simulation		
Class 8 Oct27-Nov2	Personal Care and Hygiene 1&2	Multiple Choice Quiz 4	
Class 9 Nov3-Nov 9	Application of the Principles of Surgical Asepsis: Dressings	Community visit paper due at the beginning of lab Multiple Choice Quiz 5	
Reading Days Nov 10-13			
Class 10 Nov 16-20	Concepts and skills related to circulation and respiration	Bring nasal prongs from lab kit Multiple Choice Quiz 6	
Class 11 Nov 23-24	Caring for the Patient with Sensory/Functional Impairments	All multiple choice quizzes must be complete eDose Introduction and Medication Orders and SI units must be completed by the beginning of this lab	
Class 12 Nov30-Dec4	Testing: Dressing using principles of asepsis	Skills Test Appointment Consult BB for testing criteria	