



NURSING 209

Clinical Practicum I

**BACHELOR OF NURSING
ACCELERATED TRACK PROGRAM**

COURSE OUTLINE

Fall Session 2009

Class Day/Times:	Tuesdays, Wednesdays & Thursdays Refer to Clinical Lab schedules and Clinical Instructor for specific times; day (D) and evening (E) shifts are part of this clinical session
Dates:	November 4 to December 8, 2009
Course Coordinator:	Kathleen Davidson RN MN Faculty of Nursing Office: PF 2291 Telephone: (403) 210-6765 Email: kmdavid@ucalgary.ca

The University of Calgary reserves the right to alter the course outline if required due to procedures implemented as a result of a pandemic situation.

Group		Instructor	Location
01	Tues/Wed/Thurs	Yolanda Renaud	FMC U32
02	Tues/Wed/Thurs	Krista Bricker	FMC U32
03	Tues/Wed/Thurs	Glenys Jenkyns	FMC 36
04	Tues/Wed/Thurs	Ryan Innes	FMC 47
05	Tues/Wed/Thurs	Elaine Proch Schierman	FMC 58
06	Tues/Wed/Thurs	Judy Hanson	FMC 58
07	Tues/Wed/Thurs	Sue Pozak	PLC 44
08	Tues/Wed/Thurs	Lindsey Heitala	PLC 44
09	Tues/Wed/Thurs	Melanie Keeler	PLC 43
10	Tues/Wed/Thurs	Charlene Nawrocki	PLC 43
11	Tues/Wed/Thurs	Cora Sun	PLC 42
12	Tues/Wed/Thurs	Aziza Alizada	RVH 56
14	Tues/Wed/Thurs	Lindsay Sparkes	RVH 56
15	Tues/Wed/Thurs	Davis Sanassy	RVH 82
16	Tues/Wed/Thurs	Cheryl Scott	RVH 81
17	Tues/Wed/Thurs	Amera Taylor	RVH 71
18	Tues/Wed/Thurs	Ruth Ali	CW Fanning 2E
19	Tues/Wed/Thurs	Darla Dickson	CW Fanning 2W
20	Tues/Wed/Thurs	Beverley Forbes	CW Fanning 3W
21	Tues/Wed/Thurs	Marya Bellotto	CW Fanning 2W

CALENDAR DESCRIPTION

Nursing Practice I

Continuing development of skills for nursing practice with opportunity to apply assessment, psychomotor and communication skills in the helping relationship.

DETAILED COURSE DESCRIPTION

Nursing 209, Nursing Practice I, is a guided experience in clinical settings and classroom lab to develop a foundation for nursing practice.

During this 6 week period you will care for individuals who are well and those who are experiencing chronic / episodic illness, in acute care and long term care settings. These experiences will create opportunities for growth in acquiring and applying knowledge, nursing interventions, evaluation and clinical decision making.

COURSE OBJECTIVES

Students in Nursing 209 will be provided with opportunities to:

- Acquire and apply knowledge in clinical practice with individuals and families.
- Develop an understanding of professional responsibility, relationships and boundaries.
- Develop competence in foundational nursing practices.
- Demonstrate understanding and comply with the *Code of Ethics for Registered Nurses (2008)*.
- Enact professional qualities in nursing practice.

COURSE REQUIREMENTS

In order to be successful in Nursing 209, students will complete the following requirements:

- | | |
|------------------------------|---|
| - Clinical Setting | Credit/Fail |
| - Math Competence | Credit/Fail (<i>math exam written end of Lab 2</i>) |
| - Best Practices Assignment | Credit/Fail (due date on or before, Nov 26, 2009) |
| - Lab Exam (Multiple Choice) | Credit/Fail (November 24- 26, 2009) |

Minimum passing grade for this course is CR (Credit)

The classroom labs will be held in the Clinical Simulation Learning Centre at The University of Calgary, unless otherwise posted. Refer to N209 Blackboard site for the lab schedule and announcements. The learning of nursing skills is considered a vital component of clinical practice.

Preparation for and attendance at all scheduled classroom and clinical labs is mandatory.

COURSE GUIDELINES:

1. This first clinical course is evaluated on a credit/fail grade. A passing grade must be obtained in each of the course objectives and for all of the evaluation criteria (listed above) to receive a pass (credit) in the course. A written formative evaluation will be given at midterm. If at that time (or any time) during the course your instructor assesses that the course objectives are not being met, s/he may choose to initiate a written contract between instructor and student. This contract will clarify objectives to be met for successful completion of the course. The contract will be developed in consultation with the Course Coordinator. A written summative evaluation will be given at the end of term, outside of clinical time.
2. A satisfactory level must also be attained in all assignments and classroom lab components of the course to be successful in passing the course.

3. It is **mandatory** that students attend all clinical experiences and classroom labs. If a student misses a clinical / lab day, a physician's note may be requested. The safety of patients depends on the student's accumulation of knowledge and skills (see *University of Calgary Calendar 2009/2010*, p. 170).
4. Students must provide their instructor with proof of current CPR AED Level C on the **first day of this clinical course** (see *University of Calgary Calendar, 2009/2010* p.169). Failure to comply will result in the student not being allowed to attend clinical.
5. Basic math competence has been demonstrated in Nursing 203 (minimum of 90%).
You will learn about the administration of medications during Nursing 209. In order to administer medications in the clinical setting, you **must** achieve a minimum of 90% on a Math for Meds on line e-dose quiz. Failure to do so may result in not achieving credit for this course (see **Math Policy** in this Course Outline).
6. Confidentiality of information in and out of the clinical area must be observed at all times. This is a reminder that you have signed a legally binding confidentiality form.

FACULTY OF NURSING UNDERGRADUATE GRADING SCALE

If the percentage on your assignment is:	The grade on your assignment is:	The weighted grade points will be taken from:	If the total for all assignments is:	Your final grade will be:	And the GPA for the course will be:
98.0 – 100	A+	4.0	3.95-4.00	A+	4.0 Outstanding -- exceptional analysis and synthesis of subject matter.
93.0 – 97.9	A	3.9	3.85-3.94	A	4.0 Excellent -- superior performance, showing comprehensive understanding of subject matter.
88.0 – 92.9	A-	3.7	3.50-3.84	A-	3.7
83.5 – 87.9	B+	3.3	3.15-3.49	B+	3.3
78.0 – 83.4	B	3.0	2.85-3.14	B	3.0 Good -- clearly above average performance with knowledge of subject matter generally complete.
73.5 – 77.9	B-	2.7	2.50-2.84	B-	2.7
69.0 – 73.4	C+	2.3	2.15-2.49	C+	2.3
63.5 – 68.9	C*	2.0	1.85-2.14	C	2.0 Satisfactory - basic understanding of the subject matter. [Minimum passing grade for NURS 203/211.]
59.0 – 63.4	C-	1.7	1.50-1.84	C-	1.7
54.5 – 58.9	D+	1.3	1.15-1.49	D+	1.3
50.0 – 54.4	D	1.0	0.50-1.14	D	1.0 [Minimum passing grade for theory courses.]
49.9 or less	F	0	0.00-0.49	F	0.0

Approved by Faculty of Nursing, Executive Committee of Council, June 9, 2005 [Editorial Revisions: August 7, 2009]

WITHDRAWAL DEADLINE
The last date for withdrawal from this course without penalty is Tuesday, December 8, 2009.

CLINICAL ATTENDANCE POLICY

Please read and adhere to the attached Clinical Attendance Policy.

STUDENT MISCONDUCT

Plagiarism is a serious offence which will result in the following penalty and application:

1. In cases in which the dean and/or faculty is satisfied that a student is guilty of plagiarism, cheating or other academic misconduct in circumstances which suggest a clear intention to deceive or otherwise commit an academic offence, the normal penalty will be either suspension or expulsion from the faculty.
2. In cases in which the dean and/or faculty is satisfied that an offence has been committed, but doubt is left as to the existence of a clear intention to deceive or otherwise commit an academic offence, the normal penalty will be probation.
3. In cases where a student is found guilty of more than a single offence, the normal penalty will be expulsion from the faculty, and in the most serious cases, expulsion from the University.

While it is recognized that scholarly work often involves reference to the ideas, data and conclusions of other scholars, intellectual honesty requires that such references be explicitly and clearly noted.

Plagiarism occurs not only when direct quotations are taken from a source without specific acknowledgement but also when original ideas or data from the source are not acknowledged.

For further information on Student Misconduct Policies, please refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, K. Student Misconduct: www.ucalgary.ca/pubs/calendar/

Intellectual honesty is viewed most seriously at the University of Calgary and compliance with standards of intellectual honesty is an expectation.

ACADEMIC WRITING

The University supports the belief that throughout their University careers, students should be taught how to write well; therefore, written assignments in this course will be evaluated based on the required elements as well as quality academic writing.

For further information, please refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, E. Course Information, E.2 Writing Across the Curriculum: www.ucalgary.ca/pubs/calendar/

EXAMINATION AND TESTS

For detailed information regarding Examinations and Tests, please refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, G. Examinations and Tests: www.ucalgary.ca/pubs/calendar/

Deferred Examinations

A student who becomes ill prior to the examination and is unable to write the examination at the scheduled time will notify the course coordinator. Please call the course coordinator (voice mail) and leave a message stating the date and time you called, reason for missing the scheduled examination and a phone number where you can be reached so that arrangements can be made for you to write a deferred examination. You may be expected to submit a doctor's certification prior to writing the deferred examination. For further information regarding Deferral of Final Examinations Policies, please refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, G. Examinations and Tests, G.6 Deferral of Final Examinations: www.ucalgary.ca/pubs/calendar/

REAPPRAISALS AND APPEALS

For information on reappraisals and appeals, refer to the official online University of Calgary Calendar 2009-2010, Academic Regulations, I. Reappraisal of Grades and Academic Appeals: www.ucalgary.ca/pubs/calendar/

Please note the 15 day timeline from the receipt of a mark and a request for reappraisal and/or appeal to the Associate/Assistant Dean, Undergraduate Programs.

ACADEMIC ACCOMODATIONS

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation, you must officially register with the Disability Resource Centre. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor within the first week of the start of this course.

Further information can be obtained at: www.ucalgary.ca/drc/ or by calling 403-220-8237.

REQUIRED TEXTBOOKS/RESOURCES

The following required textbooks and reading packages are **available for purchase at the University of Calgary Bookstore**.

American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5th Ed.). Washington, DC: American Psychological Association.

For help with understanding APA formatting <http://www.psywww.com/resource/apacrib.htm>

Alberta Association of Registered Nurses. (1999). *Nursing practice standards*. Edmonton, AB, Canada: Author.
(Available at: http://www.nurses.ab.ca/Carna-Admin/Uploads/Nursing%20Practice%20Standards_1.pdf)

Canadian Nurses Association. (2008). *Code of ethics for registered nurses*. Ottawa, ON, Canada: Author.
(Available in the appendix of the standards of practice above or on the CNA Website)

Curren, A.M. (2005). *Math for meds: Dosages and solutions* (9th ed.). Clifton Park, NY: Thomson Delmar Learning.

Fischbach, F. (2003). *A manual of laboratory & diagnostic tests* (7th ed.). Philadelphia: Lippincott.

Jacobs, A., et al. (2005). *Stedman's medical dictionary for the health professions and nursing* (5th ed.). Baltimore: Lippincott.

Kozier, B., Erb, G., Berman, A., Burke, K., Raffin Bouchal, S., Hirst, S. (2004). *Fundamentals of nursing: The nature of nursing practice in Canada: Canadian edition*. Toronto, ON, Canada: Prentice Hall Health.

Day, R., Paul, P., Williams, B., Smeltzer, S., & Bare, B. (Eds.). (2006). *Brunner & Suddarth's textbook of medical-surgical nursing Canadian edition*. Philadelphia: Lippincott.

Lab kit



FACULTY OF NURSING

Clinical Attendance Policy

Classification Student Affairs	Table of Contents Purpose 1
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Purpose

- 1 The purpose of this policy is to ensure a transparent, fair and consistent approach to managing and tracking student absences for the achievement of clinical/ laboratory course objectives and program requirements.

Within the Nursing Practice Standards established by CARNA (2005) it states that a nurse must ensure their 'fitness to practice' (pg.5). This means that the nursing student must be able to perform essential functions of the nursing role expected for the lab or clinical practice that they have been assigned to without any mental or physical disabilities/illnesses. Therefore, it is the nursing student's professional duty to maintain your state of health and recognize the impact ill-health may have on your patients and colleagues.

- 2 This policy applies to all undergraduate students in the Faculty of Nursing.

Definitions

- 3 In this policy:
 - a) "Absence" means unable to be physically present to engage in nursing practice activities related to the course.

- b) "Clinical make up time" equivalent to the number of hours outlined in the University calendar for the nursing course in question, and formally approved by the course coordinator,
- c) "Mandatory" means obligatory, compulsory, morally or legally binding.

Policy Statement 4

- 4.1** Clinical make up time will be implemented in situations where successful completion in meeting course objectives is in question.
- 4.2** A medical note may be requested.
- 4.3** Clinical make up time is not additional time to assist the student to meet the course objectives.
- 4.4** To fulfill course requirements, attendance at all scheduled lab and/or clinical practice is required. If you are ill or experience an unforeseen circumstance, you must inform your Clinical Instructor and Course Coordinator as soon as possible. If you miss one or more lab/clinical days due to illness or unforeseen circumstance, you may be at risk for not successfully completing the course. You may be asked to withdraw from the course and complete the course requirements at a later date, or you will be required to make up the missed hours. Your situation will be reviewed by the Course Coordinator and Associate Dean, Undergraduate Programs.
- 4.5** Travel/social/recreational activities will not be accepted as reasons for absence.
- 4.6** It is an expectation that students plan vacations that do not interfere with any portion of the course dates in the term. Students are expected to consult the university calendar for term dates including withdrawal and add/drop dates for each academic year.
- 4.7** Absences due to bereavement will be addressed on an individual basis by the Associate/Assistant Deans in consultation with the Course Coordinator (4.1 Applies)

Attendance Policy for Pregnant Students

- 4.8** The student is required to notify the Dean or designate in the faculty of Nursing in writing by the end of the first trimester if/when she becomes pregnant. The student may proceed in the program providing:
 - She has a letter from her physician to confirm the due date and the date at which the physician recommends discontinuance of clinical courses and return to clinical courses.
 - She is able to perform nursing duties as assigned. No special concessions or reduction in patient assignment will be made at any point during the pregnancy.
- 4.9** Failure to comply with these conditions may result in the student being asked to withdraw from the clinical portion of the program. This policy is in consideration of the health and safety of the student, the

student's baby, and the student's clients in clinical practice.
(University of Lethbridge, NESAs Student Handbook)

Special Situations	5	Requests for absences related to nursing scholarship and service learning will be considered.
Responsibilities	6	<i>Approval Authority</i> <ul style="list-style-type: none">• ensure appropriate rigour and due diligence in the development or revision of this policy. <p>Course Coordinators</p> <ul style="list-style-type: none">• make decisions regarding a clinical absence;• collaborate with the Clinical Instructor and the Associate/Assistant Dean, Undergraduate Programs if necessary;• sanctions the location and supervision of the clinical make-up time. <p><i>Implementation Authority</i></p> <ul style="list-style-type: none">• ensure that University staff are aware of and understand the implications of this policy and related procedures;• monitor compliance with the policy and related procedures;• regularly review the policy and related procedures to ensure consistency in practice; and• sponsor the revision of this policy and related procedures when necessary.
Parent Policy	7	Hours specified in the Calendar
Related Policies	8	Arranging Extra Clinical Days due to Absences Religious Observance
Related Information	9	Red Deer College Nursing Department <i>Policies and Procedures</i> University of Lethbridge, <i>NESA Student Handbook</i>
References	10	CARNA (2005), <i>Nursing Practice Standards</i>
History	11	<i>Approved:</i> Reviewed by the Faculty Executive Committee, August 2009; approved by the Dean, August 2009. <i>Effective:</i> September 1, 2009

UNIFORM POLICY

Policy: If any student, who, at the clinical instructor's request, refuses to comply with the dress code, the following protocol should be followed:

- The student should be requested to leave the clinical environment immediately in order to comply with the uniform policy. The student will only be permitted to return to the clinical area once the infringement to the policy has been rectified.
- Consistently failing to comply with the uniform policy will mean that such a student will be unsuccessful in the clinical course. Clinical evaluations ought to include intents concerning professional identity (e.g. demeanor, conduct, dress code) and such intents should be considered critical with respect to success or otherwise in the clinical course.
- Documentation should be made of a student's refusal to adhere to policy and copied to the Associate Dean, Undergraduate Programs.
- The student will be directed to make an appointment with the Associate Dean.

Points of Emphasis:

1. Uniforms: Uniforms are required for practice in hospitals, nursing homes, and a variety of other care centers. The Faculty of Nursing requires a standard uniform and specific instructions regarding the uniform will be provided at Orientation. Where uniforms are not required, specific instructions will be given.
2. Shoes: White shoes with regular, closed heels and toes are acceptable. White athletic shoes with pale colored trim are acceptable. Open toe shoes, soft tennis canvas running shoes, or rubber shoes are NOT acceptable.
3. Stockings/Socks: Lightweight white socks may be worn under pantsuits. Sport socks and colored hose are NOT acceptable.
4. Jewelry: A wristwatch with second hand or digital watch marking seconds is required.
 - In any clinical setting, students are only permitted to wear a watch, wedding band, or ring without stones or sharp edges and plain stud earrings or sleepers (a maximum of two per ear). Tongue piercing will not be accepted in any clinical setting. No other visible piercing with jewelry will be permitted (i.e., eyebrow, nares, chin, or lip). No other jewelry is permitted (except medical alert jewelry).
5. Personal Hygiene: Nails must be short and clean. Hair must be worn in a controlled fashion so as not to interfere with patient care. Beards and moustaches must be neat and able to be contained within a mask. Groomed beards are permissible for male students.
 - No artificial fingernails and no nail polish may be worn in the clinical setting.
 - Tattoos must be covered.
 - No chewing gum.
6. Fragrances: Students should refrain from using fragrances while in uniform as it is frequently harmful to clients.
7. Identification Tag: Both the University of Calgary Nursing Program Photo Identification tag and the University of Calgary Nursing Program name tag are part of the uniform and should be worn at all times.
8. Dress Policy for Home Care and Community Practice: It is expected that students will be conservatively and appropriately dressed for all clinical activities in any health care setting. Please see respective course outlines or agency policy guidelines for specific details related to these expectations. The dress code in community

agencies is determined by the type of agency in which the clinical experience is occurring. Very casual clothes (e.g., sweat pants, tracksuits, jeans, jean jackets, shorts, caps, sweat and t-shirts with logos) are not considered appropriate dress for students in a professional school (some exceptions may apply).

References:

Indiana University South www.ius.edu/Nursing/Policies.cfm

Purdue University <http://www.iue.edu/Departments/nursing/handbook2004.shtml>

University of Alberta www.nursing.ualberta.ca/

University of New Brunswick (Moncton site)
<http://www.unbf.ca/nursing/moncton/Student%20handbook.pdf>

University of Western Ontario
<https://www.uwo.ca/nursing/ProgramPoliciesandProcedures.pdf>

TRANSCRIPTION OF MEDICAL ORDERS

Students are not to receive and/or transcribe verbal, telephone, written or electronic orders.

MATH POLICY FOR UNDERGRADUATE PROGRAMS

Compulsory math tests will be implemented for all 200 and 300 level clinical courses and as deemed appropriate by Course Coordinators at the 400 and 500 levels. Compulsory preparatory quizzes will be implemented prior to testing.

Specific criteria:

- Demonstration of math mastery, by achieving 90% on the math test, is required to pass N209. Failure to meet this requirement will result in failure of the course.
- Starting at the beginning of the course, students will submit completed preparatory practice math quizzes to their clinical instructor. The math practice quizzes are compulsory.
- Students who fail to achieve 90% on the first writing of the math test will be allowed one re-write of the math test. Calculators may be used in the math test.
- The student will not be permitted to administer medications in the clinical area until the required mastery has been achieved.

NURSING BEST PRACTICES ASSIGNMENT

Intent of Assignment:

This assignment will allow you an opportunity to identify a patient situation which you have encountered and implement a “best practice” intervention. This assignment will be a presentation that will be given to your instructor and peers in post conference.

Preparation for Assignment

Select a patient encounter which you would like to explore further. Discuss the appropriateness of your selection with your clinical instructor. Identify 5 relevant and recent (no earlier than 1998) articles that support a nursing best practice.

Assignment Format

- Context (10 marks)
Offer a brief description of your patient’s health / illness experience (preserve confidentiality). What brought them to hospital? Describe the context of this individual’s experience. How is this influencing their health/illness experience? What are their expectations? Briefly describe your understanding of their medical history and diagnosis (reason they are in the health care setting). Use resources such as the patient’s chart, and other sources e.g., your medical / surgical textbook, to describe the diagnosis. Also include your patient’s understanding of their illness experience? Discuss a specific scenario for which you are providing one nursing intervention.

- Best Practices Intervention (10 marks)
Discuss one nursing intervention that was provided and support your decision with 5 references that endorse the intervention as a best practice. Discuss how your best practice links with the pathophysiological process of your patient’s medical condition

- Presentation (5 marks)
 - ✓ Presentation was delivered professionally (cue cards may be used)
 - ✓ Maximum length of presentation is 20 minutes
 - ✓ Use APA format submission of reference list
 - ✓ Inclusion of question and answer period at the end of presentation

Marks will be based on completeness of assignment, evidence of critical thinking and appropriateness of articles.