

Education

2005	Post-doctoral Fellowship	Stockholm University
2002	Post-doctoral Fellowship, Canadian Health Services Research Foundation	University of Ottawa/University of Calgary
2001	PhD	University of Alberta
1996	MN	University of Alberta
1993	BSN (Distinction)	University of Victoria, BC
1976	Certificate in Advanced in Advanced Practical Obstetrics	University of Alberta
1973	Nursing Diploma	Kelsey Institute of Applied Science & Technology, Saskatoon, SK

Licensure and Certification

Current	Registered Nurse	College and Association of Registered Nurses of Alberta
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Academic Appointments

2018 July	Acting Dean	University of Calgary, Faculty of Nursing
2017-present	Adjunct Research Professor	University of Calgary, Department of Community Health Sciences, Cumming School of Medicine, Calgary, AB
2017	Assistant Professor (Epidemiology)	University of Calgary, Department of Obstetrics and Gynaecology, Cumming School of Medicine, Calgary, AB
2017-2020	Associate Dean, Research	University of Calgary, Faculty of Nursing, Calgary, AB
2016-2017	Interim Associate Dean, Research	University of Calgary, Faculty of Nursing, Calgary, AB
2011-present	Professor	University of Calgary, Faculty of Nursing, Calgary, AB
2011-2019	Adjunct Research Professor	University of Calgary, Department of Pediatrics, Cumming School of Medicine, Calgary, AB
2010-present	Adjunct Associate Professor	University of Calgary, Department of Pediatrics, Faculty of Medicine, Calgary, AB
2005-2011	Associate Professor	University of Calgary, Faculty of Nursing, Calgary, AB
2004-present	Adjunct Assistant Professor	University of Alberta, Faculty of Nursing, Edmonton, AB
2001-2004	Assistant Professor	University of Calgary, Faculty of Nursing, Calgary, AB

Non-Academic Appointments

2008-2014	Mentor, CIHR Strategic Training Program in University of Calgary, Calgary, AB Genetics, Child Development and Health
2007-present	Membership, School of Graduate Studies University of Lethbridge, Lethbridge, AB
2007-2009	Mentor, CIHR Strategic Training Program in University of Alberta, Edmonton, AB Maternal Fetal Newborn Health

Awards and Distinctions

2020	Faculty of Nursing, Superhero	Faculty of Nursing, University of Calgary
2019	50 Faces of UCalgary Nursing	Faculty of Nursing, University of Calgary
2018	Lifetime Achievement Award,	Calgary Urban Project Society (CUPS)
2017	GREAT Supervisor	Faculty of Graduate Studies, University of Calgary
2017	Pursuit of Excellence, Outstanding Team (Nursing Research Office)	Faculty of Nursing, University of Calgary
2017	Pursuit of Excellence, Graduate Teaching Excellence	Faculty of Nursing, University of Calgary
2016	Excellence in Leadership	Canadian Association of Perinatal and Women's Health Nurses
2015	Advancement of Nursing Research	Covenant Health Faculty of Nursing

Research Funding

2021-2024	<i>ACCELERATE: Partnering with ICU patients and family caregivers toward early transitions in care.</i> PIs: Stelfox, H.T., Feist, K., Parsons Leigh, J.J., Foster, N. K., Sept, B. G. Co-Is: Ahmed, S., Bagshaw S., Benzies, K. , Clement, F., Cunningham, C., Deemer, K., Elton-Lacasse, C., Papathanasoglou, E., Pahar, K., Roach, P., Spence, S., Straus, S., Sy, E., Taljaard, M., & Wunsch, H. CIHR - SPOR	\$465,000
2020-2022	<i>Vaccination in a pandemic: The impact on routing vaccinations and future COVID-19 vaccine acceptance.</i> PI: MacDonald, S. Co-Is: Tunis, M., Brosseau, N., Naus, M., O'Brien, C., Gagneur, A., Benzies, K. , Bettinger, J., Driedger, M. Dube, E., Humble, R., Kiely, M., MacDonald, N., Meyer, S., Rafferty, E., Robinson, J., Sadrangani M., Svenson, L., Wilson, s., Colquhoun, A., & Jalbert, Y. CIHR COVID-19 Catalyst	\$396,341
2020-2021	<i>COVID-related Practice Adaptations at CUPS: Developing a Framework for Disaster Planning with Socially Vulnerable Children and Families.</i> PI: Benzies, K. Co-Is: Perry, R., Jones, P., & Kurilova, J. Owerko Centre & Alberta Children's Hospital Research Institute	\$15,000
2020-2025	<i>Prediction, Prevention, and Interventions for Preterm Birth (The P to 3 Cohort).</i> Co-PIs: Metcalfe, A. Co-Is: Abou Mehrem, A., Amed, S.,	\$5 million

	Anderson, D., Benlamri, A., Benzies, K. , Bray, S., Brockway, M., Campbell, D., Chaput, K., Dean, W., DeVetten, G., Esser, M., Forkert, N., Graham, S., Hemberger, M., Hendson, L., Johnson, J., Tomfohr-Madsen, L. Co-Is: Lebel, C., Leijser, L., Malebranche, M., McDonald, S., McMorris, C., McNeil, D., Mineyko, A., Mohammad, K., Nerenberg, K., Ross, K., Seow, C., Shafey, A., Slater, D., Sycuro., L., Tomfohr, L., Tough, S., Wood, S., Zein, H. <i>Calgary Health Trust</i>	
2019-2023	<i>Co-designing a patent and family caregiver-oriented transitions in care bundle.</i> PI: Fiest, K.; Co-Is: Burns, K., Manns, B., Farrier, C., Fraser, N., Kashuba, S., Foster, N., Sinnadurai, S., Foster, N., Kupsch, S., Oxland, P., Sept, B., Niven, D., Parsons Leigh, J. Stelfox, T., Straus, S., Au, S., Amaral, A., Bagshaw, S., Ball, I., Benzies, K. , Bourne, R., Bell, C., Clement, F., Davidson, J., Dodek, P., Doig, C., Ely, E. W., Forster, A., Fowler, R., Fox Robichaud, A., Grant, C., Holroyd-Leduc, J., King, J., Kyeremanteng, K., Lau, V., McBrien, K., Muscedere, J., Niven, D., Papatanasoglou, E., Piskulic, D., Rasiah, J., Rewa, O., Roumeliotis, N., Sauro, K., Roumeliotis, N., Roze des Ordons, A., Soo., A., Taljarrd, M., & Turgeon, A. <i>CIHR – PHSI Transitions in Care</i>	\$1.24 million
2019-2021	Reducing NICU Length of Stay in Alberta: Scale and Spread of Alberta Family Integrated Care (FICare). PI: Benzies, K. ; Co-Is McNeil, D., Bichel, A. <i>Alberta Health Services, Health Innovation Implementation and Spread Fund</i>	\$750,000
2017-2020	<i>Family Integrated Care (FICare) for Medically Fragile Infants on Paediatric Inpatient Units: a Feasibility and Modified Pilot Study.</i> PI: Benzies, K. ; Co-Is: Barnard, C., MacKay, L., Shah, V. <i>Alberta Children’s Hospital Research Institute - ARC Research Award in Family Centered Care</i>	\$225,000
2017-2020	<i>Family Research Agenda Initiative SETting (FRAISE) Project.</i> PI: Benzies, K. ; Co-Is: Bright, K., Brockway, M., Ginn, C., Keys, E., Kingston, D., Tomfohr-Madsen, L. <i>Alberta Children’s Hospital Research Institute – Allied Health Award</i>	\$60,000
2017-2019	<i>Developing Nursing Expertise: Application of the Quiet Eye to Nursing Education.</i> PI: Parker, S.; Co-Is: Benzies, K. , Caird, J. <i>University of Calgary - Taylor Institute Teaching and Learning Grant</i>	\$36,660
2017-2018	<i>Family Research Agenda Initiative SETting (FRAISE) Project.</i> PI: Benzies, K. ; Co-Is: Bright, K., Brockway, M., Ginn, C., Keys, E., Kingston, D., Tomfohr-Madsen, L. <i>Alberta Innovates – Community Engagement and Conference Grant</i>	\$10,000
2017-2018	<i>Using Community Engagement to Define Health Research Priorities in Maternal-Child and Family Health for the Community Setting.</i> PI: Benzies, K. ; Co-Is: Bright, K., Brockway, M., Ginn, C., Keys, E., Kingston, D., Tomfohr, L. <i>Alberta Innovates</i>	\$10,000

2016-2020	<p><i>Parent-child interactions, child developmental health, and health system costs at 6 months corrected age: Effectiveness of a cluster randomized controlled trial of Family Integrated Care in Level II NICUs.</i></p> <p>PI: Benzies, K.; Co-Is: Aziz, K., Lodha, A., Shah, V. Alberta Children's Hospital Research Institute-Husky Oil Chair matching funds for Canadian Institutes of Health Research Grant</p>	\$100,000
2016-2018	<p><i>Child Developmental Health, Maternal Psychosocial Distress, And Health Costs At 18 Months Corrected Age: Effectiveness Of A Cluster Randomized Controlled Trial of Family Integrated Care (FICare) in Level II NICUs.</i> PI: Benzies, K.; Co-Is: Asztalos, E., Aziz, L., Hicks, M., Isaranuwachai, W., Lodha, A., McNeil, D., Mrklas, K., Palacios-Derflingher, L., Shah, V. Canadian Institutes of Health Research - Preterm Birth Initiative</p>	\$199,812
2015-2018	<p><i>Prediction and Understanding of Resilience in Alberta Families.</i></p> <p>PI: Kingston, D.; Co-PIs: Arnold, P., Greenshaw, A., McDonald, S., Tough, S.; Co-Is: Austin, M-P., Benzies, K., Brown, S., Chuck, A., Cui, X., deKoning, J., Dursun, S., Gartland, D., Giallo, R., Graham, S., Greiner, R., King, S., Kovalchuk, I., Lebel, C., MacMaster, F., Marsh, R., McDermott, B., Metz, G., Postovit, L-M., Pryce, C., Slater, D., Sproule, J., Wynne-Edwards, K. Alberta Innovates- Health Solutions, Collaborative Research and Innovation Opportunities</p>	\$1.89 million
2015-2018	<p><i>Family Integrated Care in Level II NICUs: An Innovative Program for Alberta.</i></p> <p>PI: Lodha, A.; Co-PIs: Aziz, K., Benzies, K., Shah, V.; Co-Is: Aikerman, A., Amin, H., Chari, R., Hoch, J., Isaranuwachai, W., Larocque, J., Mrklas, K., Naugler, C., Palacios-Derflingher, L., Phillipos, E., Scotland, J., Soraisham, A., Staub, K., Stelfox, T., Suter, E., Walker-Kendall, S. Alberta Innovates Health Solutions, Partnership for Research and Innovation in the Health System</p>	\$750,000
2015-2018	<p><i>A Longitudinal Evaluation of an Innovative, Community-Based Multiple Intervention of Cups One World Child Development Centre: Effects on Health and Developmental Outcomes at Age 15 Following a Two-Generation Preschool Program for Vulnerable Children and Their Families.</i></p> <p>PI: Benzies, K.; Co-Is: Ginn, C., Mughal, M.K. Max Bell Foundation</p>	\$26,811
2015-2016	<p><i>Developing a Pregnancy-Specific Anxiety Assessment Tool: a One-Day Planning Event.</i></p> <p>Co-PIs: Bayrampour, H, Cook, J., Tough, S.; Co-Is: Benzies, K., MacQueen, G., McNeil, D.</p>	\$9,934
2014-2021	<p><i>Alberta Birth Common Dataset (ABCD): Revealing the Origins of Child Development.</i></p> <p>Co-PIs: Letourneau, N., Tough, S.; Co-Is: Benzies, K., Dewey, D., Giesbrecht, G. Alberta Children's Hospital Foundation</p>	\$1.9 million

2013-2017	<i>PAX and Triple P Randomized Control Trial.</i> PIs: Embry, D., Prinz, R., Tough, S.; Co-Is: Benzies, K. , Hoglund, W., Kingston, D., Rinaldi, C., Wiebe, S. Alberta Centre for Child, Family, and Community Research and Alberta Health Services	\$2.65 million
2013-2017	<i>Calgary Urban Project Society (CUPS) Prenatal to Three Program Evaluation Project.</i> PI: Benzies, K. ; Co-Is: Pruett, K., Pruett, M. Max Bell Foundation	\$200,000

Peer Reviewed Publications (*denotes trainee)

e-Pub Ahead of Print

1. Parker, S. I. A., *Simmons, S. M., *Rutherford, A., Caird, J. K., & **Benzies, K. M.** (2021, February 25). Novice and expert nurses eye movements and peripheral intravenous catheterization success. *Clinical Simulation in Nursing*, 52, 42-48. <https://doi.org/10.1016/j.ecns.2020.12.010>
2. *Dewell, S., **Benzies, K.**, Ginn, C., & Seneviratne, C. (2020, October 20). Assessing knowledge of genomic concepts among Canadian nursing students and faculty. *International Journal of Nursing Education Scholarship*, 17(1), Article 20200058. <https://doi.org/https://doi.org/10.1515/ijnes-2020-0058>
3. **Benzies, K. M.**, Aziz, K., Shah, V., Isaranuwachai, W., Scotland, J. Larocque, J., Mrklas, K. J., Naugler, C., Stelfox, H. T., Chari, R., Soraisham, A., Akierman, A. R., Phillipos, E., Amin, H., Hoch, J., Zaroni, P., Kurilova, J., Lodha, A., and the Alberta Family Integrated Care (FICare) Team. (2020, November 20). Effectiveness of Alberta Family Integrated Care (FICare) in Level II Neonatal Intensive Care Units (NICU) on infant and maternal outcomes: a provincial, pragmatic, cluster randomized controlled trial. *BMC Pediatrics*, 20:535. <https://doi.org/10.1186/s12887-020-02438-6>
4. *Anis, L., Perez, G., Letourneau, L., **Benzies, K. M.**, Ewashen, C., & Hart, M. (2020, December 16) Convergent validity of three measures of reflective function: Parent Development Interview, Parental Reflective Function Questionnaire, and Reflective Function Questionnaire. *Frontiers in Psychology*, 11:574719. doi: 10.3389/fpsyg.2020.574719
5. **Benzies, K. M.**, Gasperowicz, M., Afzal, A., & Loewen, M. (2020, October 26). Welcome to Parenthood reduces postnatal depressive symptoms during the transition from pregnancy to 6 months postpartum in a community sample: A longitudinal evaluation. *Archives of Women's Mental Health*. <https://doi.org/10.1007/s00737-020-01083-3>
6. Perry, R., Ginn, C., Donnelly, C., & **Benzies, K. M.** (2020, October 23). Assessing resiliency in vulnerable populations: Preliminary evaluation of the CUPS Resiliency Interview Schedule and CUPS Resiliency Questionnaire. *Health and Social Care in the Community*, 00,1-9. <http://dx.doi.org/10.1111/hsc.13202>
7. *Mackay, L. J., **Benzies, K. M.**, Barnard, C., & Raffin Bouchal, S. (2020, August 26). Parental experiences caring for their hospitalized medically fragile infants: A description of parental stress and coping. *Canadian Journal of Nursing Research*, 0(0),1-11. <https://doi.org/10.1177/0844562120954125>
8. Mughal, M. K., Giallo, R., Arnold, P., Kehler, H., Bright, K., **Benzies, K.**, Wajid, A., & Kingston, D. (2018, December 19). Trajectories of maternal distress and risk of child developmental delays: Findings from the All Our Families (AOF) pregnancy cohort. *Journal of Affective Disorders*, 248, 1-12. doi.org/10.1016/j.jad.2018.12.132

Published

9. McNeil, D.A., Benzies, K. M., Zanoni, P., Kurilova, J. (2021). Alberta Family Integrated Care (FICare)[™]: From engaged clinicians in a cluster randomized controlled trial to health system partnership in scale and spread across a province. In: McCutcheon C., Reszel, J., Kothari A., Graham I.D., editors. *How We Work Together: The Integrated Knowledge Translation Research Network Casebook*. Volume 4, 16-19. Ottawa, ON: Integrated Knowledge Translation Research Network. Available from: <https://iktrn.ohri.ca/projects/casebook/>
10. Mughal, M. K., Keys, E., Ginn, C., Perry, R. L., & Benzies, K. M. (2020). Parenting stress, maternal perception, and child development in families experiencing adversity. *University of Calgary*. Nursing Research and Publications <http://hdl.handle.net/1880/112727>
11. *Dewell, S., Benzies, K., & Ginn, C. (2020). Precision health and nursing: Seeing the familiar in the foreign. *Canadian Journal of Nursing Research*, 52(3), 199-208. <https://doi.org/10.1177/0844562120945159>
12. *MacKay, L. J., Benzies, K. M., Barnard, C., & Hayden, K. A. (2020). A scoping review of parental experiences caring for their hospitalized medically fragile infants. *Acta Paediatrica*, 109(2), 266-275. doi: org.ezproxy.lib.ucalgary.ca/10.1111/apa.14950
13. Hunter, A., Cunningham, S., Yuen, C., *Jensen, K., Kurilova, J., Afzal, A., & Benzies, K. M. (2020). Effect of a nurse-led protocol on time to treatment of partial occlusions in central venous access devices in pediatric oncology. *Journal of Pediatric Oncology Nursing*, 37(5), 305-312. <https://doi.org/10.1177/1043454220938349> Selected as feature article for CEU credits.
14. *Brockway, M., Benzies, K. M., Carr, E., & Aziz, K. (2020). Does breastfeeding self-efficacy theory apply to mothers of moderate and late preterm infants? A qualitative exploration. *Journal of Clinical Nursing*, 29(15-16), 2872-2885. doi: 10.1111/jocn.15304
15. *Anis, L., Letourneau, N., Benzies, K., Ewashen, C., & Hart, M. (2020). The effect of the Attachment & Child Health (ATTACH) parent training program on parent-child interaction quality and child development. *Canadian Journal of Nursing Research*, 52(2), 157-168. doi.org/10.1177/0844562119899004.
16. *Ali, E., Letourneau, N., Benzies, K., Ntanda, H., Dewey, D., Campbell, T., & Giesbrecht, G. (2020). Maternal prenatal anxiety and child externalizing and internalizing behavioral problems: The moderating roles of maternal-child attachment security and child sex. *Canadian Journal of Nursing Research*, 52(2), 88-99. doi.org/10.1177/0844562119894184
17. *Bright, K., Ginn, C., *Keys, E., *Brockway, M., Tomfohr-Madsen, L., Doane, S., & Benzies, K. (2020). Determining research priorities using a modified priority-setting approach and principles of participatory action research (PAR). *SAGE Research Methods Cases: Medicine and Health*. doi.org/10.1016/j.jad.2018.12.132
18. *Mackay, L. J., Benzies, K. M., Barnard, C., & Raffin Bouchal, S. (2020). Health care professionals' experiences of providing care to hospitalized Medically Fragile Infants and their parents. *Journal of Pediatric Nursing*, 53, 14-21. doi.org/10.1016/j.pedn.2020.04.016
19. Ginn, C., Mughal, K., Kline Pruett, M., Pruett, K., Perry, R. L., & Benzies, K. M. (2020). Engaging from both sides: Facilitating a Canadian two-generation prenatal to three (P to 3) program for families experiencing vulnerability. *Canadian Journal of Nursing Research*, 52(2), 117-128. doi.org/10.1177/0844562120905710.
20. Ginn, C., & Benzies, K. (2020). Struggling with reciprocity and compassion: Mentoring pregnant and parenting mothers experiencing vulnerability. *Qualitative Health Research*, 30(4) 504–517. doi.org/10.1177/1049732319855961
21. *Lewis, R. A., Benzies, K. M., MacRae, J., Thomas, C., & Tonelli, M. (2020). An exploratory study of person-centered care in a large urban hemodialysis program in Canada using a qualitative case study methodology. *Canadian Journal of Kidney Health and Disease*, 6, 1-5. doi.org/10.1177/2054358119871539

22. *Ginn, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2019). A theoretical framework for mixed methods research with Canadian families living with low income. *International Journal of Multiple Research Approaches*, 11(3), 255-276. doi: 10.29034/ijmra.v11n3a2
23. *Keys, E. M., Norris, J. M., Cameron, E., Bright, K. S., Tomfohr-Madsen, L. M., & **Benzies**, K. M. (2019). Recruitment and retention of fathers with young children in early childhood intervention research: A systematic review and meta-analysis protocol. *Systematic Reviews*, 8, 300. doi.org/10.1186/s13643-019-1215-1
24. *Brockway, M., **Benzies**, K., Carr, E., & Aziz, K. (2019). Breastfeeding self-efficacy and breastmilk feeding for moderate and late preterm infants in the Family Integrated Care trial: A mixed methods protocol. *International Breastfeeding Journal*, 13, 29. doi.org/10.1186/s13006-018-0168-7
25. **Benzies**, K. M., Horn, S., Barker, L. A., Johnston, J. C., Berci, D., & Kurilova, J. (2019). Enhanced information package given at birth: Effects on early parenting experiences and use of educational resources and community services at age 3 months. *Maternal and Child Health Journal*, 23(3), 377-385. doi: 10.1007/s10995-018-2670-3
26. **Benzies**, K., Shah, V., Aziz, K., Lodha, A., & Misfeldt, R. (2019). The health care system is making 'too much noise' to provide family-centred care in neonatal intensive care units: Perspectives of health care providers and hospital administrators. *Intensive and Critical Care Nursing*, 60, 44-53. doi.org/10.1016/j.iccn.2018.05.001
27. McDonald, S., Madigan, S., Racine, N., **Benzies**, K., Tomfohr, L., & Tough, S. (2019). Maternal adverse childhood experiences, mental health, and child behavior at age 3: The All Our Families community cohort study. *Preventive Medicine*, 118, 286-294. doi.org/10.1016/j.ypmed.2018.11.013
28. **Benzies**, K. M., *Yates, M. T., Patel, A. B., Afzal, A., Kurilova, J., & McNeil, D. A., (2018). Association between obesity in 4- to 7-year-old children and eight types of crime: A hierarchical linear modeling approach. *Obesity Science and Practice*, 5(2), 159-167. doi/full/10.1002/osp4.322
29. *Bright, K., Ginn, C. S., Keys, E., Brockway, M., Tomfohr-Madsen, L., Doane, S., & **Benzies**, K. M. (2018). Study protocol: Determining research priorities of young Albertan families (The Family Research Agenda Initiative Setting Project - FRAISE) – Participatory action research. *Frontiers in Public Health*, 6, 228. doi.org/10.3389/fpubh.2018.00228
30. Lasiuk, G., Penner, J., **Benzies**, K., Jubinville, J., Hegadoren, K., & van Manen, M. (2018). Evaluation of a storybook resource for parents in the neonatal intensive care unit. *Journal of Perinatal Education*, 27(4), 220-232. doi: 10.1891/1058-1243.27.4.220
31. *Keys, E., & **Benzies**, K. M. (2018). A proposed nursing theory: Infant sleep and development. *Nursing Science Quarterly*, 31(3), 279-286. doi-org.ezproxy.lib.ucalgary.ca/10.1177/0894318418774947
32. *Dewell, S., Slater, D., **Benzies**, K., McDonald, S., & Tough, S. (2018). Relationship between psychosocial distress in pregnancy and two genes associated with human social interaction: A pilot study. *SAGE Open Nursing*, 4. doi: 10.1177/2377960818765272
33. *Keys, E., **Benzies**, K. M., Kirk, V., & Duffet-Leger, L. (2018). Using play to improve infant sleep: A mixed methods protocol to evaluate the effectiveness of the Play2Sleep intervention. *Frontiers in Psychiatry - Sleep and Chronobiology*, 9, 109. doi.org/10.3389/fpsy.2018.00109
34. Ginn, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2018). Stepping stones to resiliency following a community-based two-generation preschool program. *Health and Social Care in the Community*, 26(3), 364-373. doi: 10.1111/hsc.12522
35. Keys, E., **Benzies**, K. M., Kirk, V., & Duffett-Leger, L. (2018). Using play to improve infant sleep: A mixed methods protocol to evaluate the effectiveness of the Play2Sleep intervention. *Frontiers in Psychiatry - Sleep and Chronobiology*, 9, 109. doi.org/10.3389/fpsy.2018.00109
36. Kingston, D., Kehler, H., Austin, M.-P., *Mughal, M. K., *Wajid, A., Vermeyden, L., **Benzies**, K., Brown, S., Stuart, S., & Giallo, R. (2018). Trajectories of maternal depressive symptoms during pregnancy

- and the first 12 months postpartum and child externalizing and internalizing behavior at three years. *PLOS ONE*, 13(4), e0195365. doi.org/10.1371/journal.pone.0195365
37. Mughal, M. K., Giallo, R., Arnold, P., **Benzies**, K., Kehler, H., *Bright, K., & Kingston, D. (2018). Trajectories of maternal stress and anxiety from pregnancy to 3 years and child development at 3 years of age: Findings from the All Our Families (AOF) pregnancy cohort. *Journal of Affective Disorder*, 234, 318-326. doi.org/10.1016/j.jad.2018.02.095
 38. **Benzies**, K. M., Shah, V., Aziz, K., Isaranuwachai, W., Palacio-Derflinger, L., Scotland, J., Larocque, J., Mrklas, K., Suter, E., Naugler, C., Stelfox, H. T., Chari, R., Lodha, A., & the Alberta FiCare Level II NICU Study Team. (2017). Family Integrated Care (FiCare) in level II neonatal intensive care units: Protocol of a pragmatic, cluster randomized controlled trial of clinical effectiveness and cost of integrating families into the care of moderate and late preterm infants. *Trials*, 18, 467. doi: 10.1186/s13063-017-2181-3
 39. *Ginn, C., Mughal, M. K., *Syed, H., *Storteboom, A. R., & **Benzies**, K. (2017). Sustaining engagement in longitudinal research with vulnerable families: A mixed-methods study of attrition. *Journal of Family Nursing*, 23(4), 488-515. doi: 10.1177/1074840717738224
 40. *Bayrampour, H., McNeil, D., **Benzies**, K., Salmon, C., Gelb, K., & Tough, S. (2017). A qualitative inquiry on pregnant women's preferences for mental health screening. *BMC Pregnancy and Childbirth*, 17, 339. doi: 10.1186/s12884-017-1512-4
 41. *Mughal, M. K., *Ginn, C., Magill-Evans, J., & **Benzies**, K. M. (2017). Parenting stress and development of late preterm infants at 4 months corrected age. *Research in Nursing and Health*, 40(2). doi-org.ezproxy.lib.ucalgary.ca/10.1002/nur.21809
 42. Pazderka, H., Prinz, R. J., Heidebrecht, T., Wiebe, S., Wiebe, S., **Benzies**, K., Hosan, N., Hoglund, W., Rinaldi, C., Easton, D., Preston, T., Tough, S., & Embry, D. D. (2017). Testing the PAX Good Behavior Game with and without school-based parenting support: Study description and practical challenges. *International Journal of Mental Health Promotion*, 19(4), 173-188. doi.org/10.1080/14623730.2017.1347515
 43. *Brockway, M., **Benzies**, K., & Hayden, A. (2017). Interventions to improve breastfeeding self-efficacy and resultant breastfeeding rates: A systematic review and meta-analysis. *Journal of Human Lactation*, 33(3), 486-499. doi.org/10.1177/0890334417707957
 44. *Nowell, L., White, D.E., **Benzies**, K., & Rosenau, P. (2017) Exploring mentorship programs and components in nursing academia: A qualitative study. *Journal of Nursing Education and Practice*, 7(9), 42-53. doi.org/10.5430/jnep.v7n9p42
 45. *Nowell, L., White, D.E., **Benzies**, K., & Rosenau, P. (2017) Factors that impact implementation of mentorship programs in nursing academia: A sequential-explanatory mixed methods study. *Journal of Nursing Education and Practice*, 7(10), 1-11. doi.org/10.5430/jnep.v7n10p1
 46. *Parker, S., **Benzies**, K., Hayden, K. A., & Lang, E. S. (2017). Effectiveness of interventions for adult peripheral intravenous catheterization: A systematic review and meta-analysis of randomized controlled trials. *International Emergency Nursing Journal*, 31, 15-21. doi: 10.1016/j.ienj.2016.05.004
 47. Tough, S.C., McDonald, S. W., Collisson, B. A., Graham, S.A., Kehler, H., Kingston, D., & **Benzies**, K. (2017). Cohort Profile: The All Our Babies pregnancy cohort (AOB). *International Journal of Epidemiology*, 46(5), 1389-1390k. doi: 10.1093/ije/dyw363
 48. **Benzies**, K. M., Magill-Evans, J., *Ballantyne, M., & Kurilova, J. (2017). Longitudinal patterns of early development in Canadian late preterm infants: A prospective cohort study. *Journal of Child Health Care*, 21(1), 85-93. doi: 10.1177/1367493516689167
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53. *Mughal, M. K., *Ginn, C., & **Benzies, K.** (2016). Longitudinal Effects of a two-generation preschool program on receptive language skill in low-income Canadian children to age 10 years. August. *Child: Health, Care and Development, 186*(8), 1316-1326. doi: 10.1080/03004430.2015.1092141
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55. **Benzies, K.** (2016). Relational communications strategies to support family centered neonatal intensive care. *Journal of Perinatal and Neonatal Nursing, 30*(3), 233-236. doi: 10.1097/JPN.0000000000000195.
56. *Ballantyne, **Benzies, K.,** McDonald, S., Magill-Evans, J., & Tough, S. (2016). Risk of developmental delay: Comparison of late preterm and full term Canadian infants at age 12 months. *Early Human Development, 101,* 27-33. doi: 10.1016/j.earlhumdev.2016.04.004

Presentations, Invited

1. McAuley, E., **Benzies, K.,** Gignac, B. & Winter, J. Yedlin, D. (Chancellor, University of Calgary, moderator). (2021, March 16). *Community Webinar – Social Innovation.* University of Calgary, Calgary, AB. 240 registrants, 124 tuned in from Canada and USA.
2. **Benzies, K. M.** (2020, November 20). *Sustaining the long-term impact of Alberta Family Integrated Care (FICare) in neonatal intensive care units.* Sustaining Long-Term Impact in Patient Oriented Research (POR): How to make your research matter in the long term. AbSPORUnit, Virtual Conference.
3. **Benzies, K. M.,** & Wilson, J. (2020, September 25). *Introduction of Alberta FICare (1.5 hour presentation for 4-hour virtual workshop).* Hong Kong University – Shenzhen Hospital, Shenzhen, China.
4. **Benzies, K. M.,** Shah, V.. (2020, September 9). *Effects of Alberta Family Integrated Care (FICare) on outcomes for moderate and late preterm infants and their mothers: A provincial, pragmatic cluster randomized controlled trial [webinar].* Children's Healthcare Canada, Ottawa, ON.
5. Mackay, L., Barnard, C., & **Benzies, K. M.** (2020, September 9). *Journeying alongside one another: A grounded theory of parents and health care professionals caring for hospitalized medically fragile infants.* Pediatric Grand Rounds, Alberta Children's Hospital, Calgary, AB.
6. Pexman, P., Bharwani, A., **Benzies, K. M.** (2020, February 3). *Advancing social prosperity panel.* Rozsa Centre, University of Calgary, Calgary, AB.
7. *Brockway, M., **Benzies, K. M.,** Carr, E. & Aziz, K. (2020, February 8 - 9). *Exploring breastfeeding self-efficacy theory in mothers of moderate and late preterm infants.* National FICare Conference, Calgary, AB.
8. **Benzies, K. M.** for the Alberta FICare Team. (2020, February 8-9). *Effectiveness of Alberta FICare™ in Level II NICUs on infant and maternal outcomes.* National FICare Conference, Calgary, AB.

9. *Wilson, J. for the Alberta FICare Team. (2020, February 8 - 9). *Differences in indirect cost between families receiving Alberta FICare[®] and standard care in Level II NICUs*. National FICare Conference, Calgary, AB.
10. Zaroni, P, *Scime, N., McNeil, D., & **Benzies**, K. (2020, February 8 - 9). *Evaluating implementation of Alberta FICare[®] in Level II NICUs using the Consolidated Framework for Implementation Research*. National FICare Conference, Calgary, AB.
11. *Shafey, A., Shah, V., **Benzies**, K., Amin, R., & Stelfox, H. T. (2020, February 9 - 10). *The experiences of fathers in a Family Integrated Care (FICare) program*. National Family Integrated Care Conference, Calgary, AB.
12. **Benzies**, K. M. (2020, January 28). *Social innovation in maternal mental health: The Welcome to Parenthood Project*. 4th Annual Graduate Student Research Symposium: Peer Beyond 2020. Calgary, AB.
13. **Benzies**, K. M. for the Alberta FICare Team. (2020, January 23). *Effects of Alberta Family Integrated Care (FICare) on outcomes for moderate and late preterm infants and their mothers: A provincial, pragmatic cluster randomized controlled trial*. Child Health Research Rounds, Calgary, AB.
14. **Benzies**, K. M. for the Alberta FICare Team. (2019, September 23). *Effect of Alberta Family Integrated Care in Level II neonatal intensive care units on maternal and preterm infant mental health at 2 months corrected age*. Alberta Association for Infant Mental Health, Seminar and Annual General Meeting, Calgary, AB.
15. **Benzies**, K. M. (2019, May 29). *Reducing the risk of postnatal depression and improving infant development: From social innovation to commercialization of Welcome to Parenthood[®]*. Discovery and Care Innovation for Children, Child Health Research Symposium, Calgary, AB.
16. **Benzies**, K.M. for the Alberta FICare Team. (2018, November 1 - 2). *Family Integrated Care (FICare) in Alberta Level II NICUs: Enhancing practice; improving outcomes*. [Oral presentation]. Research and Practice: Inspiring Innovation in Maternal Care Together, Maternal & Newborn Conference, Calgary, AB.
17. **Benzies**, K. M. for the Alberta FICare Team. (2018, September 9). *Maximizing Family Integrated Care (FICare) to improve outcomes in Alberta Level II NICUs*. Family Integrated Care Conference, Sydney, AUS.
18. **Benzies**, K. M. for the Alberta FICare Team. (2018, September 7). *A cluster randomized controlled trial (cRCT) of Family Integrated Care (FICare) in Level II NICUs: The Alberta saga*. NeoPaed Conference, Sydney, AUS.
19. **Benzies**, K. M. (2018, May 5). Six degrees of connection in nursing. University of Calgary, Faculty of Nursing, Alumni Luncheon, Calgary, AB.
20. **Benzies**, K. M. and the FICare Team. (2018, April 20). *Family Integrated Care (FICare) in NICUs: Two levels; two models*. Neonatal Care: It Takes a Village, Canadian Association of Neonatal Nurses Conference, Calgary, AB.
21. **Benzies**, K. M., & Loewen, M. (2017, November 23). *Welcome to Parenthood Alberta: Combining neuroscience and mentorship to improve maternal mental health*. Food for Thought: The Faculty of Nursing Breakfast Series, Calgary, AB.
22. **Benzies**, K. (2017, November 18). *Early brain development: Its effects on life-long learning and health*. Apple Talks, Your Brain Our Guide. St. Anthony Centre, Edmonton, AB.
23. *Brockway, M., **Benzies**, K., & Hayden, K. A. (2017, October). *Interventions to improve breastfeeding self-efficacy and resultant breastfeeding rates: A systematic review and meta-analysis*. International Lactation Consultants Association. Webinar.
24. **Benzies**, K. (2017, March 14). *Unravelling the journey to Family Integrated Care in Alberta*. NICU Continuing Medical Education (CME) Day at Grand Opening of Peter Lougheed Centre NICU, Calgary, AB.

25. **Benzies, K.** (2016, March 7). *Alberta's Early Childhood Development Policy Landscape: Situating your Research Program*. Developmental Neurosciences Grand Rounds, Alberta Children's Hospital, Calgary, AB.

Presentations, Refereed

1. Dewell, S., **Benzies, K.**, Ginn, C., & Seneviratne, C. (2021, May 3 – 6). *Genomic knowledge for nurses: A mixed-methods study of literacy and perceptions*. *Nursing Knowledge Within the Curriculum*. Canadian Association of Schools of Nursing, Virtual Conference.
2. Weisbeck, S., **Benzies, K.**, McNeil, D., Ginn, C., & Chaput, K. (2021, March 11). *Women's perceptions, beliefs, and decision-making process of consuming cannabis during pregnancy and lactation. What health professionals need to know (requested oral presentation)*. Nursing Research Office/Graduate Student Conference, virtual, Faculty of Nursing, University of Calgary, Calgary, AB.
3. Weisbeck, S., **Benzies, K.**, McNeil, D., Ginn, C., & Chaput, K. (2021, February 8-12). *Women's perceptions, beliefs, and decision-making process of consuming cannabis during pregnancy and lactation. What health professionals need to know*. Canadian National Perinatal Research Meeting, virtual.
4. Wilson, J., Punian, P., Brockway, M., Keys, E., Bright, K., Ginn, C., Tomfohr-Madsen, L., & **Benzies, K.** (2020, October 13 - 20). *Top 11 research priorities for families in Alberta: A summary of the Family Research Agenda Initiative Setting (FRAISE) Project*. AB SPOR Support Unit, Virtual Institute 2020
5. **Benzies, K.M.**, Aziz, K., Shah, V., Faris, P., Scotland, J., Larocque, J., Stelfox, H. T., Chari, R., Soraisham, A., & Lodha, A. (2020, November 20). *Effectiveness of Alberta Family Integrated Care on infant length of stay in level II neonatal intensive care units: A cluster randomized controlled trial*. Building Bridges - When Everyone Matters, Children's Healthcare Canada 2020 Annual Conference, virtual conference.
6. Ringham, C., McNeil, D. & **Benzies, K.**, (2020, June 1-2). *Innovative models of care in the NICU: Mapping the scale and spread of Alberta Family Integrated Care (Alberta FICare™)*. Neonatal Nursing: What's on the Horizon. Canadian Association of Neonatal Nurses National Conference. Halifax, NS.
7. Keys, E., Kirk, V., Duffett- Leger, L., & **Benzies, K.** (2020, June 21 – 25). *Parental experiences and perceptions of infant sleep difficulties: Considerations for parenting interventions*. International Society of the Study of Behavioural Development 2020, Island of Rhodes, Greece.
8. Ringham, C., **Benzies, K.**, & McNeil, D. (2020, May 26 – 29). *Mapping institutional processes to facilitate scale and spread of Alberta Family Integrated Care (Alberta FICare)*. Advancing Health Equity: Identifying Barriers and Solutions, Canadian Association for Health Services and Policy Research (CAJSPR Annual Conference 2020, Saskatoon, SK.
9. Shafey, A., **Benzies, K.**; Amin, R., Stelfox, H.T., & Shah, V. (2020, April 29 – May 6). *The Experiences of Fathers in a Family Integrated Care (FICare) Program*. Pediatric Academic Society, Philadelphia, PA.
10. Dewell, S., **Benzies, K.**, & Ginn, C. (2020, April 20 - 29). *Reinvigorating nursing and genomics in Canada*. Inaugural Conference Nursing, Genomics, and Healthcare, Wellcome Genome Campus, Hinxton, Cambridgeshire, UK.
11. Gosia, M., & **Benzies, K.** (2019, December 12- 13). *Grandmothers are great, and sisters and even better: Vital importance of informal social support for the mental health of first-time mothers* [Poster presentation]. Alberta Children's Hospital Research Institute Retreat, Banff, Alberta.
12. Brockway, M., **Benzies, K. M.**, Care, E., & Aziz, K. (2020, February 12 – 15). *The application of breastfeeding self-efficacy theory applied to mothers of moderate and late preterm infants: A*

- qualitative exploration*. Presentation at the 7th Canadian National Perinatal Research Meeting, Banff, AB.
13. **Benzies**, K.M., Aziz, K., Shah, B., Lodha, A. & the Alberta FiCare Study Team. (2020, February 12 – 15). *Effectiveness of Alberta Family Integrated Care (FiCare)™ in Level II Neonatal Intensive Care Units on infant and maternal outcomes: a provincial, pragmatic, cluster randomized controlled trial*. National Family Integrated Care Conference, Calgary, AB.
 14. Keys, E.* , **Benzies**, K., Kirk, V., & Duffett-Leger, L. (2019, September 25). *Effectiveness of Play2Sleep with mothers and fathers of infants aged 5 months: A mixed methods study examining the effect of an intervention designed to improve parent-child interaction on infant sleep (A-1055-0001-00855)* [Conference proceedings and oral presentation]. World Sleep Congress 2019 in Vancouver, BC.
 15. Dewell, S., **Benzies**, K., Ginn, C., Seneviratne, C., & Goldsworthy, S. (2019, November 8-10). *Genomic knowledge for nurses: A mixed methods study of literacy and perceptions* [Poster presentation]. 2019 ISONG Congress: Transforming Health through Genomic Nursing, San Antonio, TX.
 16. Dewell, S., Ginn, C., & **Benzies**, K. (2019, November 8-10). *Creation of an online educational hub for genomic nursing education, practice, and research* [Poster presentation]. 2019 ISONG Congress: Transforming Health through Genomic Nursing, San Antonio, TX.
 17. Ringham, C., Zaroni, P., McNeil, D., & **Benzies**, K. (2019, November 8-10). *Family Integrated Care (FiCare) in Level II NICUs: A critical discourse analysis of parent journals*. [Oral presentation]. 9th CAPWHN National Conference in Vancouver, BC.
 18. Wilson, J., **Benzies**, K. M. & the Alberta FiCare Team. (2019, November 8-10). *Differences in Indirect Cost Between Families Receiving Family Integrated Care (FiCare) and Standard Care in Level II NICUs*. [Oral presentation] 9th CAPWHN National Conference in Vancouver, BC.
 19. Ginn, C., Brockway, M., Keys, E., Bright, K., Tomfohr-Madsen, L., & **Benzies**, K. (2019, October 8). *Welcome to the FRAISE Project!* Oral presentation at the Vanier Families in Canada Conference, University of Calgary Satellite Event, Markin MacPhail Centre, Winsport, Calgary, AB. <https://familiesincanada.ca/calgary/>
 20. Ali, E., Norris, J. M., **Benzies**, K. Giesbrecht, G., & Letourneau, N. (2019, July 18 - 20). *Parent-Child Attachment: Principle-Based Concept Analysis*. International Attachment Conference, Science and Practice Over the Lifespan, Vancouver, BC.
 21. Perry, R., Dolinar, R.-M., Ginn, C., **Benzies**, K., & Donnelly, C. (2019, May 9). *Assessing Paths to Self-Sufficiency: CUPS Calgary Resiliency Matrix*. *Adverse Childhood Experiences Summit*, Vancouver, BC.
 22. Dewell, S., Ginn, C., **Benzies**, K., Goldsworthy, S., & Seneviratne, C. (2019, February 20) *Genetic and genomic knowledge for nurses: Exploring literacy and perceptions among undergraduate nursing students and faculty*. Oral presentation at the Western North-western Region Canadian Association of Schools of Nursing Annual Conference, Edmonton, AB
 23. Dewell, S., Ginn, C., **Benzies**, K., & Seneviratne, C. (2019, April 30 – May 1) *Proposing innovative curriculum change: Insights from student focus groups*. Electronic poster presentation at the Conference on Postsecondary Learning and Teaching: Exploring Experiential Learning, University of Calgary, Calgary, AB
 24. Brockway, M. L., **Benzies**, K. M., Kurilova, J., & Zaroni, P. (2019, July 24 - 27). *Breastfeeding self-efficacy and breastmilk feeding outcomes for moderate and late preterm infants enrolled in the Family Integrated Care (FiCare) cluster randomized controlled trial*. International Lactation Consultant Associate Annual Meeting, Atlanta, GA.
 25. Ringham, C., Zaroni, P., McNeil, D., & **Benzies**, K. (2019, May 5-8). *Family Integrated Care (FiCare) in Level II NICUs: A critical discourse analysis of parent journals*. [Poster presentation]. Enriched Family-Enhanced Care, 2019 Council of International Neonatal Nurses Conference, Auckland, NZ.
 26. Hunter, A., Dayment, S., Yuen, C., & **Benzies**, K. (2018, April). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the*

- management of partial CVAD occlusions*. Oral session presented at the Excellence in Pediatric Innovative Care Conference, Calgary, AB
27. Hunter, A., Dayment, S., Yuen, C., Jensen, K., Afzal, A.R., & **Benzies, K.** (2018, May). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Oral and poster session presented at the Research Challenge Cohort, Red Deer, AB.
 28. Hunter, A., Dayment, S., Yuen, C., Jensen, K., Afzal, A.R., & **Benzies, K.** (2018, September). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Poster session presented at the Association of Vascular Access Annual Scientific Meeting, Columbus, OH.
 29. Hunter, A., Dayment, S., Yuen, C., Jensen, K., Afzal, A.R., & **Benzies, K.** (2018, October). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Poster session presented at the Canadian Association of Paediatric Health Centres Annual Conference, Edmonton, Alberta.
 30. Hunter, A., Dayment, S., Yuen, C., & **Benzies, K.** (2018, November). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Oral session presented at the Oncology Research Day, Calgary, AB.
 31. *Lewis, R. A., **Benzies, K.**, & Tonelli, M. (2018, October 25). *A case study of the barriers to the practice of Person-Centred Care within the context of hemodialysis services*. Poster Abstract 701. Kidney Week, American Society of Nephrology, San Diego, CA.
 32. *Dien, R., *Ringham, C., *Brockway, M., & **Benzies, K.** (2018, August 22). *Breastfeeding rates in preterm infants admitted to a Level II neonatal intensive care unit (NICU): A descriptive study*. Alberta Children's Hospital Research Institute, Summer Student Research Day, Calgary, AB.
 33. *Tram, S., **Benzies, K.**, Ginn, C., & Perry, R. (2018, August 22). *How a demographic review will contribute to the development of a consent form in a non-profit community-based organization*. Alberta Children's Hospital Research Institute, Summer Student Research Day, Calgary, AB.
 34. *Ling, S., Zanoni, P., Kurilova, J., Smith, J., & **Benzies, K.** (2018, August 22). *Childhood adversities and depressive symptoms among mothers in the Welcome to Parenthood (W2P) program: A comparison of samples from the general and vulnerable populations*. Alberta Children's Hospital Research Institute, Summer Student Research Day, Calgary, AB.
 35. *Bharadia, S., **Benzies, K.**, Kurilova, J., Lesack, A., Zanoni, P., Lodha, A., & the FICare Alberta Research Team. (2018, August 13). *You're trained for a job – Why not parenthood? Parent education and support for families participating in Family Integrated Care (FICare)*. HYRS Student Summer Research Program, Research Day, Calgary, AB.
 36. Aziz, K., **Benzies, K.**, Suter, E., Mrklas, K., Shah, V., Lodha, A., & Misfeldt, R. (2018, May 5 - 8). *The health care system is making "too much noise" to provide family-centred care (FCC): Health care providers' perspectives*. Poster # 57 presented at the Pediatric Academic Societies (PAS), Toronto, ON.
 37. **Benzies, K.**, (2018, June 7 -9). *Baby boxes may not prevent sleep-related infant death: A collective case study of socially vulnerable families*. Paper presented at the International Conference on Stillbirth, SIDS and Baby Survival 2018, Glasgow, UK.
 38. *Ali, E., Letourneau, N., **Benzies, K.**, & Giesbrecht, G. (2018, April 27). *Prenatal anxiety and children's behavioral problems: The moderating roles of maternal-child attachment and child's sex*. Poster session presented at the University of Calgary. Women's Mental Health Day Conference, Calgary, AB.
 39. *Keys, E. M., *Best, I. C., & **Benzies, K.M.** (2018, May 14 – 16). *Parent-reported services, resources, and strategies to manage infant sleep difficulties at 5-months of age*. Poster session presented at

- the Alberta Strategy for Patient Oriented Research (SPOR) Support Unit Summer Institute, Calgary, AB.
40. **Benzies, K.**, Loewen, M., & the Welcome to Parenthood Study Team. (2018, February 14 – 17). *Welcome to Parenthood™: Combining neuroscience and mentorship to improve maternal perinatal psychosocial health*. Poster session presented at the Canadian National Perinatal Research Meeting, Banff, AB
 41. **Benzies, K.**, Suter, E., Mrklas, K., Shah, V., Aziz, K., Misfeldt, R., & *Brockway, M. (2018, February 14 – 17). *The health care system is making “too much noise” to provide family centred care: Health care provider perspectives*. Poster session presented at the Canadian National Perinatal Research Meeting, Banff, AB
 42. *Ali, E., Letourneau, N., **Benzies, K.**, & Giesbrecht, G. (2018, February 13). *Prenatal anxiety and children's behavioral problems: The moderating roles of maternal-child attachment and child's sex*. Poster session presented at the Developmental Origins of Health and Disease (DOHaD) Scientific Meeting, Canadian DOHaD Society, Banff, AB.
 43. *Best, I., *Keys, E., & **Benzies, K.** (2017, November 30). *Services, strategies, and resources parents use to manage infant sleep difficulties*. Poster presentation at the Students Union Undergraduate Research Symposium, University of Calgary, Calgary, AB.
 44. *Best, I., *Keys, E., & **Benzies, K.** (2017, October 26). *Services, strategies, and resources parents use to manage infant sleep difficulties*. Poster presentation at the Bachelor of Health Sciences Program Annual Research Symposium, Cumming School of Medicine, University of Calgary, Calgary, AB.
 45. *Dewell, S. L., **Benzies, K. M.**, & Slater, D M. (2017, November 3 - 5). *Relationship between Psychosocial Distress in Pregnancy and a Hypothalamic-Pituitary-Adrenal (HPA) Axis Polymorphism*. Paper [# 0069] presented at the Precision Nursing through Research, Education and Practice, International Society of Nurses in Genetics ISONG, Reston, VA. Dewell was Canadian representative on panel discussion.
 46. *Ali, E., Giesbrecht, G., Letourneau, L., & **Benzies, K.** (2017, October 15 – 17). *Prenatal Anxiety and Children's Behavioral Problems: The Moderating Roles of Maternal-Child Attachment and Child's Sex*. Poster session presented at the International Society of Developmental Origins of Health and Disease, Rotterdam, The Netherlands.
 47. *Mughal, M. K., Giallo, R., **Benzies, K.**, *Bright, K., *Harvalik, P., Kehler, H., McDonald S., & Kingston, D. (2017, October 15-18). *Trajectories of Maternal Anxiety and Child Development at three years*. Poster session presented at the 10th World Congress on Developmental Origins of Health and Disease (DOHaD- 2017), Rotterdam, The Netherlands
 48. *Nowell, L., White, D., **Benzies, K.**, & Rosenau, P. (2017, October 11 - 14). *The emerging landscape of mentorship to support teaching, learning, and research in nursing academia*. Poster session presented at Reaching New Heights ISSOTL17, International Society for the Scholarship of Teaching and Learning, Calgary, AB.
 49. *Jensen, K., *Wilson, J., & **Benzies, K.** (2016, August). *Family integrated care (FICare): A qualitative analysis of mothers' experiences in a level II NICU*. Poster session presented at the Alberta Children's Hospital Research Institute, Summer Student Research Day, Calgary, AB.
 50. *Jensen, K., *Wilson, J., & **Benzies, K.** (2016, November). *Family integrated care (FICare): A qualitative analysis of mothers' experiences in a level II NICU*. Paper presented at the Margaret Scott Wright Research and Innovation Day, Edmonton, AB.
 51. Barnard, C., Bailey, J. A., Nettel-Aguirre, A., & **Benzies, K. M.** (2017, July 20 - 23). *Prioritizing the “Family Voice” to enhance family centered bedside rounds*. Poster session [#1 A240] presented at the Pediatric Hospital Medicine Conference, Nashville, TN.
 52. **Ginn, C.**, **Benzies, K.**, Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2017, July 21). *Longitudinal research with Canadian families living with low income [Recruiting and Surveying Special*

- Populations]. 7th Conference of the European Survey Research Association, Universidade de Lisboa, Lisbon, Portugal.
53. Ginn, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2017, July 19). *Sampling procedures in a longitudinal study following a two-generation preschool program* [Mixed Methods Sampling Procedures: Techniques, Methodological Problems, and Meta-Inferences]. 7th Conference of the European Survey Research Association, Universidade de Lisboa, Lisbon, Portugal.
 54. *Brockway, M., Ginn, C., Keys, E., Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, June 26-28) *The FRAISE (Family Research Agenda Initiative SETting) Project Protocol*. Poster session presented at the Patient Oriented Research, KT Canada Summer Institute, Toronto, ON. http://ktcanada.org/wp-content/uploads/2016/12/KT-Canada_KT-Summer-Institute_2017_v3-768x994.jpg
 55. *Brockway, M., Ginn, C., *Keys, E., *Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, June 26). *The FRAISE (Family Research Agenda Initiative SETting) Project Protocol*. Poster session presented at the Alberta Strategy for Patient Oriented Research (SPOR) Summer Institute, Lister Hall, Edmonton, AB. <https://custom.cvent.com/1E9916C3B4704AE582E66927FC173073/files/79d86c16177c417098b63cb15cbc8c75.pdf>
 56. Letourneau, N., Hart*, M., Anis*, L., Ewashen, C., **Benzies**, K., & Donnelly, C. (2017, June 28 - July 1). *Attachment and Child Health (ATTACH): A parental reflective function intervention pilot study*. Poster session presented at the Putting Attachment Theory to Work, International Attachment Conference, Institute of Education, London, UK.
 57. *Jensen, K., *Wilson, J., & **Benzies**, K. (2017, June 1). *Family integrated care (FICare): A qualitative analysis of mothers' experiences in a level II NICU*. Poster session presented at the Owerko Conference, Finding Mental Health in Neurodevelopmental Disorders, Calgary, AB.
 58. *Brockway, M., Ginn, C., *Keys, E., *Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, May 12). *The FRAISE (Family Research Agenda Initiative SETting) project protocol*. Poster presented at the Women's Mental Health Day Conference, Calgary, AB. <http://spotidoc.com/doc/1080760/women-s-mental-health-day---university-of-calgary>
 59. *Brockway, M., Ginn, C., Keys, E., Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, April 28 - 30). *The FRAISE (Family Research Agenda Initiative SETting) Project Protocol*. Poster session presented at the Canadian Child Health Clinician Scientist Program 15th Annual National Symposium, Calgary, AB. <http://cchcsp.ca/index.php/events/save-the-date-cchcsp-15th-annual-national-symposium-2017/>
 60. *Keys, E. Tomfohr-Madsen, L., **Benzies**, K., & Tough, S. (2017, June 3 - 7). *Maternal history of child abuse is associated with infant sleep consolidation during the first year of life*. Poster session [Abstract 0999] presented at the 31st Annual Meeting of the Associated Sleep Professional Sleep Societies SLEEP, Boston, MA.
 61. *Keys, E., Tomfohr-Madsen, L. M., **Benzies**, K. M., & Tough, S. (2017, April 19). *Maternal history of child abuse is associated with infant sleep consolidation during the first year of life*. Sixty second rapid oral abstract and poster session presented at the Alberta Children's Hospital Research Institute Research Symposium, Calgary, Alberta, CA. <http://research4kids.ucalgary.ca/achri-symposium>
 62. *Brockway, M., Ginn, C., *Keys, E., *Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, April 19) *The FRAISE (Family Research Agenda Initiative SETting) Project Protocol*. Poster session presented at the Alberta Children's Hospital Research Institute Annual Symposium, Calgary, AB. <http://research4kids.ucalgary.ca/achri-symposium>

63. *Keys, E. Tomfohr-Madsen, L., **Benzies, K.**, & Tough, S. (2017, April 27 - 30). *Maternal history of child abuse is associated with infant sleep consolidation during the first year of life*. Poster presented at the Canadian Child Health Clinician Scientist Program 15th Annual National Symposium, Calgary, Alberta. <http://cchcsp.ca/index.php/events/save-the-date-cchcsp-15th-annual-national-symposium-2017/>
64. *Mughal, M. K., Giallo, R., *Bright, K., *Harvalik, P., **Benzies, K.**, McDonald S., & Kingston, D. (2017, April 27 - 30). *Trajectories of maternal anxiety and child development at three years*. Poster presented at the Canadian Child Health Clinician Scientist Program (CCHCSP) 15th Annual National Symposium, Calgary, Alberta, AB. <http://cchcsp.ca/index.php/events/save-the-date-cchcsp-15th-annual-national-symposium-2017/>
65. *Wilson, J., **Benzies, K.**, Isaranuwachai, W., Shah, V., Lodha, A., Aziz, K., & the FiCare team. (2017, April 8). *Differences in indirect cost between families receiving Family Integrated Care (FiCare) and standard care in Level II NICUs*. Poster session presented at the 2016/2017 Markin USRP Student Research Mini-Symposium, Calgary, AB.
66. *Mughal, M. K., Giallo, R., **Benzies, K.**, & Kingston, D. (2017, February 14 - 17). *Trajectories of maternal anxiety and child development at age three years*. Poster session [P183] presented at the 4th Annual Canadian National Perinatal Research Meeting, Montebello, PQ. http://www.cnprm.org/wp-content/uploads/2017/04/CNPRM_Program_2017.pdf
67. *Jensen, K., *Wilson, J., & **Benzies, K.** (2016, November 4 - 6). *Family Integrated Care (FiCare): A qualitative analysis of mothers' experiences in a Level II NICU*. Paper presented at the 30th Margaret Scott Wright Research and Innovation Day and Canadian Nursing Student Association Western/Prairies Regional Conference, Edmonton, AB.
68. *Wilson, J., *Jensen, K., Loewen, M., & **Benzies, K.** (2016, November 4-6). *Welcome to Parenthood – Alberta: Preliminary insight into mentorship of first time mothers during transition from pregnancy to early parenthood*. Paper presented at the 30th Margaret Scott Wright Research and Innovation Day and Canadian Nursing Student Association Western/Prairies Regional Conference, Edmonton, AB.
69. **Benzies, K. M.** (2016, November 2). *Welcome to Parenthood – Alberta: Embedding a hybrid mentorship model*. Paper presented at the National Mentoring Symposium, Banff, AB.
70. *Keys, E., & **Benzies, K.** (2016, Oct 21 - 23). *Applications of knowledge translation in maternal child health nursing*. Paper [A02-2] presented at the 2016 Canadian Association of Perinatal and Women's Health Nurses 6th National Conference, Calgary, AB. http://www.capwhn.ca/en/capwhn/Program_p4735.html
71. *Keys, E., & **Benzies, K.** (2016, June 2 - 5). *Play2Sleep: A sequential explanatory mixed methods protocol of using play to improve infant sleep*. Poster session presented at the 2016 Canadian Child Health Clinician Scientist Program Annual Symposium, Niagara Falls, ON.
72. *Dewell, S., *Mughal, M. K., Slater, D., Tough, S., & **Benzies, K.** (2016, October 21 -23). *Relationship between Psychosocial Distress in Pregnancy and a Hypothalamic-Pituitary-Adrenal (HPA) Axis Polymorphism*. Poster session presented at the Reaching the Highest Peaks, Canadian Association of Perinatal and Women's Health Nurses National Conference, Calgary, AB. http://www.capwhn.ca/en/capwhn/Program_p4735.html
73. **Benzies, K.** (2016, October 21 - 23). *Inspiring perinatal and women's health nurses to promote early brain development*. Paper [B04-2] presented at the Reaching the Highest Peaks, Canadian Association of Perinatal and Women's Health Nurses National Conference, Calgary, AB. http://www.capwhn.ca/en/capwhn/Program_p4735.html
74. **Benzies, K.** (2016, October 21 - 23). *Dealing the cards and taking your chances: How playing the Brain Architecture Game can inform perinatal and women's health nursing practice*. Workshop presented at the Reaching the Highest Peaks, Canadian Association of Perinatal and Women's

- Health Nurses National Conference, Calgary, AB.
http://www.capwhn.ca/en/capwhn/Program_p4735.html
75. *Headley, L., & **Benzies**, K. (2016, November 4 - 6). Nurses' experiences caring for the abandoned infant in hospital. Poster session presented at the 30th Margaret Scott Wright Research and Innovation Day and Canadian Nursing Student Association Western/Prairies Regional Conference, Edmonton, AB.
 76. *Jensen, K., *Wilson, J., & **Benzies**, K. (2016, August 18). *Family integrated care (FICare): A qualitative analysis of mothers' experiences in a level II NICU*. Poster session presented at the Alberta Children's Hospital Research Institute, Summer Student Research Day, Calgary, AB.
 77. *Syed, H., *Mughal, M. K., *Ginn, C., Donnelly, C., & **Benzies**, K. (2016, August 18). *Maternal stress and child development in a vulnerable population*. Paper presented at the Alberta Children's Hospital Research Institute, Summer Student Research Day, Calgary, AB.
 78. *Keys, E., & **Benzies**, K. (2016 June 2 - 5). *Play2Sleep: A mixed methods study protocol of using play to improve infant sleep*. Poster session presented at the 14th Annual Canadian Child Health Clinician Scientist Program National Symposium, Riding the Rapids, Making Waves, Niagara Fall, ON.
 79. *Ginn, C., *Mughal, M., & **Benzies**, K. (2016, September 18 – 22). *Effects of a two-generation preschool program after age 10: Receptive language in children and resolve in mothers*. Paper presented at the Fighting Stigma: Promoting Resiliency and Positive Mental Health: The 22nd International Association for Child and Adolescent Psychiatry and Allied Professions World Congress (IACAPAP 2016)/ The 36th Annual Conference for the Canadian Academy of Child and Adolescent Psychiatry, Calgary, AB.
 80. *Mughal, M. K., *Ginn, C., Perry, R., & **Benzies**, K. (2016 September 18 – 22). *Caregiver stress, child-rearing attitudes, self-esteem, and child development*. Paper presented at the Fighting Stigma: Promoting Resiliency and Positive Mental Health: The 22nd International Association for Child and Adolescent Psychiatry and Allied Professions World Congress/The 36th Annual Conference for the Canadian Academy of Child and Adolescent Psychiatry, Calgary, AB.
 81. *Ginn, C., *Mughal, M. K., Perry, R., & **Benzies**, K. (2016, August 28 - 31). *Mitigating the risk of child abuse with a two-generation program: Enhancing parenting and promoting early child development*. Paper presented at the Protecting our Children, Protecting our Future, The 21st International Society for the Prevention of Child Abuse and Neglect, Calgary, AB.
 82. Letourneau, N., *Hart, M., *Anis, L., Ewashen, C., **Benzies**, K., & Donnelly, C. (2016, August 28-31). *Action Team on Triadic Attachment and Child Health (ATTACH): Results of a parental reflective function intervention*. Paper presented at the Protecting our Children, Protecting our Future, The 21st IPSPCAN Congress on Child Abuse and Neglect. Calgary, AB.
 83. *Schmidt, M., **Benzies**, K., *Mughal, M. K., & Ginn, C. (2015, August 20). *Role-reversal in parent-child relationships*. Poster session presented at the Alberta Innovates Health Solutions, Heritage Youth Researcher Summer Program Research Symposium, Calgary, AB.
 84. *Syed, H., *Mughal, M. K., *Ginn, C., Donnelly, C., & **Benzies**, K. (2016, August 16). *Maternal stress and child development in a vulnerable population*. Poster session presented at the Alberta Children's Hospital Research Institute Research Symposium, Calgary, AB.
 85. Barnard, C., **Benzies**, K., & Wutherick, S. (2016, July 25 - 27). *Moving Toward Truly Family Centered Bedside Rounds: Changes in parental perceptions of patient and family centered care during bedside rounds following a healthcare provider workshop*. Poster session [Abstract #0644-000283] presented at the 7th International Conference on Patient- and Family-Centered Care, New York, NY.
 86. *Keys, E., & **Benzies**, K. (2016, May 2 - 3). *Play2Sleep: A mixed methods study protocol of using play to improve infant sleep*. Poster session presented at the Alberta Strategy for Patient Oriented Research (SPOR) Summer Institute, Calgary, AB.

87. *Brockway, M., **Benzies**, K., Carr, E., & Aziz, K. (2016, April 18). *Exploring breastfeeding self-efficacy and assessing moderate-to-late preterm infant feeding outcomes for FICare Alberta: A sequential explanatory mixed methods design*. Poster session presented at the Alberta Children's Hospital Research Institute, Research Symposium, Calgary, AB.
88. *Parker, S. I. A., **Benzies**, K. M., & Hayden, A. (2016, April 7). *A systematic review: Effectiveness of pediatric peripheral intravenous catheterization interventions*. Poster session presented at the Emergency Medicine Research Day, Calgary, AB.
89. *Mughal, K, *Ginn, C., & **Benzies**, K. (2016, April 27). *Parental stress in late preterm infants and its effect on infant development*. Poster session presented at *the Alberta Children's Hospital Research Institute (ACHRI) Research Symposium*, Calgary, AB.
90. *Parker, S., **Benzies**, K., Hayden, A., & Lang, E. (2016, April 24 - 26). *Nailing the first poke: A systematic review and meta-analysis of randomized controlled trials of peripheral intravenous catheterization interventions*. Paper presented at the National Emergency Nurses Association conference, Montreal, PQ.
91. *Ginn, C., *Mughal, M. K., *Sayed, H., *Storteboom, A. R., & **Benzies**, K. (2016, February 10 - 13). *Sustaining engagement in longitudinal research with a vulnerable population: A mixed methods study of attrition*. Paper [O18] presented at the Canadian National Perinatal Research Meeting, Banff, AB.
92. *Mughal, M. K., *Ginn, C., & **Benzies**, K. (2016, February 10 - 13). *Parental stress in late preterm infants and its association with child development*. Poster session [T27] presented at the Canadian National Perinatal Research Meeting, Banff, AB. CIHR Institute of Human Development, Child and Youth Health Best Poster Award
93. *Scringer-Wilkes, M., & **Benzies**, K. (2016, February 10 - 13). *Exclusive breastfeeding at 3 months postpartum and maternal use of community breastfeeding supports*. Poster session [T49] presented at the Canadian National Perinatal Research Meeting, Banff, AB.
94. *Brockway, M., Horn, S., Barker, L. A., & **Benzies**, K. (2016, February 10 - 13). *What is the effect of an evidence-based information kit given at birth on uptake of parenting education resources to age 3 months?* Poster session presented at the Canadian National Perinatal Research Meeting, Banff, AB.