

### Education

2020	PhD, Interdisciplinary Studies	University of British Columbia
2007	MSc, Genetic Counselling	University of British Columbia
2005	BSc, Biology	Queen's University
2004	BA(Hons), Psychology	Queen's University

### Licensure and Certification

2009-current	Certified Genetic Counselor	American Board of Genetic Counseling
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### Academic Appointments

2021	Postdoctoral fellow	University of Calgary
2020-2021	Postdoctoral fellow	BC Children's Hospital/University of British Columbia
2013-2020	Clinical Assistant Professor	University of British Columbia

### Awards and Distinctions

Year	Award	Awarding Organization
2021 - 2022	University of Calgary Eyes High Postdoctoral Fellowship (\$50,000)	University of Calgary
2020	Best Clinical Research Talk [2020 UBC Department of Psychiatry Research Day]	UBC Department of Psychiatry
2020	Women's Brain Health Young Investigator Award	UBC Women's Health Research Cluster
2020 - 2021	BC Children's Hospital Department of Psychiatry Fellowship (\$80,000)	BC Children's Hospital
2019	BC Children's Hospital Research Institute Outstanding Achievement by a Doctoral Student Award	BC Children's Hospital Research Institute
2016	Necia Laura May Elvin Memorial Prize in Schizophrenia Research	UBC Department of Psychiatry

2015 - 2018	Frederick Banting and Charles Best Canada Graduate Scholarship (CGS-D) (\$105,000 (30,000 stipend per year plus 5,000 allowance)	Canadian Institutes of Health Research
2015 - 2018	UBC Four Year Fellowship Tuition Award	University of British Columbia
2015 - 2017	Killam Doctoral Scholarship (\$62,000 (30,000 per year plus 2,000 travel allowance)	UBC
2014 - 2018	UBC Four Year Fellowship (\$72,000 (18,000 per year))	UBC

### Research Funding

06/15-05/16      *Promoting perinatal mental health: Personalizing treatment strategies through decision-making support;*      \$3,000  
**Hippman, Catriona** (PI); Austin, Jehannine (co-I); Balneaves, Lynda (co-I); Ryan, Deirdre (co-I); Nislow, Corey (co-I)  
 UBC School of Nursing – Sheena Davidson Nursing Research Fund

### Presentations, Invited

Year	Title	Location
2020	The state of Perinatal Mood and Anxiety Disorders in Canada: Help for moms and referral pathway for new moms in each province (Plenary panelist)	Life With A Baby: Building Strong Families 2020 Conference
2019	Psychotropic medications during pregnancy	Online webinar – presented to the Prenatal & Psychiatric Special Interest Groups of the National Society of Genetic Counselors
2018	Antidepressant use in pregnancy: A grounded theory of decision making	BCCHR Brain, Behaviour, and Development Research in Progress seminar

### Presentations, Refereed

36) **Hippman, C.**, Slomp, C., Morris, E., Batallones, R., Inglis, A., Carrion, P., Brain, U., Higginson, M., Wright, G., Balneaves, L.G., Ryan, D., Nislow, C., Ross, C., Gaedigk, A., Oberlander, T., Austin, J.  
 Pharmacogenetic testing for *CYP2D6* and *CYP2C19*: Can it offer guidance for pregnant women

- taking SSRIs? Presented (virtually) as a poster presentation at the UBC Department of Psychiatry Research Day, Oct. 15, 2020.
- 35) **Hippman, C.**, Balneaves, L., Ryan, D., Austin, J. How do women decide whether to take antidepressants in pregnancy? A woman-centered, constructivist grounded theory of decision making. Presented (virtually) as a lightning talk at the UBC Department of Psychiatry Research Day, Oct. 15, 2020.
- 34) **Hippman, C.**, Balneaves, L., Ryan, D., Austin, J. A woman-centered, constructivist grounded theory of decision making regarding antidepressants in pregnancy. Presented (virtually) as a poster presentation to the Canadian Association of Genetic Counsellors' Annual Education Conference [virtual – October 21-23, 2020].
- 33) **Hippman, C.**, Slomp, C., Morris, E., Batallones, R., Inglis, A., Carrion, P., Brain, U., Higginson, M., Wright, G., Balneaves, L.G., Ryan, D., Nislow, C., Ross, C., Gaedigk, A., Oberlander, T., Austin, J. Should we be offering pharmacogenetic testing for *CYP2D6* and *CYP2C19* to pregnant women taking SSRIs? Presented (virtually) as an oral presentation to the Canadian Association of Genetic Counsellors' Annual Education Conference [virtual – October 21-23, 2020].
- 32) **Hippman, C.**, Slomp, C., Morris, E., Batallones, R., Inglis, A., Carrion, P., Brain, U., Higginson, M., Wright, G., Balneaves, L.G., Ryan, D., Nislow, C., Ross, C., Gaedigk, A., Oberlander, T., Austin, J. Pharmacogenetic testing for *CYP2D6* and *CYP2C19*: Can it offer guidance for pregnant women taking SSRIs? Presented (virtually) as an oral presentation to the Biennial Meeting of the International Marce Society for Perinatal Mental Health [virtual - Oct. 5-7, 2020].
- 31) **Hippman, C.**, Balneaves, L., Ryan, D., Austin, J. How do women decide whether to take antidepressants in pregnancy? A woman-centered, constructivist grounded theory of decision making. Presented (virtually) as an oral presentation to the Biennial Meeting of the International Marce Society for Perinatal Mental Health [virtual - Oct. 5-7, 2020].
- 30) **Hippman, C.**, Slomp, C., Morris, E., Batallones, R., Inglis, A., Carrion, P., Brain, U., Higginson, M., Wright, G., Balneaves, L.G., Ryan, D., Nislow, C., Ross, C., Gaedigk, A., Oberlander, T., Austin, J. Pharmacogenetic testing for *CYP2D6* and *CYP2C19*: Can it offer guidance for pregnant women taking SSRIs? Presented as an oral presentation to the Women's Brain Health Conference Young Investigator Award symposium, May 12, 2020. [*conference postponed due to coronavirus pandemic; young investigator award symposium converted to virtual format*]
- This abstract won a Young Investigator Award.**
- 29) **Hippman, C.**, Balneaves, L., Ryan, D., Austin, J. How do women decide whether to take antidepressants in pregnancy? A woman-centered, constructivist grounded theory of decision making. Presented as a poster presentation to the Women's Brain Health Conference, May 12, 2020. [*conference postponed due to coronavirus pandemic; poster session converted to virtual format*]

- 28) **Hippman, C.**, Balneaves, L., Ryan, D., Austin, J. “The biggest decision I’ve ever made”: A grounded theory of decision making regarding antidepressant use in pregnancy. Presented as an oral presentation at the 4<sup>th</sup> Biennial Healthy Mothers and Healthy Babies conference of Perinatal Services BC, Feb. 20-22, 2020.
- 27) Morris, E., **Hippman, C.**, Slomp, C., Inglis, A., Carrion, P., Andrighetti, H., Batallones, R., Albert, A., Ross, C., Dyer, R., Austin J. No association of MTHFR C677T variants in postpartum psychopathology: A prospective study of at-risk women. Presented as a poster at the XXVI World Congress of Psychiatric Genetics, Scotland, Oct. 11 - 15, 2018.
- 26) Carrion, P., Grewal, R., Inglis, A., **Hippman, C.**, Morris, E., Andrighetti, H., Albert, A., Austin, J. Short interpregnancy intervals, maternal folate levels, and infants born small for gestational age: Preliminary data to guide genetic counselling practice. Presented as a poster at the 2017 Canadian Association of Genetic Counsellors Annual Education Conference in Victoria, Sept. 28, 2017.
- 25) **Hippman, C.**, Austin, J.C. Exploring the influence of prenatal aneuploidy screening on maternal-fetal bonding: Development of a theoretical model. Presented as an oral presentation at the 2017 Canadian Association of Genetic Counsellors Annual Education Conference in Victoria, BC., Sept. 28, 2017.

### Publications, Peer-Reviewed Journal Articles

- 31) Morris E, **Hippman C**, Albert A, Slomp C, Inglis A, Carrion P, Batallones R, Andrighetti HJ, Ross CJ, Dyer R, Honer WG, Austin J. A prospective study to explore the relationship between MTHFR C677T genotype, physiological folate levels, and postpartum psychopathology in at-risk women. *PLOS One*. 2020. **15**(12). e0243936.
- 30) Wilson, D. [SOGC Genetics Committee, including **Hippman, C**] Intra-uterine fetal diagnostic testing in women with chronic viral infections [Clinical Practice Guideline No. 409; replaces No. 309, July 2014]. *Journal of Obstetrics and Gynaecology Canada*. 2020. **42**(12). 1555-62.e1.
- 29) Wilson, D., Van Mieghem, T., Langlois, S., Church, P. [SOGC Genetics Committee, including **Hippman, C**] Prevention, screening, diagnosis and pregnancy management for fetal neural tube defects [Clinical Practice Guideline No. 410; replaces No. 314, Oct. 2014]. *Journal of Obstetrics and Gynaecology Canada*. 2021. **43**(1). 124-39.e8.
- 28) Zwingerman, R., Langlois, S. [SOGC Genetics Committee, including **Hippman, C**] Prenatal testing after IVF with preimplantation genetic testing for aneuploidy [Committee Opinion No. 406]. *Journal of Obstetrics and Gynaecology Canada*. **42**(11). 1437-43.e1.

- 27) Baty, B., Davis, C., Erby, L., **Hippman, C.**, Trepanier, A. Genetic counselors with advanced skills: I. Refining a model of advanced training. *Journal of Genetic Counseling*. 2020. **29**(5). 759-70.
- 26) Davis, C., Baty, B., **Hippman, C.**, Trepanier, A., Erby, L. Genetic counselors with advanced skills: II. A new Career Trajectory Framework. *Journal of Genetic Counseling*. 2020. **29**(5). 771-85.
- 25) **Hippman, C.**, Nislow, C. Pharmacogenomic testing: Clinical evidence and implementation challenges. *Journal of Personalized Medicine*. 2019. **9**(3). e40.
- 24) Morris, E., Slomp, C., **Hippman, C.**, Inglis, A., Carrion, P., Batallones, R., Andrighetti, H., Austin, J. A matched cohort study of postpartum placentophagy in women with a history of mood disorders: No evidence for impact on mood, energy, vitamin B12 levels, or lactation. *Journal of Obstetrics and Gynaecology Canada*. 2019. **41**(9). 1330-7.
- 23) Michalak EE, Morton E, Barnes SJ, Hole R, **CREST.BD [Hippman C]**, Murray G. Supporting self-management in bipolar disorder: Mixed-methods knowledge translation study. *JMIR Mental Health*. 2019. **6**(4). e13493.
- 22) **Hippman, C.**, Balneaves, L. Women's decision making about antidepressant use during pregnancy: A narrative review. *Depression & Anxiety*. 2018. **35**(12). 1158-67.
- 21) Cantor, A., **Hippman, C.**, Hercher, L., Austin, J.C. Genetic counseling students' experiences with mental illness during training: An exploratory study. *Journal of American College Health*. 2019. **67**(4). 348-56.
- 20) Morris, E., **Hippman, C.**, Murray, G., Michalak, E.E., Boyd, J.E., Livingston, J., Inglis, A., Carrion, P., Austin, J. Self-Stigma in Relatives of people with Mental Illness scale: Development and validation. *British Journal of Psychiatry*. 2018. **212**(3). 169-74.
- 19) Low, A., Dixon, S., Higgs, A., Joines, J., **Hippman, C.** Training to provide psychiatric genetic counseling: How does it impact recent graduates' and current students' readiness to provide genetic counseling for individuals with psychiatric illness and attitudes towards this population? *Journal of Genetic Counseling*. 2018. **27**(1). 301-11.
- 18) Chen, B., Carrion, P., Grewal, R., Inglis, A., **Hippman, C.**, Morris, E., Andrighetti, H., Albert, A., Austin, J. Short interpregnancy intervals, maternal folate levels, and infants born small for gestational age: A preliminary study in a Canadian supplement-using population. *Applied Physiology, Nutrition, and Metabolism*. 2017. **42**(10). 1092-6.
- 17) Nevay, D., **Hippman, C.**, Inglis, A., Austin, J.C. Impact of increased risk for fetal aneuploidy on maternal mood: A prospective longitudinal study. *Acta Obstetrica et Gynecologica Scandinavica*. 2016. Oct;**95**(10). 1120-8.

- 16) **Hippman, C.**, Davis, C. Put yourself at the helm: Charting new territory, correcting course, and weathering the storm of career trajectories. *Journal of Genetic Counseling*. 2016. **25**(4). 720-30.
- 15) **Hippman, C.**, Moshrefzadeh, A., Lohn, Z., Hodgson, Z.G., Dewar, K., Lam, M., Albert, A.Y.K., Kwong, J. Breast cancer and mammography screening: Knowledge, beliefs and predictors for Asian women attending a specialized clinic in British Columbia, Canada. *Journal of Immigrant and Minority Health*. 2016. **18**(6). 1441-8.
- 14) Baty, B. J., Trepanier, A., Bennett, R. L., Davis, C., Erby, L., **Hippman, C.**, Lerner, B., Matthews, A., Myers, M.F., Robbins, C.B., Singletary, C. N. Developing a model of advanced training to promote career advancement for certified genetic counselors: An investigation of expanded skills, advanced training paths, and professional opportunities. *Journal of Genetic Counseling*. 2016. **25**(4). 625-34.
- 13) Mighton, C.E., Inglis, A.J., Carrion, P.B., **Hippman, C.L.**, Morris, E.M., Andrighetti, H.J., Batallones, R., Honer, W.G., Austin, J.C. Perinatal psychosis in mothers with a history of major depressive disorder. *Archives of Women's Mental Health*. 2016. **19**(2). 253-8.
- 12) **Hippman, C.**, Ringrose, A., Inglis, A., Cheek, J., Albert, A., Remick, R., Honer, W.G., Austin, J.C. A pilot randomized clinical trial evaluating the impact of genetic counseling for serious mental illnesses. *Journal of Clinical Psychiatry*. 2016. **77**(2). e190–8.

### Published Conference Papers and Abstracts

- 29) **Hippman, C.**, Ryan, D., Balneaves, L.G., Austin, J. Deciding whether to take antidepressants during pregnancy: A grounded theory. Presented as an oral presentation at the National Society of Genetic Counselors 38<sup>th</sup> Annual Education Conference, November 5-8, 2019. [Published on the NSGC website.](#)
- 28) Slomp, C., Morris, E., **Hippman, C.**, Inglis, A., Carrion, P., Andrighetti, H., Austin J. Impact of infant sex on maternal mood in a North American population: Implications for prenatal counseling. Presented as a **poster** at the National Society of Genetic Counselors 38<sup>th</sup> Annual Education Conference, November 5-8, 2019. [Published on the NSGC website.](#)
- 27) Baty, B., Davis, C., **Hippman, C.**, Trepanier, A., Erby, L. Genetic counselors with advanced skills: A new Career Trajectory Framework. Presented as an **oral presentation** at the National Society of Genetic Counselors 38<sup>th</sup> Annual Education Conference, November 5-8, 2019. [Published on the NSGC website.](#)
- 26) **Hippman, C.**, Ryan, D., Balneaves, L.G., Austin, J. “The biggest decision I’ve ever made”: A grounded theory of decision making regarding antidepressant use in pregnancy. Presented as an oral presentation at the 25<sup>th</sup> Qualitative Health Research Conference of the International

Institute for Qualitative Methodology, Oct. 25-29, 2019. *International Journal of Qualitative Methods*. 2020. **19**. e30.

- 25) Morris, E., Slomp, C., **Hippman, C.**, Inglis, A., Carrion, P., Batallones, R., Andrighetti, H., Austin J. Does eating placenta help with postpartum mood, energy, and breastfeeding? A matched cohort study of postpartum placentophagy outcomes to inform prenatal genetic counseling. Presented as a poster at the National Society of Genetic Counselors 37<sup>th</sup> Annual Education Conference, November 14-17, 2018. [Published on the NSGC website](#)
- 24) Morris, E., **Hippman, C.**, Slomp, C., Inglis, A., Carrion, P., Andrighetti, H., Batallones, R., Albert, A., Ross, C., Dyer, R., Austin J. The role of MTHFR C677T variants in postpartum psychopathology: A prospective study of at-risk women to inform prenatal genetic counseling practice. Presented as an **oral presentation** at the National Society of Genetic Counselors 37<sup>th</sup> Annual Education Conference, November 14-17, 2018. [Published on the NSGC website](#)
- 23) **Hippman, C.**, Ryan, D., Balneaves, L., Austin, J. Deciding whether to take antidepressants during pregnancy: A grounded theory. *Medical Decision Making*. 2019. **39**(1). e98.

**This abstract was shortlisted for the Lee B. Lusted Student Prize Competition.**

- 22) Baty, B., Davis, C., Erby, L., **Hippman, C.**, Trepanier, A., Myers, M., Lerner, B. Expanding a model of advanced training to promote career advancement for certified genetic counselors. *Journal of Genetic Counseling*. 2017. **26**(6). p1417.
- 21) Carrion, P., Grewal, R., Inglis, A., **Hippman, C.**, Morris, E., Andrighetti, H., Albert, A., Austin, J. Maternal folate levels in pregnancies preceded by short interpregnancy intervals and risk for infants born small for gestational age: Information to guide genetic counseling practice. *Journal of Genetic Counseling*. 2016. **25**(6). p1459.
- 20) **Hippman, C.**, Austin, J.C. Exploring the influence of prenatal aneuploidy screening on maternal-fetal bonding: Development of a theoretical model. *Journal of Genetic Counseling*. 2016. **25**(6). p1355.