

Cynthia Mannion, PhD, RN Associate Professor

Web Curriculum Vitae (5 year summary)

Education

2004PhDMcGill University, Montreal, QC1993-1995Pre-doctoral studiesMcGill University, Montreal, QC1985MSc(A) NursingMcGill University, Montreal, QC1979BASQueen's University, Kingston, ON

Licensure and Certification

Current Registered Nurse College and Association of Registered Nurses of Alberta

1985-2004 Registered Nurse OIIQ: Ordre des infirmières et infirmiers du Québec

1996-2004 Certified Childbirth Educator International Childbirth Education

Association

Academic Appointments

2010-present Associate Professor University of Calgary, Faculty of Nursing,
Calgary, AB

2005-2007 Adjunct Assistant Professor University of Calgary, Faculty of
Kinesiology, Calgary, AB

2001-2009 Assistant Professor University of Calgary, Faculty of Nursing,

Calgary, AB

Research Funding

2012-2015 Practice of Pica on Pregnancy in Canadian Immigrant Women. \$4,100

PI: Mannion, C.; Co-Is: Kim, A., Moules, N., Premji, S., Wilson, W.M.

University of Calgary - Faculty of Nursing Endowment Award

2014 Scholarship of Constructing Multiple Choice Exams to Support \$14,523

Teaching and Learning.

PI: **Mannion, C.;** Co-Is: Hnatyshyn, T., O'Rae, A., Rutherford, G. University of Calgary - Taylor Institute Teaching and Learning Grant

Presentations, Refereed

- 1. Dhadda, J., **Mannion**, C., Hirst, S., Dhillon, P. (2019, February). *The experiences of postpartum nurses following a change in a newborn emergency response process.* Poster presented at the meeting of the Canadian National Perinatal Research Meeting, Mont Tremblant, Canada. (Award winner in Nursing Midwifery Category)
- 2. Dhadda, J., **Mannion**, C., Hirst, S., Dhillon, P. *The experiences of postpartum nurses following a change in a newborn emergency response process*. Poster presented at the meeting of Peer Beyond Graduate Research Symposium, University of Calgary, Calgary, Canada.
- 3. Imanoff, J., McCaffrey, G., & **Mannion, C.** (2018, April). *A hermeneutic how-to: Applying hermeneutic methods within clinical research.* Paper presented at the Qualitative Methods Conference, Calgary, Canada.
- 4. Langille, J., **Mannion, C.,** Duffet-Leger, L., & O'Rae, A. (2018, February). *Strengthening a Canadian curriculum using the ADDIE Model*. Poster presented at WRNCASN Conference, Calgary, Canada.
- 5. **Mannion, C.,** Hasanova, H., & Kim, M. J. (2018, February). *Women who practice Pica*. Poster presented at the Canadian National Perinatal Research Meeting, Banff, Canada.
- 6. **Mannion, C.**, O'Rae, A., Hnatshyn, T., Beck, A. J., & Patel, S. (2017, June). *Processes used by nurse educators to compose multiple choice*. Paper presented at the Nursing Science and Practice Conference, Irving, TX.
- 7. **Mannion, C.**, Ens, T., Poelzer, K., Bang, R., Ortiz M. M., & Woods, P. I. (2017, April). *The quality of life for families with children using the ketogenic diet for treatment of epilepsy.* Poster presented at the 6th London-Innsbruck Colloquium on Status Epilepticus and Acute Seizures. Salzburg, Austria.
- 8. Vinturache, A., **Mannion, C.**, Chaput, K. H., & Tough, S. (2017, March). *Back pain, urinary incontinence and maternal mental health at 12 months postpartum.* Paper presented at the British Maternal & Fetal Medicine Society, 19th Annual Conference, Amsterdam, The Netherlands.
- 9. Hnatyshyn, T., O'Rae, A., **Mannion, C.**, Beck, A. J., & Patel, S. (2017, March). *Nurse educators'* reflections on their current multiple-choice exam practice and their vision for the future. Poster presented at Dr. Olive Young Teaching and Learning Scholarship Day, Edmonton, Canada.
- 10. O'Rae, A., Hnatyshyn, T., **Mannion, C.**, Beck, A. J., & Patel, S. (2017, February). *Multiple choice exams: Nurse educators' current practices and their perspectives on future ideals.* Paper presented at the Western and North-Western Region Canadian Association of Schools of Nursing Conference, Victoria, Canada.
- 11. Huynh, D., An, M., Lee, O., **Mannion, C.**, & Ens, T. (2016, November). *Questioning the use of bedrails to prevent falls of adults in long term care.* Paper presented at the Margaret Scott Wright Research/Canadian Nursing Students Conference, Edmonton, Canada.
- 12. **Mannion, C. A.,** Hasanova, N., Kim, M. J., Premji, S., Moules, N. J., & Wilson, W. (2016, November). *Pica.* Paper presented at the Margaret Scott Wright Research/Canadian Nursing Students' Association Westin Hotel, Edmonton, Canada.
- 13. Imanoff, J., McCaffrey, G., & **Mannion, C.** (2016, November). *An application of hermeneutic methods within clinical research.* Paper presented at the Humanities in Healthcare Conference, Calgary, Canada.

- 14. Oh, Y., Yeon, J. J., Ens, T., & **Mannion, C.** (2016, November). *A review of the effect of nurses' use of smartphones to improve patient care in acute care*. Poster presented at the Margaret Scott Wright Research/Canadian Nursing Students' Conference, Edmonton, Canada.
- 15. Imanoff, J., McCaffrey, G., & **Mannion, C.** (2016, October). *Suffragettes for caesarean: 'Every woman should have a choice'*. Paper presented at the Qualitative Health Research Conference, Kelowna, Canada.
- 16. Bright, K., **Mannion, C.**, & Letourneau, N. (2016, October). *A call for Action: An integrated perinatal mental health care pathway for the Calgary Zone*. Paper presented at the 6th National Conference Canadian Association of Perinatal and Women's Health Nurses, Westin Hotel, Calgary AB Canada.
- 17. **Mannion, C.**, Hasanova, N., Kim, M. J., Premji, S., Moules, N., & Wilson, W. (2016, October). *Mix it up: Phenomenology and social media*. Paper presented at the Qualitative Health Research Conference, International Institute for Qualitative Health Research, Kelowna, Canada.
- 18. Bright, K., **Mannion, C.**, & Gagnon, L. (2016, October). *The Perinatal Anxiety Symptoms Scale- the PASS use in the clinical setting*. Paper presented at the 6th National Conference Canadian Association of Perinatal and Women's Health Nurses, Westin Hotel, Calgary AB Canada.
- 19. Huynh, D., An, M., Lee, O., **Mannion, C.**, & Ens, T. (2016, September). *Questioning the use of bedrails to prevent falls of adults in long term care*. Paper presented at the Campus Alberta Student Conference on Health, Calgary, Canada.
- 20. Huynh, D., An, M., Lee, O., **Mannion, C.**, & Ens, T. (2016, September). *Questioning the use of bedrails to prevent falls of adults in long term care.* Paper presented at the Undergraduate Research Symposium, University of Calgary, Calgary, Canada.
- 21. Oh, Y., Yeon, J.J., Ens, T., & **Mannion, C.** (2016, September). *A review of the effect of nurses' use of smartphones to improve patient care in acute care.* Poster presented at the Campus Alberta Student Conference on Health, Calgary, Canada.
- 22. Imanoff, J., **Mannion, C.**, & McCaffrey, G. (2016, September). *Suffragettes for caesarean: "Every woman should have a choice"*. Paper presented at the Campus Alberta Student Conference on Health, Calgary, Canada.
- 23. Oh, Y., Yeon, J. J., Ens, T., & **Mannion, C.** (2016, September). A review of the effect of nurses' use of smartphones to improve patient care in acute care. Poster presented at the Undergraduate Research Symposium, University of Calgary, Calgary, Canada.
- 24. Imanoff, J., **Mannion, C.** & McCaffery, G. (2016, February). *Choosing caesarean: Is it the right choice?*Poster presented at the Canadian National Perinatal Research Meeting, Banff, Canada.
- 25. Kim, M. J., Hasanova, N., **Mannion, C.,** Premji, S., Moules, N. J., & Wilson, W. (2016, February). *Practice of Pica during pregnancy of immigrant women*. Poster presentation at the Canadian National Perinatal Research Meeting, Banff, Canada.
- 26. Imanoff, J., **Mannion, C.**, & McCaffery, G. (2015, September). *Choosing caesarean: Is it the right choice?*Poster presented at the Campus Alberta Student Conference on Health, Calgary, Canada.
- 27. **Mannion, C.,** Vinturache, A., McDonald, S., & Tough, S. (2015, May). *Back pain and urinary incontinence in women at 12 months postpartum*. Paper presented at the Department of Obstetrics & Gynecology Christie Research Day, University of Calgary, Canada.
- 28. **Mannion, C.,** Vinturache, A., McDonald, S., & Tough, S. (2015, May). *The effect of back pain and urinary incontinence on daily tasks of mothers at 12 months postpartum.* Paper presented at the

- Women's Mental Health Day Conference, Continuing Medical Education & Professional Development, Cumming School of Medicine, University of Calgary, Calgary, Canada.
- 29. Bright, K., **Mannion, C.**, & Raffin-Bouchal, S. (2015, May). The experience of transitioning into motherhood: Giving a voice to mothers with very low birth weight babies. Paper presented at the Women's Mental Health Day Conference, Continuing Medical Education & Professional Development, Cumming School of Medicine, University of Calgary, Calgary, Canada.
- 30. McDonald, S., **Mannion, C.**, Vinturache, A., & Tough, S. (2015, May). *The impact of back pain and urinary incontinence following childbirth on breastfeeding and postpartum mental health*. Paper presented at the Women's Mental Health Day Conference, Continuing Medical Education & Professional Development, Cumming School of Medicine, University of Calgary, Calgary, Canada.
- 31. Bright, K., **Mannion, C.,** Raffin Bouchal, S., & Letourneau, N. (2015, May). *A call for Action: An integrated perinatal mental health care pathway for the Calgary Zone.* Paper presented at the Women's Mental Health Day Conference, Continuing Medical Education & Professional Development, Cumming School of Medicine, University of Calgary, Calgary, Canada.
- 32. Vinturache, A., **Mannion, C**., McDonald, S. W., & Tough, S. C. (2015, April). *The effect of back pain and urinary incontinence on daily tasks of mothers at 12 months postpartum*. Presented at the 71st SOGC Annual Clinical and Scientific Conference, Quebec City, Canada.
- 33. Bright, K., **Mannion, C.**, & Raffin-Bouchal, S. (2015, March). *The experience of transitioning into motherhood: Giving a voice to mothers with very low birth weight*. Paper presented at the Graduate Student Research Symposium, Calgary, Canada.
- 34. **Mannion, C.**, O'Rae, A., Rutherford, G., Hnatyshyn, T., & Beck, A. J. (2015, February). *The scholarship of constructing multiple choice exams to support teaching and learning*. Paper presented at the Western and North-Western Region Canadian Association of Schools of Nursing Conference, Kimberly, Canada.
- 35. **Mannion, C.**, Vinturache, A., McDonald, S., & Tough, S. (2015, February). *The effect of back pain and urinary incontinence on daily tasks of mothers at 12 months postpartum.* Paper presented at the 2nd Canadian National Perinatal Research Meeting, Montebello, Canada.
- 36. Bright, K., **Mannion, C.**, & Raffin-Bouchal, S. (2015, February). *The experience of transitioning into motherhood: Giving a voice to mothers with very low birth weight babies*. Paper presented at the 2nd National Perinatal Research Meeting, Montebello, Canada.
- 37. Imanoff, J., **Mannion, C.** & McCaffrey, G. (2014, November). *The great caesarean debate: Choice as a potential indication for caesarean delivery in cased of fear of childbirth.* Paper presented at the Margaret Scott Wright Research Day, Edmonton, Canada.
- 38. Bang, R., Ortiz, M., Poelzer, K., Woods, P., Ens, T., & **Mannion, C.** (2014, November) *The Ketogenic diet and the quality of life of families with children who have epilepsy.* Paper presented at the Margaret Scott Wright Conference, Edmonton, Canada.
- 39. **Mannion, C.**, Kim, M. J., Hasonova, N., Premji, S., Moules, N. J., & Wilson, W. (2014, November). *The investigation of Pica behaviour among immigrant women during pregnancy*. Paper presented at the Margaret Scott Wright Conference, Edmonton, Canada.
- 40. Wigmore, J., **Mannion, C.**, & McCaffery, G. (2014, October). *Fusion of horizons: An interpretive analysis of women's choice for caesarean deliveries*. Paper presented at the Canadian Association of Perinatal and Women's Health Nursing Annual Conference, Regina, Canada.
- 41. Imanoff, J., McCaffery, G., & Mannion, C. (2014, October). Fusion of horizons: An interpretive

- analysis of women's choice for caesarean deliveries. Paper presented at the Qualitative Health Research Conference, Victoria, Canada.
- 42. Bright, K., Mannion, C. A., & Raffin-Bouchal, S. (2014, May). The experience of transitioning into motherhood: Giving a voice to mothers with very low birth weight babies Psychological distress and PTSD. Paper presented at the Women's Mental Health Day Conference, Continuing Medical Education & Professional Development, Cumming School of Medicine, University of Calgary, Canada.
- 43. **Mannion, C.**, & Ens, T. (2015, April). *Dietary supplements and prescription medication use in older adults: A systematic review.* Poster presented at the International Association of Gerontology and Geriatrics European Region Congress, Dublin, Ireland.
- 44. Brockway, M., & **Mannion, C.** (2014, April). *Breastfeeding beyond infancy: Well-child nurses' knowledge, attitudes, and beliefs.* Poster presented at ACHRI Symposium, University of Calgary, Calgary, Canada.
- 45. Wigmore, J., McCaffrey, G., & **Mannion, C.** (2014, March). *Understanding caesarean deliveries: A choice for new mothers.* Paper presented at the Humanities in Healthcare Conference, Calgary, Canada.
- 46. McCaffrey, G., & **Mannion, C. A**. (2014, February). *In hospital though shalt bring forth children, the language of childbirth.* Poster presented at the National Perinatal Conference, Banff, Canada.
- 47. Wigmore, J., **Mannion, C.** & McCaffery, G. (2014, February). *The great caesarean debate: The concept of fear of childbirth as a potential indication for caesarean delivery.* Poster presented at the Canadian National Perinatal Research Meeting, Alberta, Canada.

Publications, Peer-Reviewed Journal Articles

- 1. O'Rae, A., Hnatyshyn, T., Beck, A. J., **Mannion, C.**, & Patel, S. (2018). An appreciative inquiry into nurse educators' exam practices. *Nursing Education Perspectives*. doi:10.1097/01.NEP.0000000000000415
- Poelzer, K., Mannion, C., Ortiz, M., Bang, P., Woods, P. (2018). A systematic review of the quality of life for families supporting a child consuming the ketogenic diet for seizure reduction. https://doi.org/10.1093/cdn/nzy079
- 3. Yoon, S., Oh, Jae Joon Yeon, Ens, T.A, **Mannion**, C.A. (2017). A review of the effect of nurses' use smartphones to improve patient care. *Journal of Undergraduate Research in Alberta*, 6, 1-8.
- 4. Foran, C. A., **Mannion, C.**, & Rutherford, G. (2017). Focusing elementary students with active classrooms: Exploring teachers' perceptions of self-initiated practices. *International Electronic Journal of Elementary Education*, 10(1), 61-69. doi:10.26822/iejee.2017131887
- 5. Foran, C., Rutherford, G., & **Mannion, C.** (2016). Teachers talk: Evolving interviews to understand perceptions of classroom physical activity. *International Journal for Qualitative Methods, 15*(1), 4. doi:10.1177/1609406916628969
- 6. **Mannion, C.**, Hasanova N., Kim, M. J., Premji, S. Moules, N. & Wilson, W. (2016). Understanding the lived experience of pregnant women practicing Pica. *International Journal for Qualitative Methods*, 15(1), 25. doi:10.1177/1609406916672113

- 7. Hobbs, A. J., **Mannion, C. A.**, McDonald, S. W., Brockway, M., & Tough, S. C. (2016). The impact of caesarean section on breastfeeding initiation, duration and difficulties in the first four months postpartum. *BMC Pregnancy and Childbirth*, *16*, 90. doi:10.1186/s12884-016-0876-1
- 8. **Mannion, C. A.,** Hasanova, N., Kim, M. J., Premji, S., Moules, N. J., & Wilson, W. (2016). The practice of Pica during pregnancy. *Journal of Pediatric and Neonatal Individualized Medicine*, *6*(1), 13. doi:10.7363/060110
- 9. **Mannion, C. A.**, Vinturache, A. E., McDonald, S. W., & Tough, S. C. (2015). The influence of back pain and urinary incontinence on daily tasks of mothers at 12 months postpartum. *PloS One, 10*(6), e0129615. doi:10.1371/journal.pone.0129615
- 10. Hooge, S. L., Benzies, K. M., & **Mannion, C. A.** (2014). Effects of a brief, prevention-focused parenting education program for new mothers. *Western Journal of Nursing Research*, *36*(8), 957-974. doi:10.1177/0193945913519871
- 11. Page, S. A., Bell, L. H., **Mannion, C.**, & Verhoef, M. J. (2014). Retrospective case analyses of two people with cancer who followed the Bill Henderson Protocol. *Journal of Evidence-Based Complementary and Alternative Medicine*, *19*(1), 5-9. doi:10.1177/2156587213498096
- 12. **Mannion, C. A.**, Raffin-Bouchal, S., & Henshaw, C. J. (2014). Navigating a strange and complex environment: Experiences of Sudanese refugee women using a new nutrition resource. *Int J Womens Health, 6*, 411-422. doi:10.2147/ijwh.s56256
- 13. Nyanza, E. C., Joseph, M., Premji, S. S., Thomas, D. S. K., & **Mannion, C.** (2014). Geophagy practices and the content of chemical elements in the soil eaten by pregnant women in artisanal and small scale gold mining communities in Tanzania. *BMC Pregnancy and Childbirth*, *14*(1), 144. doi:10.1186/1471-2393-14-144

Published Conference Papers and Abstracts

- Saini, A., Mannion, C. Implementing Nutrition Content in an Integrated Nursing Program (2018 Nov). Margaret Scott Wright Research/Canadian Nursing Students' Association. Edmonton, Canada
- 2. **Mannion**, C., Hnatyshyn, T., O'Rae, A., Beck, A., Patel, S. (2018, September). Nurse educators and multiple choice examination practices. *NLN 125 Education Summit*, Chicago, USA.
- 3. Poelzer, K., Woods, P., Ortiz, M., Bang, R., **Mannion**, C. Ens, T. (September 2018). A Systematic review of the quality of life for families supporting a child consuming the ketogenic diet for seizure reduction. *CASCH* University of Calgary, Calgary, Canada.
- 4. Dhadda, J. & **Mannion, C**. (2018, February). The Effect of a New Newborn Resuscitation Protocol on the Self Efficacy of Postpartum Nurses. *Peer Beyond Graduate Research Symposium*, University of Calgary, Calgary, Canada.
- 5. Dhadda, J. & **Mannion, C.** (2018, March). The Effect of a New Newborn Resuscitation Protocol on the Self Efficacy of Postpartum Nurses. *Nursing Graduate Student Association*, University of Calgary.
- 6. Dhadda, J. **Mannion, C.,** Hirst, S. (2018, September), Dhillon, P. (2018, September). The Effect of a Change in the Newborn Emergency Response Process on the Self-efficacy of Postpartum Nurses. *Campus Alberta Student Conference on Health*, University of Calgary, Calgary, Canada.

- 7. Langille, J., **Mannion, C.,** Duffet-Leger, L. O'Rae, A., (2018 February). Strengthening a Canadian curriculum using the ADDIE Model. *WRNCASN*, Calgary, Canada.
- 8. **Mannion, C.,** Hasanova, H., Kim, M.J., Premji S., Moules N., Wilson, W. (2018, February). Women who practice pica. *Canadian National Perinatal Research Meeting*, Banff, Canada.
- 9. Dhadda, J., **Mannion, C.** (2018 February) The Effect of a Change in the Newborn Emergency Response Process on the Self-efficacy of Postpartum Nurses. *Peer Beyond Graduate Research Symposium*, GSA University of Calgary, Calgary, Canada.
- 10. **Mannion, C.,** Ens, T., Poelzer, K., Bang, R., Ortiz M.M., & Woods, Pl. (2017 April 6-8). The Quality of Life for Families with Children Using the Ketogenic Diet for Treatment of Epilepsy. *The 6th London-Innsbruck Colloquium on Status Epilepticus and Acute Seizures*. Salzburg, Austria.
- 11. Hnatyshyn, T., O'Rae, A., **Mannion, C.,** Beck, A. J., and Patel, S. (2017 March 24). Nurse Educators' Reflections on Their Current Multiple Choice Exam Practice and Their Vision for the Future. *Dr. Olive Young Teaching and Learning Scholarship Day*. Edmonton, Canada.
- 12. Vinturache A, **Mannion C.,** Chaput K.H., Tough S. (2017, March). Back pain, urinary incontinence and maternal mental health at 12 months postpartum. *British maternal & fetal medicine society*, 19th Annual Conference, Amsterdam, The Netherlands.
- 13. Winn, A., Vinturache, A., **Mannion, C**. (2016 Jan). Experiences with prenatal counselling among women weight do not meet gestational weight gain guidelines. *Students' Union Undergraduate Research Symposium*, Cumming School of Medicine, University of Calgary, Calgary, Canada. http://dx.doi.org/10.11575/PRISM/10464
- 14. **Mannion, C.,** Kim, M.J., Hasanova N. Premji, S. Moules, N. & Wilson, W. (2016, November). Pica. *Margaret Scott Wright Research/Canadian Nursing Students' Association*, Edmonton, Canada.
- 15. Huynh, D., An, M., Lee, O., **Mannion, C.,** Ens, T. (2016). Questioning the use of bedrails to prevent falls of adults in long term care. *Margaret Scott Wright Research/Canadian Nursing Students' Association*, Edmonton, Canada.
- 16. Huynh, D., An, M., Lee, O., **Mannion, C.,** Ens, T. (2016). Questioning the use of bedrails to prevent falls of adults in long term care. *Campus Alberta Student Conference on Health*. Calgary, Canada.