

### Education

2015	PhD	University of Calgary, AB
2011	MN	University of Calgary, AB
2009	BN	University of Calgary, AB
1986	Diploma in Nursing	Foothills Hospital School of Nursing, Calgary, AB

### Licensure and Certification

Current	Registered Nurse	College and Association of Registered Nurses of Alberta
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### Academic Appointments

2017-Present	Liaison, Campus Mental Health Strategy	University of Calgary, Faculty of Nursing, Calgary, AB
2017-present	Assistant Professor	University of Calgary, Faculty of Nursing, Calgary, AB
2016-present	Sessional Instructor	University of Calgary, Faculty of Social Work, Calgary, AB

### Non-Academic Appointments

2016-present	Addiction and Family Wellness Counsellor	Independent Practice, Calgary, AB
2007-2017	Director of Community Education and Research	Alberta Adolescent Recovery Centre, Calgary, AB

### Awards and Distinctions

2017	Chief's Award – Community Service	Calgary Police Service
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### Research Funding

2018-2020	<i>Health Canada Grant (SUAP): Cannabis Café: Discussion &amp; Education.</i> PI: <b>Smith, J.</b>	\$160,000
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2018-2020	Health Canada: Substance Use and Addictions Program <i>University of Calgary Campus Experience with Cannabis-Phase 2 Calgary Site.</i>	\$35,000
2018-2020	Calgary Police Service <i>University of Calgary Campus Experience with Cannabis.</i>	\$25,000
2018-2020	University of Calgary - Special Call Operating Grant <i>Exploring Experiences of Mental Health and Addiction among Faculty at the University of Calgary.</i>	\$15,000
2018-2019	University of Calgary - Faculty of Nursing Endowment Award <i>Moving towards Wellness: Combating substance-related addiction stigma amongst faculty.</i>	\$8500
2018-2019	University of Calgary - Campus Mental Health Strategy <i>University of Calgary Campus Experience with Cannabis Top-Up Funds.</i>	\$20,000
2017-2019	University of Calgary - Faculty of Nursing <i>Research Stipend.</i>	\$30,000
2017-2019	University of Calgary - Faculty of Nursing <i>Research Team Development in Addiction and Mental Health.</i>	\$10,000
2017	University of Calgary - Faculty of Nursing Interdisciplinary Team Development Grant <i>Research Assistant Funding Grant.</i>	\$50,000

### Presentations, Invited

1. **Smith, J.** (2018, February). *Youth addiction and mental health: Where's the parent?* Invited presentation at the Breakfast Lecture Series: Faculty of Nursing, University of Calgary, Calgary, Canada.
2. **Smith, J.** (2017, December). *Marijuana legalization & adolescents: What parents need to know?* Invited presentation at the Community Education Series: Alberta Children's Hospital, Alberta Health Services, Calgary, Canada.
3. **Smith, J., & Wallace, E.** (2017, November). *Trauma informed treatment of families parenting teens with substance use disorders.* Invited presentation at the Issues of Substance Abuse Conference, Canadian Centre of Substance Abuse & Addiction, Calgary, Canada.

4. **Smith, J.**, (2017, October). *Exhausted confused & desperate: Parenting a child with addictions*. Invited presentation at the International Nurses Society of Addiction Conference, Orlando, USA.
5. **Smith, J.**, & Wilkes, C. (2017, May). *Cannabis and adolescents*. Invited presentation at the Department of Psychiatry, Alberta Children's Hospital, Calgary, Canada.
6. **Smith, J.**, & Wallace, E. (2017, April). *Adolescent addiction: Treating the family as the client*. Invited presentation at the Shifting Perspectives Conference, Mount Royal University, Calgary, Canada.
7. **Smith, J.** (2017, April). *Marijuana & the developing adolescent brain*. Invited workshop at the District 6, Calgary Police Service, Calgary, Canada.
8. **Smith, J.** (2017, February). *Adolescent drug and alcohol use: Abuse & dependency*. Invited workshop at the Calgary Catholic School Board Administration, Calgary, Canada.
9. **Smith, J.**, & Wallace, E. (2017, January). *Adolescents, family & addiction: Difficult conversations*. Invited workshop at the Addiction Symposium, Cumming School of Medicine, University of Calgary, Calgary, Canada.
10. **Smith, J.** (2016, November). *Child and Youth Advocacy Act review*. Invited presentation to the Government of Alberta Legislature, Edmonton, Canada.
11. **Smith, J.** (2016, October). *Confronting the opioid crisis and the lack of mental health resources*. Invited panelist at the Addictions and Mental Health Town Hall: Closing the Gap on Alberta's Fentanyl and Opioid Crisis, Dr. David Swann, Calgary, Canada.
12. **Smith, J.** (2016, October). *Recovery from silence: Understanding addiction through the lens of four mothers*. Invited presentation at the International Nurses Society on Addiction Conference, Montreal, Canada.
13. **Smith, J.** (2014, April). *Adolescent addiction & treatment*. Invited presentation at the Save our Kids Forum, Fresh Start Recovery Centre, Calgary, Canada.

### **Presentations, Refereed**

1. **Smith, J.** (2014, October). *Parenting adolescents with substance abuse: A narrative literature review*. Poster presented at the Addiction Awareness and Education Symposium, Faculty of Medicine, University of Calgary, Calgary, Canada.
2. **Smith, J.** (2014, June). *The impact of addiction on the family*. Paper presented at the Canadian Doctoral Nursing Network Conference, University of Regina, Regina, Canada.
3. **Smith, J.** (2014, April). *Parenting adolescents with substance abuse: A narrative literature review*. Poster presented at the Perinatal Mental Health Day, Faculty of Medicine, University of Calgary
4. **Smith, J.** (2014, April). *Parenting adolescents with substance abuse: A narrative literature review*. Poster presented at the Perinatal Mental Health Day, Faculty of Nursing, University of Calgary

### **Publications, Peer-Reviewed Journal Articles**

1. **Smith, J. M.**, Mader, J., Szeto, A. C., Arria, A. M., Winters, K. C., & Wilkes, T. C. (2019). Cannabis Use for Medicinal Purposes among Canadian University Students. *The Canadian Journal of Psychiatry*. <https://doi.org/10.1177/0706743718818420>

2. Arria, A. M., **Smith, J. M.**, Bugbee, B. A., Mader, J., & Winters, K. C. (2017). A unique model for adolescent addiction treatment: A description of the Alberta Adolescent Recovery Centre. *Addictive Disorders and Their Treatment*, 16(3), 129-137. doi:10.1097/ADT.0000000000000110
3. **Smith, J. M.**, Estefan, A., & Caine, V. (2018). Mothers' experiences of supporting adolescent children through long-term treatment for substance use disorder. *Qualitative Health Research*, 28(4), 511-522. doi:10.1177/1049732317747554
4. Arria, A. M., **Smith, J. M.**, Bugbee, B. A., Mader, J., & Winters, K. C. (2017). A unique model for adolescent addiction treatment: A description of the Alberta Adolescent Recovery Centre. *Addictive Disorders & Their Treatment*, 16(3), 129-137. doi:10.1097/ADT.0000000000000110
5. **Smith, J. M.**, & Estefan, A. (2014). Families parenting adolescents with substance abuse—recovering the mother’s voice: A narrative literature review. *Journal of Family Nursing*, 20(4), 415-441. doi:10.1177/1074840714554397