

N95 Fit Testing Information

What is a N95 mask?

A N95 mask is a type of mask that you may be required to wear in the practice setting to help protect against certain communicable diseases. In order to ensure that the mask is giving you adequate protection, you need to be fit tested. There are different sizes and types of N95 masks. It is not a one size fits all mask.

When should I be N95 Fit Tested?

All nursing students must be fit tested for a N95 mask prior to commencement of Year 1/Term 1 (for High School students) or Year 2/Term 3 (for Transfer Route and Degree Holder Route students). You must submit photocopied proof of your N95 fit testing card before August 12, 2016. A **photocopy** of your card should be mailed in with your Student Immunization Forms. Please note that N95 fit testing needs to be done every two years.

Where can I be N95 fit tested?

You may contact any of the following companies in Calgary to receive N95 fit testing. Please note that the list is for information purposes only and the inclusion of a company on this list is not an endorsement of the company by the Faculty of Nursing or the University of Calgary. This is not an exhaustive list and there may be other companies in Calgary that you can use at your discretion.

- a) Eisan Consulting: to book call 403 460 9111 ext "0" or reception@eisanconsulting.com
- b) St Mark James Training: to book call 1-888-870-7002 or info@firstaidcourses.ca (please identify yourself as U of C Nursing Student)
- c) Surehire: to book call 1-866-944-HIRE (please identify yourself as a U of C Nursing Student so you receive a discounted rate)
- d) VIP Occupational Health Services Ltd. Calgary based: to book call (403)264-1130 Ext 1. (sales@vipohs.com, www.vipohs.com) Quantitative N95 Fit Testing M-F 8am-5pm. U of C - Student pricing
- e) If you are from outside Alberta and are having difficulty getting the fit testing done in your province you can wait until you are in Calgary to have it completed, even if this is after the Aug 12 deadline. Please do this ASAP when you arrive and have proof into the immunization office prior to the first day of classes.

Please ensure that whatever company you use meets the following criteria:

- a) They provide you with proof of the fit test. This is usually a card and needs to include the following information: your name, student ID number, the company name, the date you were tested, the expiry date, the make, model, and size of the mask you were fit tested for, and which testing method they used (a photocopy of this card is the documentation that you need to submit as proof).
- b) They provide you with education prior to being fit tested. For example: when the mask should be used, what the limitations of the mask are, how to put on and take off the mask, how to do a seal check, etc.
- c) They do a medical screening to ensure that it is safe for you to wear a N95 mask.
- d) They are fit testing you with a N95 mask that Alberta Health Services (AHS) uses. The masks that Alberta Health Services, Calgary Zone, uses are all 3M masks. The model numbers are: #8210, #1870**plus**, #8110s, #9105 and #9105s. NOTE: Please make sure that you are fit tested for one of these masks. If you are tested with any other model, you will need to be fit tested again.

If you need any additional information about N95 fit testing please contact: nursingimmunization@ucalgary.ca