

NANCY McELHERAN
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Education:

Master of Nursing: 1990.	University of Calgary. Calgary, Alberta, Canada
Bachelor of Nursing: 1985.	University of Calgary. Calgary, Alberta, Canada
Diploma in Nursing: 1964.	Women's College Hospital. Toronto, Ontario, Canada

Employment History:

Self-Employed: September, 2009-present.

- **Consultant: Wood's Homes:** Sept 2009-present:
Program case consultation; Supervision of multi-disciplinary clinical staff; Direct clinical service; In-Service/Education of multi-disciplinary agency staff.
- **Independent clinical practice:** Individual, couples and family therapy on referral: September 2009-present.
- **Consultant: CUPS Health and Education Centre:** September 2013-present: Clinical consultation; Administrative and program development consultation.
- **Consultant: CUPS One World Child Development Centre.** September 2011-September 2013: Clinical consultation and program development consultation

Wood's Homes: Aug-1992--May- 2009.

- **Clinical Co-ordinator** of Mental Health programs and Nursing Services: Dec. 2005- May/2009.
- **Director** of Mental Health Programs, Schools and Nursing Services: 1997- 2005:
- **Clinical Manager**, Residential and Community-based Mental Health Programs and Nursing Services: 1992-1997.

Foothills Hospital School of Nursing: 1990-1992. Instruction and clinical supervision of second year nursing students in their mental health rotation; Participant in the development of the Calgary Conjoint Nursing program (CCNP); Faculty committee work.

Alberta Childrens Hospital. 1982-1990. Nurse Coordinator, Outpatient DAT Centre: Mental Health Services:

Foothills Hospital: 1979-1982. Casual staff, Units 21-22.

Royal Ottawa Hospital. Ottawa, Ontario: 1969 -1979. Outpatient Day Care Nurse(full time) and Emergency room staff nurse (casual).

Addiction Research Foundation. Kitchener, Ontario: 1968-1969. Nurse Consultant; Clinical service and Community development

Womens College Hospital. Toronto, Ontario: 1967-1968. Staff nurse, psychiatric inpatient unit; emergency room; outpatient clinics.

Toronto Psychiatric Hospital/Clarke Institute of Psychiatry: 1964-1967 Staff Nurse and Head Nurse; Clinical Investigation Unit.

Professional Memberships and Affiliations:

College and Association of Registered Nurses of Alberta (CARNA): 1980-present.

American Association for Marriage and Family Therapy (AAMFT): 1993-present.
Student Associate: 1993 - 1996. Clinical Fellow: 1996 - present.
Approved Supervisor: 1998 -present.
Board Member, Alberta Divison 2010-2014

Adjunct Clinical Associate, Faculty of Nursing, University of Calgary: Jan 2015-present.

Clinical Associate, Faculty of Nursing, University of Calgary: 2009-2013.

Adjunct Assistant Professor, Faculty of Nursing, University of Calgary: 1999-2009.

Professional Activity (2000-present):

Wood's Homes Eastside Family Centre: Organizing Committee member:
Capturing the Moment: Second International conference on Single Session
Therapy and Walk-In Services. January 2014-October 2015

Wood's Homes Accreditation committee: Sept. 2014- June 2015

Alberta Society of Marriage and Family Therapy; a Division of the American
Association of Marriage and Family Therapy (AAMFT);
Board Member and Chair of the By-Laws development committee: 2010-April
2014.

Wood's Homes Nursing Advisory committee: 2009-present.

Wood's Homes Regulated Professions committee: 2000-present.

Wood's Homes Accreditation Co-ordinator (Accreditation Canada) 1998- 2009.

Alberta Health Services, East Calgary Health Centre Advisory Committee
Member : Sept 2008-May 2009.

City of Calgary Disaster Services Planning Committee. September 2006-March
2009.

Mount Royal College: Member: Advisory Committee on Children's Mental Health
2004-2008.

Hospice Calgary: Board Member and Chair of the Quality Improvement and
Program development committee. September 2003- June 2006.

Teaching Activities: (2000-present).

University of Calgary: Instructor; Faculty of Social Work: SOWK 555.03 S20
Children's Mental Health.: On-line course instruction (undergraduate and
graduate students): Spring semester, 2000 -present.

University of Calgary, Faculty of Social Work: Guest lecture SOWK 645 S01; Fall
2014. The interface between clinical practice at the Eastside Family Centre and
practice based research.

University of Calgary, Faculty of Social Work: Module review and development
for the Children's mental health on-line course. Spring 2010- 2012.

University of Calgary: Faculty of Social Work: Guest lecturer, Transforming
Human Service organizations (SOWK 679.04). October, 2005.

Woods Homes; Children's Mental Health. Category A core competency training: 30 hours: Calgary, 2004-2009.

Wood's Homes: Diversity Awareness, Knowledge and Skills development. 2006-2007.

Workshops:2000 – present.

Walk-in Single Session Therapy: Two day workshop for mental health professionals: Interior Health, Kelowna, BC: Nov 30-Dec 1/15

Theory and Practice in Family Support Work: Two day workshop for family support workers from Wood's Homes: Calgary: March-April 2014

Single Session and Walk-In Therapy: Two day workshop for mental health professionals: Malmö, Sweden, September 2013.

Walk-in Counseling: Three day workshop for therapists from Alberta Health Services: Grand Prairie: Spring 2013

Walk-in Counseling: Three day workshop for therapists from Alberta Health Services, Edmonton: Fall 2012

Walk-in Counseling: Five day workshop for therapists from Airdre Family Services: Fall 2012

Walk-in Counseling: Five day workshop for therapists from Alberta Health Services rural mental health clinics: 2006-2009.

Walk-in Counselling. Five day workshop: Calgary Health Region South Calgary walk-in counselling. Oct./04 and Feb./05.

Monthly case consultation on the delivery of walk-in services : March /05-March/06

Walk-in Counselling. David Thompson Health Region: training of therapists. Two five -day workshops (12-15 people): Calgary: September - October 2003.

Walk-in Counseling: AMHB: training of mental health therapists from the rural mental health clinics. Six five-day workshops: Calgary: September 2001- March 2003.

Single Session Therapy: Peel Children's Centre: Mississauga, Ontario: November, 2002.

Presentations: 2000-present .

The Eastside Family Centre: Celebrating 25 years of Walk-in Single Session Therapy: Keynote presentation. Capturing the Moment: Second International conference on Single Session Therapy and Walk-in Services. Banff. September 2015.

The Eastside Family Centre: Examining Outcomes of Walk-in Single Session Therapy. Concurrent session: Capturing the Moment: Second International conference on Single Session and Walk-in Services. Banff. September 2015.

Walk-in Counselling Services: An international perspective. AAMFT annual conference. Milwaukee. October 2014.

Family Support; In-Service presentation to Wood's Homes management group: Wood's Homes May 2013 and March 2014.

Keynote speaker: Woods Homes Eastside Family Centre: Family sensitive walk-in therapy. At the Inaugural international symposium on single session and walk-in therapies. San Remo, Australia. March 2012.

Outcome Evaluation: In-Service presentation : Community based family support programs, Wood's Homes, Calgary. April 2011.

Keynote Speaker: The Language of Family Centered Care. Two day workshop entitled: Walking the Talk: Bringing Family Centered Care into Practice. Wood's Homes. Calgary. February, 2011.

Family Assessment and Signs of Safety Risk Assessment. In-Service Presentation to Family Support Workers. Wood's Homes. Calgary. Winter, 2009.

How Brief Does it Get: Walk-in Single Session therapy. Short course: Brief Therapy: Lasting Impressions conference. M Erickson Foundation. Anaheim, CA. December 2006.

The Education and Training of Mental Health Nurses in Family Systems Nursing in a community-based Walk-in Counselling service. Victoria, B.C. June, 2005.

Walk-in counselling: Alberta Mental Health Board management group: Banff, Alberta. January 2001.

University of Calgary: Faculty of Social Work. Guest Lecturer. Intervening with Adolescents with Mental Health Issues. Calgary. Spring 2001.

University of Calgary, Faculty of Nursing. Guest Lecturer. Group Process: Integrating Theory and Practice Calgary. Spring, 2000.

Publications:

Clements, R., McElheran, N., Hackney, L., & Park, H.(2011). The Eastside Family Centre: 20 years of single – session walk-in therapy. Where we have been and where we are going. In Slive, Arnold (Ed); Bobele, Monte. (Ed). (2011).When one hour is all you have: Effective therapy for walk-in clients. Phoenix Arizona: Zeig, Tucker & Theisen (pp 109-126).

Harper-Jaques, S., McElheran, N., Slive, A. &Leahey, M. (2008). A comparison of two approaches to walk-in single session therapy, Journal of Systemic Therapies, 27 (4), 40-53.

Lawson, A, McElheran, N. & Slive, A. (1997) Single Session Walk-In Therapy: A Model for the Twenty-First Century, *Family Therapy News* 23 (2) 24-25.

Lawson, A., McElheran, N., Slive, A. (2000). Single session walk-in therapy: A model for the twenty-first century. American Association for Marriage and Family Therapy Newsletter (10) fall.

Lawson, A., McElheran, N., & Slive, A. (2006). Why clients return to a single session walk-in counselling service. (Unpublished manuscript). Calgary, Alberta, Canada: Wood's Homes Eastside Family Centre.

McElheran, N., Stewart, J., Soenen,D., Newman, J., & MacLaurin, B. (2014).Walk-in single session therapy at the eastside family centre. In M. F. Hoyt & M. Talmon (Eds.). *Capturing the moment: Single session therapy and walk-in services* (pp 177-194). Bethel, CT: Crown House.

McElheran, N., & Blasetti, L. (1997). Community advisory councils. Presented to the National Insight Conference, March. (Unpublished manuscript). Calgary, Alberta, Canada: Wood's Homes Eastside Family Centre

McElheran, N., and Harper-Jacques. S. (1994). Commendations: A resource intervention for clinical practice. *Clinical Nurse Specialist*, 8(1), 7-10.

Rempel, K., Hazelwood, G., & McElheran, N. (1993). Brief therapy group for mothers of troubled children. *Journal of Systemic Therapies*, 12(1), 32-48.

Slive, A., McElheran, N., & Lawson, A. (2001). Family therapy in walk-in mental health centres: The Eastside Family Centre. In M.M MacFarlane (Ed.), Family therapy and mental health: Innovations in theory and practice (pp. 261-285). Binghamton, New York: Haworth Clinical Practice Press.

Slive, A., McElheran, N. & Lawson, A. (2008). How Brief Does it Get: Walk-in Single Session therapy, Journal of Systemic Therapies, 27(4), 5-22.

April 2016