## **Responding to Women**

Who Experience Intimate Partner Violence in Rural Municipalities Across the Prairies



Background
Focus on intimate partner violence (IPV) experienced by women in rural municipalities across Alberta, Manitoba, and Saskatchewan.
Aimed to

understand the types of abuse, barriers to helpseeking, and the specific challenges faced by rural

## Results

- Types of Abuse: Women experienced emotional, physical, financial, sexual, spiritual abuse, coercive control, neglect, and stalking.
- Help-Seeking Barriers: Lack of resources, low awareness, postseparation abuse fears, and unique challenges for Indigenous and immigrant women.
- Service Gaps: Critical need for more rural outreach, legal support, mental health services, and improved shelter conditions.

Conclusion
Rural women face significant barriers to seeking help for IPV, compounded by geographic isolation and limited resources.
Recommendations include improving resource accessibility, enhancing legal and mental health support, and providing targeted outreach and culturally sensitive services.

women.

Method • Data collected through interviews with 41 IPV survivors and 5 focus groups with 39 service providers.

 Explored experiences of abuse, help-seeking behaviors, and service accessibility.







