**Education**

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| --- | --- | --- |
| 2005 | Post-doctoral Fellowship | Stockholm University |
| 2002 | Post-doctoral Fellowship,  Canadian Health Services Research  Foundation | University of Ottawa/University of Calgary |
| 2001 | PhD | University of Alberta |
| 1996 | MN | University of Alberta |
| 1993 | BSN (Distinction) | University of Victoria, BC |
| 1973 | Nursing Diploma | Kelsey Institute of Applied Science & Technology, Saskatoon, SK |

**Licensure and Certification**

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| Current | Registered Nurse | College and Association of Registered Nurses of Alberta |
| 1976 | Certificate in Advanced in Advanced Practical Obstetrics | University of Alberta |

**Academic Appointments**

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| --- | --- | --- |
| 2918 July | Acting Dean | University of Calgary, Faculty of Nursing |
| 2017-present | Adjunct Research Professor | University of Calgary, Department of Community Health Sciences, Cumming School of Medicine, Calgary, AB |
| 2017 | Assistant Professor (Epidemiology) | University of Calgary, Department of Obstetrics and Gynaecology, Cumming School of Medicine, Calgary, AB |
| 2017-present | Associate Dean, Research | University of Calgary, Faculty of Nursing, Calgary, AB |
| 2016-2017 | Interim Associate Dean, Research | University of Calgary, Faculty of Nursing, Calgary, AB |
| 2011-present | Professor | University of Calgary, Faculty of Nursing, Calgary, AB |
| 2011-2019 | Adjunct Research Professor | University of Calgary, Department of Pediatrics, Cumming School of Medicine, Calgary, AB |
| 2010-present | Adjunct Associate Professor | University of Calgary, Department of Pediatrics, Faculty of Medicine, Calgary,AB |
| 2005-2011 | Associate Professor | University of Calgary, Faculty of Nursing, Calgary, AB |
| 2004-present | Adjunct Assistant Professor | University of Alberta, Faculty of Nursing, Edmonton, AB |
| 2001-2004 | Assistant Professor | University of Calgary, Faculty of Nursing, Calgary, AB |

**Non-Academic Appointments**

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| --- | --- | --- |
| 2008-2014 | Mentor, CIHR Strategic Training Program in Genetics, Child Development and Health | University of Calgary, Calgary, AB |
| 2007-present | Membership, School of Graduate Studies | University of Lethbridge, Lethbridge, AB |
| 2007-2009 | Mentor, CIHR Strategic Training Program in Maternal Fetal Newborn Health | University of Alberta, Edmonton, AB |

**Awards and Distinctions**

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| 2020 | Faculty of Nursing, Superhero | Faculty of Nursing, University of Calgary |
| 2019 | 50 Faces of UCalgary Nursing | Faculty of Nursing, University of Calgary |
| 2018 | Lifetime Achievement Award, | Calgary Urban Project Society (CUPS) |
| 2017 | GREAT Supervisor | Faculty of Graduate Studies, University of Calgary |
| 2017 | Pursuit of Excellence, Outstanding Team (Nursing Research Office) | Faculty of Nursing, University of Calgary |
| 2017 | Pursuit of Excellence, Graduate Teaching Excellence | Faculty of Nursing, University of Calgary |
| 2016 | Excellence in Leadership | Canadian Association of Perinatal and Women’s Health Nurses |
| 2015 | Advancement of Nursing Research | Covenant Health Faculty of Nursing |

**Research Funding**

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| --- | --- | --- |
| 2019 -2023 | *Co-designing a patent and family caregiver-oriented transitions in care bundle*.  PI: Fiest, K.; Co-Is: Burns, K., Manns, B., Farrier, C., Fraser, N., Kashuba, S., Foster, N., Sinnadurai, S., Foster, N., Kupsch, S., Oxland, P., Sept, B., Niven, D., Parsons Leigh, J.  Stelfox, T., Straus, S., Au, S., Amaral, A., Bagshaw, S., Ball, I., **Benzies**, K.,Bourne, R., Bell, C., Clement, F., Davidson, J., Dodek, P.,Doig, C., Ely, E. W., Forster, A., Fowler, R., Fox Robichaud, A., Grant, C., Holroyd-Leduc, J., King, J., Kyeremanteng, K., Lau, V., McBrien, K., Muscedere, J.,Niven, D., Papathanasoglou, E., Piskulic, D., Rasiah, J., Rewa, O., Roumeliotis, N., Sauro, K.,Roumeliotis, N.,Roze des Ordons, A., Soo., A., Taljarrd, M., & Turgeon, A.  CIHR – PHSI Transitions in Care | $1,239,159 |
| 2019 -2021 | *Reducing NICU Length of Stay in Alberta: Scale and Spread of Alberta* *Family Integrated Care (FICare).*  PI: **Benzies, K**.; Co-Is McNeil, D., Bichel, A.  Alberta Health Services, Health Innovation Implementation and Spread Fund | $750,000 |
| 2017-2020 | *Family Integrated Care (FICare) for Medically Fragile Infants on Paediatric Inpatient Units: a Feasibility and Modified Pilot Study.*  PI: **Benzies, K.;** Co-Is: Barnard, C., MacKay, L., Shah, V  Alberta Children’s Hospital Research Institute - ARC Research Award in Family Centered Care | $225,000 |
| 2017-2020 | *Family Research Agenda Initiative SEtting (FRAISE) Project.*  PI: **Benzies, K.**; Co-Is: Bright, K., Brockway, M., Ginn, C., Keys, E., Kingston, D., Tomfohr-Madsen, L.  Alberta Children’s Hospital Research Institute – Allied Health Award | $60,000 |
| 2017-2019 | *Developing Nursing Expertise: Application of the Quiet Eye to Nursing Education*.  PI:Parker, S.; Co-Is: **Benzies, K**., Caird, J.  University of Calgary - Taylor Institute Teaching and Learning Grant | $36,660 |
| 2017-2018 | *Family Research Agenda Initiative SEtting (FRAISE) Project.*  PI: **Benzies, K.**; Co-Is: Bright, K., Brockway, M., Ginn, C., Keys, E., Kingston, D., Tomfohr-Madsen, L.  Alberta Innovates – Community Engagement and Conference Grant | $10,000 |
| 2017-2018 | *Using Community Engagement to Define Health Research Priorities in Maternal-Child and Family Health for the Community Setting.*  PI: **Benzies, K.;** Co-Is: Bright, K., Brockway, M., Ginn, C., Keys, E., Kingston, D., Tomfohr, L.  Alberta Innovates | $10,000 |
| 2016-2020 | *Parent-child interactions, child developmental health, and health system costs at 6 months corrected age: Effectiveness of a cluster randomized controlled trial of Family Integrated Care in Level II NICUs.*  PI: **Benzies, K.;** Co-Is: Aziz, K., Lodha, A., Shah, V.  Alberta Children’s Hospital Research Institute-Husky Oil Chair matching funds for Canadian Institutes of Health Research Grant | $100,000 |
| 2016-2018 | *Child Developmental Health, Maternal Psychosocial Distress, And Health Costs At 18 Months Corrected Age: Effectiveness Of A Cluster Randomized Controlled Trial of Family Integrated Care (FICare) in Level II NICUs.*  PI: **Benzies, K.;** Co-Is: Asztalos, E., Aziz, L., Hicks, M., Isaranuwatchai, W., Lodha, A., McNeil, D., Mrklas, K., Palacios-Derflingher, L., Shah, V.  Canadian Institutes of Health Research - Preterm Birth Initiative | $199,812 |
| 2015-2018 | *Prediction and Understanding of Resilience in Alberta Families.*  PI: Kingston, D.; Co-PIs: Arnold, P., Greenshaw, A., McDonald, S., Tough, S.; Co-Is: Austin, M-P., **Benzies, K**., Brown, S., Chuck, A., Cui, X., deKoning, J., Dursun, S., Gartland, D., Giallo, R., Graham, S., Greiner, R., King, S., Kovalchuk, I., Lebel, C., MacMaster, F., Marsh, R., McDermott, B., Metz, G., Postovit, L-M., Pryce, C., Slater, D., Sproule, J., Wynne-Edwards, K.  Alberta Innovates- Health Solutions, Collaborative Research and Innovation Opportunities | $1,892,559 |
| 2015-2018 | *Family Integrated Care in Level II NICUs: An Innovative Program for Alberta.*  PI: Lodha, A.; Co-PIs: Aziz, K., **Benzies, K.,** Shah, V.; Co-Is: Aikerman, A., Amin, H., Chari, R., Hoch, J., Isaranuwatchai, W., Larocque, J., Mrklas, K., Naugler, C., Palacios-Derflingher, L., Phillipos, E., Scotland, J., Soraisham, A., Staub, K., Stelfox, T., Suter, E., Walker-Kendall, S.  Alberta Innovates Health Solutions, Partnership for Research and Innovation in the Health System | $750,000 |
| 2015-2018 | *A Longitudinal Evaluation of an Innovative, Community-Based Multiple Intervention of Cups One World Child Development Centre: Effects on Health and Developmental Outcomes at Age 15 Following a Two-Generation Preschool Program for Vulnerable Children and Their Families*.  PI: **Benzies, K.;** Co-Is: Ginn, C., Mughal, M.K.  Max Bell Foundation | $26,811 |
| 2015-2016 | *Developing a Pregnancy-Specific Anxiety Assessment Tool: a One-Day Planning Event*.  Co-PIs: Bayrampour, H, Cook, J., Tough, S.; Co-Is: **Benzies, K**., MacQueen, G., McNeil, D. | $9,934 |
| 2014-2021 | *Alberta Birth Common Dataset (ABCD): Revealing the Origins of Child Development.*  Co-PIs: Letourneau, N., Tough, S.; Co-Is: **Benzies, K.,** Dewey, D., Giesbrecht, G.  Alberta Children’s Hospital Foundation | $1.9 million |
| 2014-2015 | *Welcome to Parenthood*.  PI: **Benzies, K.;** Co-Is: Barker, L., Carlton, P., Collyer, S.  Alberta Family Wellness Initiative  and  UpStart: United Way of Calgary and Area | $14,971  and  $15,563 |
| 2013-2017 | *PAX and Triple P Randomized Control Trial.*  PIs: Embry, D., Prinz, R., Tough, S.; Co-Is: **Benzies, K.,** Hoglund, W., Kingston, D., Rinaldi, C., Wiebe, S.  Alberta Centre for Child, Family, and Community Research and  Alberta Health Services | $2.65 million |
| 2013-2017 | *Calgary Urban Project Society (CUPS) Prenatal to Three Program Evaluation Project.*  PI: **Benzies, K.;** Co-Is: Pruett, K., Pruett, M.  Max Bell Foundation | $200,000 |
| 2013-2014 | *Action Team on Triadic Attachment and Child Health (ATTACH).*  PI: Letourneau, N.; Co-Is: **Benzies, K.,** Donnelly, C., Ewashen, C., Giesbrecht, G., Hayne, Y., Kline-Pruett, M., MacQueen, G., Pruett, K.  University of Calgary - Bridge Fund  and  Alberta Centre for Child and Family Health Research  and  Norlien Foundation | $25,000  and  $29,737  and  $15,000 |
| 2012-2015 | *Conceptualization of Antenatal Anxiety: A Synthesis Review and Meta-Analysis.*  Co-PIs: Bayrampour, H., Tough, S.; Co-Is: **Benzies, K**., MacQueen, G.,  McNeil, D. | $39,072 |

***Peer Reviewed Publications* (\*denotes trainee)**

**e-Pub Ahead of Print**

1. \*Brockway, M., **Benzies**, K. M., Carr, E., & Aziz, K. (2020, April 22). Does breastfeeding self-efficacy theory apply to mothers of moderate and late preterm infants? A qualitative exploration. *Journal of Clinical Nursing*. doi: 10.1111/jocn.15304
2. \*MacKay, L. J., **Benzies**, K. M., Barnard, C., & Hayden, K. A. (2019, July 25). A scoping review of parental experiences caring for their hospitalized medically fragile infants. *Acta Paediatrica*. [doi: org.ezproxy.lib.ucalgary.ca/10.1111/apa.14950](https://doi-org.ezproxy.lib.ucalgary.ca/10.1111/apa.14950)
3. Mughal, M. K., Giallo, R., Arnold, P., Kehler, H., Bright, K., **Benzies**, K., Wajid, A.,  & Kingston, D. (2019, December 27).Trajectories of maternal distress and risk of child developmental delays: Findings from the All Our Families (AOF) Pregnancy Cohort. *Journal of Affective Disorders, 248,* 1-12*.* [doi.org/10.1016/j.jad.2018.12.132](https://doi.org/10.1016/j.jad.2018.12.132)

**Published**

1. \*Anis, L., Letourneau, N., **Benzies**, Ewashen, C., & Hart, M. (2020). The effect of the Attachment & Child Health (ATTACH) parent training program on parent-child interaction quality and child development. *Canadian Journal of Nursing Research, 52*(2), 157-168. doi.org/10.1177/0844562119899004.
2. \*Ali, E., Letourneau, N., **Benzies**, K., Ntanda, H., Dewey, D., Campbell, T., & Giesbrecht, G. (2020). Maternal prenatal anxiety and child externalizing and internalizing behavioral problems: The moderating roles of maternal-child attachment security and child sex. *Canadian Journal of Nursing Research, 52*(2), 88-99*.* doi.org/10.1177/0844562119894184
3. \*Bright, K., Ginn, C., \*Keys, E., \*Brockway, M., Tomfohr-Madsen, L., Doane, S., & **Benzies**, K. (2020). Determining research priorities using a modified priority-setting approach and principles of participatory action research (PAR). *SAGE Research Methods Cases Medicine and Health*. [doi.org/10.1016/j.jad.2018.12.132](https://doi.org/10.1016/j.jad.2018.12.132)
4. \*Mackay, L. J., **Benzies**, K. M., Barnard, C., & Raffin Bouchal, S. (2020). Health care professionals’ experiences of providing care to hospitalized Medically Fragile Infants and their parents. *Journal of Pediatric Nursing, 53,* 14-21*.* doi.org/10.1016/j.pedn.2020.04.016
5. Ginn, C., Mughal, K., Kline Pruett, M., Pruett, K., Perry, R. L., & **Benzies**, K. M. (2020). Engaging from both sides: Facilitating a Canadian two-generation prenatal to three (P to 3) program for families experiencing vulnerability. *Canadian Journal of Nursing Research, 52*(2), 117-128*.* doi.org/10.1177/0844562120905710.
6. Ginn, C., & **Benzies**, K. (2020). Struggling with reciprocity and compassion: Mentoring pregnant and parenting mothers experiencing vulnerability. *Qualitative Health Research, 30*(4) 504–517. doi.org/10.1177/1049732319855961
7. \*Lewis, R. A., **Benzies**, K. M., MacRae, J., Thomas, C., & Tonelli, M. (2020). An exploratory study of person-centered care in a large urban hemodialysis program in Canada using a qualitative case study methodology. *Canadian Journal of Kidney Health and Disease, 6*, 1-5. doi.org/10.1177/2054358119871539
8. \*Ginn, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2019). A theoretical framework for mixed methods research with Canadian families living with low income. *International Journal of Multiple Research Approaches, 11*(3), 255-276*.* doi: 10.29034/ijmra.v11n3a2
9. \*Keys, E. M., Norris, J. M., Cameron, E., Bright, K. S., Tomfohr-Madsen, L. M., & **Benzies**, K. M. (2019). Recruitment and retention of fathers with young children in early childhood intervention research: A systematic review and meta-analysis protocol. *Systematic Reviews, 8,* 300*.* doi.org/10.1186/s13643-019-1215-1
10. \*Brockway, M., **Benzies**, K., Carr, E., & Aziz, K. (2019). Breastfeeding self-efficacy and breastmilk feeding for moderate and late preterm infants in the Family Integrated Care trial: A mixed methods protocol. *International Breastfeeding Journal*, 13, 29. doi.org/10.1186/s13006-018-0168-7
11. **Benzies**, K. M., Horn, S., Barker, L. A., Johnston, J. C., Berci, D., & Kurilova, J. (2019). Enhanced information package given at birth: Effects on early parenting experiences and use of educational resources and community services at age 3 months. *Maternal and Child Health Journal, 23*(3), 377-385*.* doi: 10.1007/s10995-018-2670-3
12. **Benzies**, K., Shah, V., Aziz, K., Lodha, A., & Misfeldt, R. (2019). The health care system is making ‘too much noise’ to provide family-centred care in neonatal intensive care units: Perspectives of health care providers and hospital administrators. *Intensive and Critical Care Nursing, 60,* 44-53. doi.org/10.1016/j.iccn.2018.05.001
13. McDonald, S., Madigan, S., Racine, N., **Benzies**, K., Tomfohr, L., & Tough, S. (2019). Maternal adverse childhood experiences, mental health, and child behavior at age 3: The All Our Families community cohort study. *Preventive Medicine, 118,* 286-294*.* doi.org/10.1016/j.ypmed.2018.11.013
14. **Benzies**, K. M., \*Yates, M. T., Patel, A. B., Afzal, A., Kurilova, J., & McNeil, D. A., (2018). Association between obesity in 4- to 7-year-old children and eight types of crime: A hierarchical linear modeling approach. *Obesity Science and Practice, 5*(2), 159-167. doi/full/10.1002/osp4.322
15. \*Bright, K., Ginn, C. S., Keys, E., Brockway, M., Tomfohr-Madsen, L., Doane, S., & **Benzies**, K. M. (2018). Study protocol: Determining research priorities of young Albertan families (The Family Research Agenda Initiative Setting Project - FRAISE*)* – Participatory action research. *Frontiers in Public Health, 6*, 228. [doi.org/10.3389/fpubh.2018.00228](https://doi.org/10.3389/fpubh.2018.00228)
16. Lasiuk, G., Penner, J., **Benzies,** K**.**, Jubinville, J., Hegadoren, K., & van Manen, M. (2018). Evaluation of a storybook resource for parents in the neonatal intensive care unit. *Journal of Perinatal Education, 27*(4), 220-232. doi: 10.1891/1058-1243.27.4.220
17. \*Keys, E., & **Benzies**, K. M. (2018). A proposed nursing theory: Infant sleep and development. *Nursing Science Quarterly, 31*(3), 279-286*.* doi-org.ezproxy.lib.ucalgary.ca/10.1177/0894318418774947
18. \*Dewell, S., Slater, D., **Benzies**, K., McDonald, S., & Tough, S. (2018). Relationship between psychosocial distress in pregnancy and two genes associated with human social interaction: A pilot study. *SAGE Open Nursing, 4*. doi: 10.1177/2377960818765272
19. \*Keys, E., **Benzies**, K. M., Kirk, V., & Duffet-Leger, L. (2018). Using play to improve infant sleep: A mixed methods protocol to evaluate the effectiveness of the Play2Sleep intervention. *Frontiers in Psychiatry - Sleep and Chronobiology, 9*, 109. doi.org/10.3389/fpsyt.2018.00109
20. Ginn, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2018). Stepping stones to resiliency following a community-based two-generation preschool program. *Health and Social Care in the Community, 26*(3), 364-373*.* doi: 10.1111/hsc.12522
21. Keys, E., **Benzies**, K. M., Kirk, V., & Duffett-Leger, L. (2018). Using play to improve infant sleep: A mixed methods protocol to evaluate the effectiveness of the Play2Sleep intervention. *Frontiers in Psychiatry - Sleep and Chronobiology, 9*, 109. doi.org/10.3389/fpsyt.2018.00109
22. Kingston, D., Kehler, H., Austin, M.-P., \*Mughal, M. K., \*Wajid, A., Vermeyden, L., **Benzies**, K., Brown, S., Stuart, S., & Giallo, R. (2018). Trajectories of maternal depressive symptoms during pregnancy and the first 12 months postpartum and child externalizing and internalizing behavior at three years. *PLOS ONE, 13*(4), *e0195365*. [doi.org/10.1371/journal.pone.0195365](https://doi.org/10.1371/journal.pone.0195365)
23. Mughal, M. K., Giallo, R., Arnold, P., **Benzies**, K., Kehler, H., \*Bright, K., & Kingston, D. (2018). Trajectories of maternal stress and anxiety from pregnancy to 3 years and child development at 3 years of age: Findings from the All Our Families (AOF) pregnancy cohort. *Journal of Affective Disorders*, 234, 318-326. doi.org/10.1016/j.jad.2018.02.095
24. **Benzies**, K. M., Shah, V., Aziz, K., Isaranuwatchai, W., Palacio-Derflingher, L., Scotland, J., Larocque, J., Mrklas, K., Suter, E., Naugler, C., Stelfox, H. T., Chari, R., Lodha, A., & the Alberta FICare Level II NICU Study Team. (2017). Family Integrated Care (FICare) in level II neonatal intensive care units: Protocol of a pragmatic, cluster randomized controlled trial of clinical effectiveness and cost of integrating families into the care of moderate and late preterm infants. *Trials, 18,* 467*.* doi: 10.1186/s13063-017-2181-3
25. \*Ginn, C., Mughal, M. K., \*Syed, H., \*Storteboom, A. R., & **Benzies**, K. (2017). Sustaining engagement in longitudinal research with vulnerable families: A mixed-methods study of attrition. *Journal of Family Nursing, 23*(4), 488-515. doi: 10.1177/1074840717738224
26. \*Bayrampour, H., McNeil, D., **Benzies**, K., Salmon, C., Gelb, K., & Tough, S. (2017). A qualitative inquiry on pregnant women's preferences for mental health screening. *BMC Pregnancy and Childbirth, 17,* 339. doi: 10.1186/s12884-017-1512-4
27. \*Mughal, M. K., \*Ginn, C., Magill-Evans, J., & **Benzies**, K. M. (2017). Parenting stress and development of late preterm infants at 4 months corrected age. *Research in Nursing and Health, 40*(2).doi-org.ezproxy.lib.ucalgary.ca/10.1002/nur.21809
28. Pazderka, H., Prinz, R. J., Heidebrecht, T., Wiebe, S., Wiebe, S., **Benzies**, K., Hosan, N., Hoglund, W., Rinaldi, C., Easton, D., Preston, T., Tough, S., & Embry, D. D. (2017). Testing the PAX Good Behavior Game with and without school-based parenting support: Study description and practical challenges.  *International Journal of Mental Health Promotion, 19*(4), 173-188. doi.org/10.1080/14623730.2017.1347515
29. \*Brockway, M., **Benzies**, K., & Hayden, A. (2017). Interventions to improve breastfeeding self-efficacy and resultant breastfeeding rates: A systematic review and meta-analysis. *Journal of Human Lactation*, *33*(3), 486-499. doi.org/10.1177/0890334417707957
30. **\***Nowell, L**.**, White, D.E., **Benzies**, K., & Rosenau, P. (2017) Exploring mentorship programs and components in nursing academia: A qualitative study. *Journal of Nursing Education and Practice, 7*(9), 42-53. doi.org/10.5430/jnep.v7n9p42
31. **\***Nowell, L., White, D.E., **Benzies**, K., & Rosenau, P. (2017) Factors that impact implementation of mentorship programs in nursing academia: A sequential-explanatory mixed methods study. *Journal of Nursing Education and Practice, 7*(10), 1-11. doi.org/10.5430/jnep.v7n10p1
32. \*Parker, S., **Benzies**, K., Hayden, K. A., & Lang, E. S. (2017). Effectiveness of interventions for adult peripheral intravenous catheterization: A systematic review and meta-analysis of randomized controlled trials. *International Emergency Nursing Journal, 31, 15-21.* doi: 10.1016/j.ienj.2016.05.004
33. Tough, S.C., McDonald, S. W., Collisson, B. A., Graham, S.A., Kehler, H., Kingston, D., & **Benzies**, K. (*2017*). Cohort Profile: The All Our Babies pregnancy cohort (AOB). *International Journal of Epidemiology,* 46(5), 1389-1390k*.* doi*:* 10.1093/ije/dyw363
34. **Benzies**, K. M., Magill-Evans, J., \*Ballantyne, M., & Kurilova, J. (2017). Longitudinal patterns of early development in Canadian late preterm infants: A prospective cohort study. *Journal of Child Health Care, 21*(1), 85-93. doi: 10.1177/1367493516689167
35. \*Parker, S., **Benzies**, K., & Hayden, K. A. (2016). A systematic review: Effectiveness of pediatric peripheral intravenous catheterization strategies. *Journal of Advanced Nursing, 73*(7), 1570-1582. First published online November 16, 2016. doi: 10.1111/jan.13211
36. **Benzies**, K., Barker, L., Churchill, J., \*Horn, S., & \*Smith, J. (2016). UpStart Parent Survey-Prenatal Version: A reliable and valid measure for prenatal education programs. *Public Health Nursing, 33*(5), 440-448.doi: 10.1111/phn.12269
37. \*Bayrampour, H. \*Ali, E., McNeil, D.A., **Benzies**, K., MacQueen, G., & Tough, S. (2016) Pregnancy-related anxiety: A concept analysis. *International Journal of Nursing Studies, 55,* 115-130. doi: 10.1016/j.ijnurstu.2015.10.023
38. \*Robinson, A., **Benzies**, K., Cairns, S., Fung, T., & Tough, S. (2016). Who is distressed? A Comparison of psychosocial stress in pregnancy across seven ethnicities? *BMC Pregnancy and Childbirth, 16*, 21: 10.1186/s12884-016-1015-8. URL: http://www.biomedcentral.com/1471-2393/16/215
39. \*Mughal, M. K., \*Ginn, C., & **Benzies**, K. (2016). Longitudinal Effects of a two-generation preschool program on receptive language skill in low-income Canadian children to age 10 years. August. *Child: Health, Care and Development*, *186*(8), 1316-1326. doi: 10.1080/03004430.2015.1092141
40. \*Montgomery, L., **Benzies**, K., & Barnard, C. (2016). Effects of an educational workshop on pediatric nurses’ attitudes and beliefs about family-centered rounds. *Journal of Pediatric Nursing, 31*(2), e73-e82. doi: 10.1016/j.pedn.2015.10.008
41. **Benzies**, K. (2016). Relational communications strategies to support family centered neonatal intensive care. *Journal of Perinatal and Neonatal Nursing, 30*(3), 233-236*.* doi: 10.1097/JPN.0000000000000195*.*
42. \*Ballantyne, **Benzies**, K., McDonald, S., Magill-Evans, J., & Tough, S. (2016). Risk of developmental delay: Comparison of late preterm and full term Canadian infants at age 12 months. *Early Human Development, 101, 27-33.* doi: 10.1016/j.earlhumdev.2016.04.004
43. \*Ballantyne, M., **Benzies**, K., Rosenbaum, P., & Lodha, A. (2015). Mothers’ and health care providers’ perspectives of the barriers and facilitators to attendance at Canadian neonatal follow-up programs. *Child: Health, Care and Development, 41*(5), 722-733*.* doi: 10.0000/cch.12202.
44. **Benzies**, K., \*Mychasiuk, R. M., & Tough, S. C. (2015). What patterns of postpartum psychological distress are associated with maternal concerns about their children’s emotional and behavioural problems at age 3 years? *Early Childhood Development and Care, 185*(1), 1-16. doi: 10.1080/03004430.2014.
45. **Benzies**, K., & Magill-Evans, J. (2015). Through the eyes of a new dad: The experiences of first-time fathers of late preterm infants. *Infant Mental Health Journal, 36*(1), 78-87. doi: 10.1002/imhj.21489.

**Presentations, Invited**

1. Pexman, P., Bharwani, A., **Benzies**, K. M. (2020, February 3). *Advancing social prosperity panel.* Rozsa Centre, University of Calgary, Calgary, AB.
2. \*Brockway, M., **Benzies**, K. M., Carr, E. & Aziz, K. (2020, February 8 - 9). *Exploring breastfeeding self-efficacy theory in mothers of moderate and late preterm infants.* National FICare Conference, Calgary, AB.
3. **Benzies**, K. M. for the Alberta FICare Team. (2020, February 8-9). *Effectiveness of Alberta FICare™ in Level II NICUs on infant and maternal outcomes.* National FICare Conference, Calgary, AB.
4. \*Wilson, J. for the Alberta FICare Team. . (2020, February 8 - 9). *Differences in indirect cost between families receiving Alberta FICare©™and standard care in Level II NICUs*. National FICare Conference, Calgary, AB.
5. Zanoni, P, \*Scime, N., McNeil, D., & **Benzies**, K. (2020, February 8 - 9). *Evaluating implementation of Alberta FICare™ in Level II NICUs using the Consolidated Framework for Implementation Research*. National FICare Conference, Calgary, AB.
6. \*Shafey, A., Shah, V., **Benzies**, K., Amin, R., & Stelfox, H. T. (2020, February 9 - 10). *The experiences of fathers in a Family Integrated Care (FICare) program.* National FICare Conference, Calgary, AB.
7. **Benzies**, K. M. (2020, January 28).*Social innovation in maternal mental health: The Welcome to Parenthood Project*. 4th Annual Graduate Student Research Symposium: Peer Beyond 2020. Calgary, AB.
8. **Benzies**, K. M. for the Alberta FICare Team. (2020, January 23). *Effects of Alberta Family Integrated Care (FICare) on outcomes for moderate and late preterm infants and their mothers: A provincial, pragmatic cluster randomized controlled trial*. Child Health Research Rounds, Calgary, AB.
9. **Benzies**, K. M. for the Alberta FICare Team. (2019, September 23). *Effect of Alberta Family Integrated Care in Level II neonatal intensive care units on maternal and preterm infant mental health at 2 months corrected age*. Alberta Association for Infant Mental Health, Seminar and Annual General Meeting, Calgary, AB.
10. **Benzies**, K. M. (2019, May 29). *Reducing the risk of postnatal depression and improving infant development: From social innovation to commercialization of Welcome to Parenthood©.* Discovery and Care Innovation for Children, Child Health Research Symposium 2019, Calgary, AB.
11. **Benzies**, K.M. for the Alberta FICare Team. (2018, November 1 - 2). *Family Integrated Care (FICare) in Alberta Level II NICUs: Enhancing practice; improving outcomes.* [Oral presentation]. Research and Practice: Inspiring Innovation in Maternal Care Together, Maternal & Newborn Conference, Calgary, AB.
12. **Benzies**, K. M. for the Alberta FICare Team. (2018, September 9). *Maximizing Family Integrated Care (FICare) to improve outcomes in Alberta Level II NICUs.* Family Integrated Care Conference, Sydney, AUS.
13. Benzies, K. M. for the Alberta FICare Team. (2018, September 7). A cluster randomized controlled *trial (cRCT) of Family Integrated Care (FICare) in Level II NICUs: The Alberta saga.* NeoPaed Conference, Sydney, AUS.
14. **Benzies**, K. M. (2018, May 5). *Six degrees of connection in nursing.* University of Calgary, Faculty of Nursing, Alumni Luncheon, Calgary, AB.
15. **Benzies**, K. M. and the FICare Team. (2018, April 20). *Family Integrated Care (FICare) in NICUs: Two levels; two models.* Neonatal Care: It Takes a Village, Canadian Association of Neonatal Nurses Conference, Calgary, AB.
16. **Benzies**, K. M., & Loewen, M. (2017, November 23). *Welcome to Parenthood Alberta: Combining neuroscience and mentorship to improve maternal mental health*. Food for Thought: The Faculty of Nursing Breakfast Series, Calgary, AB.
17. **Benzies**, K. (2017, November 18). *Early brain development: Its effects on life-long learning and health*. Apple Talks, Your Brain Our Guide. St. Anthony Centre, Edmonton, AB.
18. \*Brockway, M., **Benzies**, K., & Hayden, K. A. (October, 2017). *Interventions to improve breastfeeding self-efficacy and resultant breastfeeding rates: A systematic review and meta-analysis.* International Lactation Consultants Association. Webinar.
19. **Benzies**, K. (2017, March 14). *Unravelling the journey to Family Integrated Care in Alberta*. NICU Continuing Medical Education (CME) Day at Grand Opening of Peter Lougheed Centre NICU, Calgary, AB.
20. **Benzies**, K. (2016, March 7). *Alberta’s Early Childhood Development Policy Landscape: Situating your Research Program.* Developmental Neurosciences Grand Rounds, Alberta Children’s Hospital, Calgary, AB.
21. **Benzies**, K. (2015, July 8). *From understanding to impact: Building a shared understanding of the early childhood development landscape and informing collective action in Alberta*. Panel presentation with Peter Holland, Senior Education Specialist, World Bank. First 2000 Days Conference, Calgary AB.
22. **Benzies**, K., & Lodha, A. (2015, May 21). *Family Integrated Care (FICare) in Level II NICUs: An innovative program for Alberta.* Presentation to the Neonatal Research Committee, Alberta Health Services, Calgary, AB.
23. **Benzies**, K., & Magill-Evans. J. (2015, May 8). *Rethinking stress in mothers and fathers of preterm infants.* Alberta Neonatal Nurses Association, Semi-Annual Workshop, Calgary, AB.
24. **Benzies**, K. (2015, May 1). *Alberta’s early childhood development policy landscape*. Presentation to the Complex Pediatric Therapies Program (CPTP) 19th Year of Presentations and Meetings [via videoconference to pediatric centres across Western Canada], Calgary, AB.
25. **Benzies**, K. (2015, April 1). *Early years community of learning and practice: Alberta’s ECD policy landscape*. Presentation to First 2000 Days [via webinar], United Way of Calgary and Area, Calgary, AB.
26. **Benzies**, K., & Bhatia, D. (2015, April 22). *Mobilizing knowledge of early brain and biological development.* Presentation to the Calgary Division Executive Team, Alberta Human Services, Government of Alberta, Calgary, AB.
27. **Benzies**, K., & Lodha, A. (2015, April 21). *Navigating AIHS/AHS PRIHS grants: FICare*. Alberta Children’s Hospital Research Institute, Healthy Outcomes Theme Rounds, Calgary, AB.
28. **Benzies**, K. (2015, January 15). *The core story of the brain.* Nurturing Health Families, Apple Talks, Fish Creek Public Library, Calgary, AB.

**Presentations, Refereed**

1. Ringham, C., McNeil, D. & **Benzies**, K., (2020, June 1-2). *Innovative models of care in the NICU: Mapping the scale and spread of Alberta Family Integrated Care (Alberta FICareTM*). Neonatal Nursing: What’s on the Horizon. Canadian Association of Neonatal Nurses National Conference. Halifax, NS.
2. Keys, E., Kirk, V., Duffett- Leger, L., & **Benzies**, K. (2020, June 21 – 25). *Parental experiences and perceptions of infant sleep difficulties: Considerations for parenting interventions.* International Society of the Study of Behavioural Development 2020, Island of Rhodes, Greece.
3. Ringham, C., **Benzies**, K., & McNeil, D. (2020, May 26 – 29). *Mapping institutional processes to facilitate scale and spread of Alberta Family Integrated Care (Alberta FICare)****.***  Advancing Health Equity: Identifying Barriers and Solutions, Canadian Association for Health Services and Policy Research (CAJSPR) Annual Conference 2020, Saskatoon, SK.
4. Shafey, A., **Benzies**, K.; Amin, R., Stelfox, H.T., & Shah, V. (2020, April 29 – May 6).*iThe Experiences of Fathers in a Family Integrated Care (FICare) Program*. Pediatric Academic Society, Philadelphia, PA.
5. Dewell, S., **Benzies**, K., & Ginn, C. (2020, April 20 - 29). *Reinvigorating nursing and genomics in Canada.* Inaugural Conference Nursing, Genomics, and Healthcare, Wellcome Genome Campus, Hinxton, Cambridgeshire, UK.
6. Gosia, M., & **Benzies**, K. (2019, December 12- 13). *Grandmothers are great, and sisters and even better: Vital importance of informal social support for the mental health of first-time mothers*. Poster presentation at the Alberta Children’s Hospital Research Institute Retreat, Banff, Alberta.
7. Brockway, M., **Benzies**, K. M., Care, E., & Aziz, K. (2020, February 12 – 15). *The application of breastfeeding self-efficacy theory applied to mothers of moderate and late preterm infants: A qualitative exploration.* Presentation at the 7th Canadian National Perinatal Research Meeting, Banff, AB.
8. **Benzies**, K.M., Aziz, K., Shah, B., Lodha, A. & the Alberta FICare Study Team. (2020, February 12 – 15). *Effectiveness of Alberta Family Integrated Care (FICare)©™ in Level II Neonatal Intensive Care Units on infant and maternal outcomes: a provincial, pragmatic, cluster randomized controlled trial.* Presentation at the 7th Canadian National Perinatal Research Meeting (CNPRM) in Banff, AB.
9. Keys, E.\*, **Benzies**, K., Kirk, V., & Duffett-Leger, L. (2019, September 25). *Effectiveness of Play2Sleep with mothers and fathers of infants aged 5 months: A mixed methods study examining the effect of an intervention designed to improve parent-child interaction on infant sleep (A-1055-0001-00855)* Conference proceedings and oral presentation at the World Sleep Congress 2019 in Vancouver, BC.
10. Dewell, S., **Benzies**, K., Ginn, C., Seneviratne, C., & Goldsworthy, S. (2019, November 8-10). *Genomic knowledge for nurses: A mixed methods study or literacy and perceptions.* Poster presentation at the 2019 ISONG Congress: Transforming Health through Genomic Nursing, San Antonio, TX.
11. Dewell, S., Ginn, C., & **Benzies**, K. (2019, November 8-10). *Creation of an online educational hub for genomic nursing education, practice, and research.* Poster presentation at the 2019 ISONG Congress: Transforming Health through Genomic Nursing, San Antonio, TX.
12. Ringham, C., Zanoni, P., McNeil, D., & **Benzies**, K. (2019, November 8-10). *Family Integrated Care (FICare) in Level II NICUs: A critical discourse analysis of parent journals.* Oral presentation at the 9th CAPWHN National Conference in Vancouver, BC.
13. Wilson, J., **Benzies**, K. M. & the Alberta FICare Team. (2019, November 8-10). *Differences in Indirect Cost Between Families Receiving Family Integrated Care (FICare) and Standard Care in Level II NICUs.*Oral presentation at the 9th CAPWHN National Conference in Vancouver, BC.
14. Ginn, C., Brockway, M., Keys, E., Bright, K., Tomfohr-Madsen, L., & **Benzies**, K. (2019, October 8). *Welcome to the FRAISE Project!* Oral presentation at the Vanier Families in Canada Conference, University of Calgary Satellite Event, Markin MacPhail Centre, Winsport, Calgary, AB. https://familiesincanada.ca/calgary/
15. Ali, E., Norris, J. M., **Benzies**, K. Giesbrecht, G., & Letourneau, N. (2019, July 18-20). *Parent-Child Attachment: Principle-Based Concept Analysis.* Presentation at International Attachment Conference, Science and Practice Over the Lifespan, Vancouver, Canada.
16. Perry, R., Dolinar, R.-M., Ginn, C., **Benzies**, K., & Donnelly, C. (2019, May 9). *Assessing Paths to Self-Sufficiency: CUPS Calgary Resiliency Matrix.* Presentation at the Adverse Childhood Experiences Summit 2019, Vancouver, BC.
17. Dewell, S., Ginn, C., **Benzies**, K., Goldsworthy, S., & Seneviratne, C. (2019, February 20) *Genetic and genomic knowledge for nurses: Exploring literacy and perceptions among undergraduate nursing students and faculty*. Oral presentation at the 2019 Western North-western Region Canadian Association of Schools of Nursing (WNRCASN) Annual Conference, Edmonton, Alberta
18. Dewell, S., Ginn, C., **Benzies**, K., & Seneviratne, C. (2019, April 30 – May 1) *Proposing innovative curriculum change: Insights from student focus groups.* Electronic poster presentation at the 2019 Conference on Postsecondary Learning and Teaching: Exploring Experiential Learning, University of Calgary, Calgary, Alberta.
19. Brockway, M. L., **Benzies**, K. M., Kurilova, J., & Zanoni, P. (2019, July 24-27). *Breastfeeding self-efficacy and breastmilk feeding outcomes for moderate and late preterm infants enrolled in the Family Integrated Care (FICare) cluster randomized controlled trial.* Presentation at the International Lactation Consultant Associate Annual Meeting, Atlanta, GA.
20. Ringham, C., Zanoni, P., McNeil, D., & **Benzies**, K. (2019, May 5-8). *Family Integrated Care (FICare) in Level II NICUs: A critical discourse analysis of parent journals.* Poster presentation at Enriched Family-Enhanced Care, 2019 Council of International Neonatal Nurses Conference, Auckland, NZ.
21. Hunter, A., Dayment, S., Yuen, C., & **Benzies**, K. (2018, April).  *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Oral session presented at the Excellence in Pediatric Innovative Care Conference, Calgary, Alberta
22. Hunter, A., Dayment, S., Yuen, C., Jensen, K., Afzal, A.R., & **Benzies**, K. (2018, May).  *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Oral and poster session presented at the Research Challenge Cohort, Red Deer, Alberta.
23. Hunter, A., Dayment, S., Yuen, C., Jensen, K., Afzal, A.R., & **Benzies**, K. (2018, September). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Poster session presented at the Association of Vascular Access Annual Scientific Meeting, Columbus, Ohio.
24. Hunter, A., Dayment, S., Yuen, C., Jensen, K., Afzal, A.R., & **Benzies**, K. (2018, October). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions.* Poster session presented at the Canadian Association of Paediatric Health Centres Annual Conference, Edmonton, Alberta.
25. Hunter, A., Dayment, S., Yuen, C., & **Benzies**, K. (2018, November). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions.* Oral session presented at the Oncology Research Day, Calgary, Alberta.
26. \*Lewis, R. A., **Benzies**, K., & Tonelli, M. (2018, October 25). *A case study of the barriers to the practice of Person-Centred Care within the context of hemodialysis services*. Poster Abstract 701. Kidney Week, American Society of Nephrology, San Diego, CA.
27. \*Dien, R., \*Ringham, C., \*Brockway, M., & **Benzies**, K. (2018, August 22). *Breastfeeding rates in preterm infants admitted to a Level II neonatal intensive care unit (NICU): A descriptive study*. Presentation at Alberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
28. \*Tram, S., **Benzies**, K., Ginn, C., & Perry, R. (2018, August 22). *How a demographic review will contribute to the development of a consent form in a non-profit community-based organization.* Presentation atAlberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
29. \*Ling, S., Zanoni, P., Kurilova, J., Smith, J., & **Benzies**, K. (2018, August 22). *Childhood adversities and depressive symptoms among mothers in the Welcome to Parenthood (W2P) program: A comparison of samples from the general and vulnerable populations*. Presentation at Presentation at Alberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
30. \*Bharadia, S., **Benzies**, K., Kurilova, J., Lesack, A., Zanoni, P., Lodha, A., & the FICare Alberta Research Team. (2018, August 13). *You’re trained for a job – Why not parenthood? Parent education and support for families participating in Family Integrated Care (FICare)*. Presentation at HYRS Student Summer Research Program, Research Day, Calgary, AB.
31. Aziz, K., **Benzies**, K., Suter, E., Mrklas, K., Shah, V., Lodha, A., & Misfeldt, R. (2018, May 5-8). *The health care system is making “too much noise” to provide family-centred care (FCC): Health care providers’ perspectives.* Poster # 57 presented at the Pediatric Academic Societies (PAS), Toronto, ON.
32. **Benzies**, K., (2018, June 7-9). *Baby boxes may not prevent sleep-related infant death: A collective case study of socially vulnerable families.* Paper presentated at the International Conference on Stillbirth, SIDS and Baby Survival 2018, Glasgow, UK.
33. \*Ali, E., Letourneau, N., **Benzies**, K., & Giesbrecht, G. (2018, April 27). *Prenatal anxiety and children's behavioral problems: The moderating roles of maternal-child attachment and child's sex.* Poster session presented at the University of Calgary. Women’s Mental Health Day Conference, Calgary, AB.
34. \*Keys, E. M., \*Best, I. C. & **Benzies**, K.M. (2018, May 14 – 16). *Parent-reported services, resources, and strategies to manage infant sleep difficulties at 5-months of age.* Poster session presented at the Alberta Strategy for Patient Oriented Research (SPOR) Support Unit Summer Institute, Calgary, AB.
35. **Benzies**, K., Loewen, M. & the Welcome to Parenthood Study Team. (2018, February 14 – 17). *Welcome to Parenthood™:* *Combining neuroscience and mentorship to improve maternal perinatal psychosocial health*. Poster session presented at the Canadian National Perinatal Research Meeting, Banff, AB
36. **Benzies**, K., Suter, E., Mrklas, K., Shah, V., Aziz, K., Misfeldt, R., & \*Brockway, M. (2018, February 14 – 17). *The health care system is making “too much noise” to provide family centred care: Health care provider perspectives*. Poster session presented at the Canadian National Perinatal Research Meeting, Banff, AB
37. \*Ali, E., Letourneau, N., **Benzies**, K., & Giesbrecht, G. (2018, February 13). *Prenatal anxiety and children's behavioral problems: The moderating roles of maternal-child attachment and child's sex.* Poster session presented at the Developmental Origins of Health and Disease (DOHaD) Scientific Meeting, Canadian DOHaD Society, February, 2018, Banff, AB, Canada.
38. \*Best, I., \*Keys, E. & **Benzies**, K. (2017, November 30). *Services, strategies, and resources parents use to manage infant sleep difficulties.* Poster presentation at the Students Union Undergraduate Research Symposium, University of Calgary, Calgary, AB.
39. \*Best, I., \*Keys, E. & **Benzies**, K. (2017, October 26). *Services, strategies, and resources parents use to manage infant sleep difficulties.*  Poster presentation at the Bachelor of Health Sciences Program Annual Research Symposium, Cumming School of Medicine, University of Calgary, Calgary, AB.
40. \*Dewell, S. L., **Benzies**, K. M, & Slater, D M. (2017, November 3-5). *Relationship between Psychosocial Distress in Pregnancy and a Hypothalamic-Pituitary-Adrenal (HPA) Axis Polymorphism.* Paper [# 0069] presented at the Precision Nursing through Research, Education and Practice, International Society of Nurses in Genetics ISONG 2017, Reston, VA. Dewell was Canadian representative on panel discussion.
41. \*Ali, E., Giesbrecht, G., Letourneau, L., & **Benzies**, K. (2017, October 15 – 17). *Prenatal Anxiety and Children’s Behavioral Problems: The Moderating Roles of Maternal-Child Attachment and Child’s Sex.* Poster session presented at the International Society of Developmental Origins of Health and Disease, Rotterdam, Netherlands.
42. \*Mughal, M. K., Giallo, R., **Benzies**, K., \*Bright, K., \*Harvalik, P., Kehler, H., McDonald S., & Kingston, D (2017, October 15-18). *Trajectories of Maternal Anxiety and Child Development at three years.* Poster session presented at the 10th World Congress on Developmental Origins of Health and Disease (DOHaD- 2017), Rotterdam, The Netherlands
43. \*Nowell, L., White, D., **Benzies**, K., & Rosenau, P. (2017, October 11-14). *The emerging landscape of mentorship to support teaching, learning, and research in nursing academia.* Poster session presented at Reaching New Heights ISSOTL17, International Society for the Scholarship of Teaching and Learning, Calgary, AB.
44. \*Jensen, K., \*Wilson, J., & **Benzies**, K. (2016, August). *Family integrated care (FICare): A qualitative analysis of mothers’ experiences in a level II NICU.* Poster session presented at the Alberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
45. \*Jensen, K., \*Wilson, J., & **Benzies**, K. (2016, November). *Family integrated care (FICare): A qualitative analysis of mothers’ experiences in a level II NICU.* Paper presented at the Margaret Scott Wright Research and Innovation Day, Edmonton, AB.
46. Barnard, C., Bailey, J. A., Nettel-Aguirre, A., & **Benzies**, K. M. (2017, July 20-23). *Prioritizing the “Family Voice” to enhance family centered bedside rounds*. Poster session [#1 A240] presented at the Pediatric Hospital Medicine 2017 Conference, Nashville, TN.
47. Ginn, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2017, July 21). *Longitudinal research with Canadian families living with low income* [Recruiting and Surveying Special Populations].7th Conference of the European Survey Research Association, Universidade de Lisoba, Lisbon, Portugal.
48. Ginn, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2017, July 19). *Sampling procedures in a longitudinal study following a two-generation preschool program* [Mixed Methods Sampling Procedures: Techniques, Methodological Problems, and Meta-Inferences].7th Conference of the European Survey Research Association, Universidade de Lisboa, Lisbon, Portugal.
49. \*Brockway, M., Ginn, C., Keys, E., Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, June 26-28) *The FRAISE (Family Research Agenda Initiative SEtting) Project Protocol.* Poster session presented at the Patient Oriented Research, KT Canada Summer Institute, Toronto, ON. http://ktcanada.org/wp-content/uploads/2016/12/KT-Canada\_KT-Summer-Institute\_2017\_v3-768x994.jpg
50. \*Brockway, M., Ginn, C., \*Keys, E., \*Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K (2017, June 26). *The FRAISE (Family Research Agenda Initiative SEtting) Project Protocol.* Poster session presented at the Alberta Strategy for Patient Oriented Research (SPOR) Summer Institute, Lister Hall, Edmonton, AB. https://custom.cvent.com/1E9916C3B4704AE582E66927FC173073/files/79d86c16177c417098b63cb15cbc8c75.pdf
51. Letourneau, N., Hart\*, M., Anis\*, L., Ewashen, C., **Benzies**, K., & Donnelly, C. (2017, June 28 - July 1). *Attachment and Child Health (ATTACH): A parental reflective function intervention pilot study*. Poster session presented at the Putting Attachment Theory to Work, International Attachment Conference, Institute of Education, London, UK.
52. \*Jensen, K., \*Wilson, J., & **Benzies**, K. (2017, June 1). *Family integrated care (FICare): A qualitative analysis of mothers’ experiences in a level II NICU.* Poster session presented at the Owerko Conference, Finding Mental Health in Neurodevelopmental Disorders, Calgary, AB.
53. \*Brockway, M., Ginn, C., \*Keys, E., \*Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, May 12). *The FRAISE (Family Research Agenda Initiative SEtting) project protocol.* Poster presented at the Women’s Mental Health Day Conference, Calgary, AB.

http://spotidoc.com/doc/1080760/women-s-mental-health-day---university-of-calgary

1. **\***Brockway, M., Ginn, C., Keys, E., Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K (2017, April 28-30). *The FRAISE (Family Research Agenda Initiative SEtting) Project Protocol.* Poster session presented at the Canadian Child Health Clinician Scientist Program 15th Annual National Symposium, Calgary, AB. http://cchcsp.ca/index.php/events/save-the-date-cchcsp-15th-annual-national-symposium-2017/
2. \*Keys, E. Tomfohr-Madsen, L., **Benzies**, K., & Tough, S. (2017, June 3-7). *Maternal history of child abuse is associated with infant sleep consolidation during the first year of life*. Poster session [Abstract 0999] presented at the 31st Annual Meeting of the Associated Sleep Professional Sleep Societies SLEEP 2017, Boston, MA, USA.
3. \*Keys, E., Tomfohr-Madsen, L. M., **Benzies**, K. M., & Tough, S. (2017, April 19). *Maternal history of child abuse is associated with infant sleep consolidation during the first year of life.* Sixty second rapid oral abstract and poster session presented at the Alberta Children's Hospital Research Institute (ACHRI) Research Symposium, Calgary, Alberta, CA. http://research4kids.ucalgary.ca/achri-symposium
4. \*Brockway, M., Ginn, C., \*Keys, E., \*Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, April 19) *The FRAISE (Family Research Agenda Initiative SEtting) Project Protocol*. Poster session presented at the Alberta Children’s Hospital Research Institute Annual Symposium, Calgary, AB. http://research4kids.ucalgary.ca/achri-symposium
5. \*Keys, E. Tomfohr-Madsen, L., **Benzies**, K., & Tough, S. (2017, April 27-30). *Maternal history of child abuse is associated with infant sleep consolidation during the first year of life*. Poster presented at the Canadian Child Health Clinician Scientist Program (CCHCSP) 15th Annual National Symposium, Calgary, Alberta, CA. http://cchcsp.ca/index.php/events/save-the-date-cchcsp-15th-annual-national-symposium-2017/
6. \*Mughal, M. K., Giallo, R., \*Bright, K., \*Harvalik, P., **Benzies**, K., McDonald S., & Kingston, D. (2017, April 27-30). *Trajectories of maternal anxiety and child development at three years.* Poster presented at the Canadian Child Health Clinician Scientist Program (CCHCSP) 15th Annual National Symposium, Calgary, Alberta, AB. http://cchcsp.ca/index.php/events/save-the-date-cchcsp-15th-annual-national-symposium-2017/
7. \*Wilson, J., **Benzies**, K., Isaranuwatchai, W., Shah, V., Lodha, A., Aziz, K., & the FICare team. (2017, April 8). *Differences in indirect cost between families receiving Family Integrated Care (FICare) and standard care in Level II NICUs.* Poster session presented at the 2016/2017 Markin USRP Student Research Mini-Symposium, Calgary, Alberta.
8. \*Mughal, M. K., Giallo, R., **Benzies**, K., & Kingston, D. (2017, February 14-17). *Trajectories of maternal anxiety and child development at age three years.* Poster session [P183] presented at the 4th Annual Canadian National Perinatal Research Meeting, Montebello, PQ. http://www.cnprm.org/wp-content/uploads/2017/04/CNPRM\_Program\_2017.pdf
9. \*Jensen, K., \*Wilson, J., & **Benzies**, K. (2016, November 4-6). *Family Integrated Care (FICare): A qualitative analysis of mothers’ experiences in a Level II NICU.* Paper presented at the 30th Margaret Scott Wright Research and Innovation Day and Canadian Nursing Student Association Western/Prairies Regional Conference, Edmonton, AB.
10. \*Wilson, J., \*Jensen, K., Loewen, M., & **Benzies**, K. (2016, November 4-6). *Welcome to Parenthood – Alberta: Preliminary insight into mentorship of first time mothers during transition from pregnancy to early parenthood*. Paper presented at the 30th Margaret Scott Wright Research and Innovation Day and Canadian Nursing Student Association Western/Prairies Regional Conference, Edmonton, AB.
11. **Benzies**, K. M. (2016, November 2). *Welcome to Parenthood – Alberta: Embedding a hybrid mentorship model.* Paper presented at the National Mentoring Symposium, Banff, AB.
12. \*Keys, E., & **Benzies**, K. (2016, Oct 21-23). *Applications of knowledge translation in maternal child health nursing*. Paper [A02-2] presented at the 2016 Canadian Association of Perinatal and Women’s Health Nurses 6th National Conference, Calgary, AB. http://www.capwhn.ca/en/capwhn/Program\_p4735.html
13. \*Keys, E. & **Benzies**, K. (2016, June 2-5). *Play2Sleep: A sequential explanatory mixed methods protocol of using play to improve infant sleep.*  Poster session presented at the 2016 Canadian Child Health Clinician Scientist Program Annual Symposium, Niagara Falls, ON.
14. \*Dewell, S., \*Mughal, M. K., Slater, D., Tough, S., & **Benzies**, K. (2016, October 21 -23). *Relationship between Psychosocial Distress in Pregnancy and a Hypothalamic-Pituitary-Adrenal (HPA) Axis Polymorphism.* Poster session presented at the Reaching the Highest Peaks, Canadian Association of Perinatal and Women’s Health Nurses National Conference, Calgary, AB. <http://www.capwhn.ca/en/capwhn/Program_p4735.html>
15. **Benzies**, K. (2016, October 21 - 23). *Inspiring perinatal and women’s health nurses to promote early brain development.* Paper [B04-2] presented at the Reaching the Highest Peaks, Canadian Association of Perinatal and Women’s Health Nurses National Conference, Calgary, AB. http://www.capwhn.ca/en/capwhn/Program\_p4735.html
16. **Benzies**, K. (2016, October 21 - 23). *Dealing the cards and taking your chances: How playing the Brain Architecture Game can information perinatal and women’s health nursing practice.* Workshop presented at the Reaching the Highest Peaks, Canadian Association of Perinatal and Women’s Health Nurses National Conference, Calgary, AB. http://www.capwhn.ca/en/capwhn/Program\_p4735.html
17. \*Headley, L., & **Benzies**, K. (2016, November 4-6). Nurses’ experiences caring for the abandoned infant in hospital. Poster session presented at the 30th Margaret Scott Wright Research and Innovation Day and Canadian Nursing Student AssociationWestern/Prairies Regional Conference, Edmonton, AB.
18. \*Jensen, K., \*Wilson, J., & **Benzies**, K. (2016, August 18). *Family integrated care (FICare): A qualitative analysis of mothers’ experiences in a level II NICU*. Poster session presented at the Alberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
19. \*Syed, H., \*Mughal, M. K., \*Ginn, C., Donnelly, C., & **Benzies**, K. (2016, August 18). *Maternal stress and child development in a vulnerable population.* Paper presented at the Alberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
20. \*Keys, E. & **Benzies**, K. (2016 June 2-5). *Play2Sleep: A mixed methods study protocol of using play to improve infant sleep*. Poster session presented at the 14th Annual Canadian Child Health Clinician Scientist Program National Symposium, Riding the Rapids, Making Waves, Niagara Fall, ON.
21. \*Ginn, C., \*Mughal, M., & **Benzies**, K. (2016, September 18 – 22). *Effects of a two-generation preschool program after age 10: Receptive language in children and resolve in mothers.*  Paper presented at the Fighting Stigma: Promoting Resiliency and Positive Mental Health: The 22nd International Association for Child and Adolescent Psychiatry and Allied Professions World Congress (IACAPAP 2016)/ The 36th Annual Conference for the Canadian Academy of Child and Adolescent Psychiatry, Calgary, AB.
22. \*Mughal, M. K., \* Ginn, C., Perry, R., & **Benzies**, K. (2016 September 18 – 22). *Caregiver stress, child-rearing attitudes, self-esteem, and child development*. Paper presented at the Fighting Stigma: Promoting Resiliency and Positive Mental Health: The 22nd International Association for Child and Adolescent Psychiatry and Allied Professions World Congress/The 36th Annual Conference for the Canadian Academy of Child and Adolescent Psychiatry (IACAPAP), Calgary, AB.
23. \*Ginn, C., \*Mughal, M. K., Perry, R., & **Benzies**, K. (2016, August 28 -31). *Mitigating the risk of child abuse with a two-generation program: Enhancing parenting and promoting early child development.*  Paper presented at the Protecting our Children, Protecting our Future, The 21st International Society for the Prevention of Child Abuse and Neglect (ISPCAN), Calgary, AB.
24. Letourneau, N., \*Hart, M., \*Anis, L., Ewashen, C., **Benzies**, K., & Donnelly, C. (2016, August 28-31). *Action Team on Triadic Attachment and Child Health (ATTACH): Results of a parental reflective function intervention.* Paper presented at the Protecting our Children, Protecting our Future, The 21st IPSPCAN Congress on Child Abuse and Neglect. Calgary, AB.
25. \*Schmidt, M., **Benzies**, K., \*Mughal, M. K., & Ginn,C. (2015, August 20). *Role-reversal in parent-child relationships*. Poster session presented at the Alberta Innovates Health Solutions, Heritage Youth Researcher Summer Program Research Symposium, Calgary, AB.
26. \*Syed, H., \*Mughal, M. K.,\*Ginn, C., Donnelly, C., & **Benzies**, K. (2016, August 16). *Maternal stress and child development in a vulnerable population.* Poster session presented at the Alberta Children’s Hospital Research Institute (ACHRI) Research Symposium, Calgary, AB.
27. Barnard, C., **Benzies**, K., & Wutherick, S. (2016, July 25-27). *Moving Toward Truly Family Centered Bedside Rounds: Changes in parental perceptions of patient and family centered care during bedside rounds following a healthcare provider workshop.* Poster session [Abstract #0644-000283] presented at the 7th International Conference on Patient- and Family-Centered Care, New York, NY.
28. \*Keys, E. & **Benzies**, K. (2016, May 2-3). *Play2Sleep: A mixed methods study protocol of using play to improve infant sleep.* Poster session presented at the Alberta Strategy for Patient Oriented Research (SPOR) Summer Institute, Calgary, AB.
29. \*Brockway, M., **Benzies**, K., Carr, E., & Aziz, K. (2016, April 18). *Exploring breastfeeding self-efficacy and assessing moderate-to-late preterm infant feeding outcomes for FICare Alberta: A sequential explanatory mixed methods design.* Poster session presented at the Alberta Children’s Hospital Research Institute, Research Symposium, Calgary, AB.
30. \*Parker, S. I. A., **Benzies**, K. M., & Hayden, A. (2016, April 7). *A systematic review: Effectiveness of pediatric peripheral intravenous catheterization interventions.* Poster session presented at the Emergency Medicine Research Day, Calgary, AB.
31. \*Mughal, K, \*Ginn, C., & **Benzies**, K. (2016, April 27). *Parental stress in late preterm infants and its effect on infant development.*  Poster session presented at *the Alberta Children’s Hospital Research Institute (ACHRI) Research Symposium, Calgary, AB.*
32. \*Parker, S., **Benzies**, K., Hayden, A., & Lang, E. (2016, April 24 - 26). *Nailing the first poke: A systematic review and meta-analysis of randomized controlled trials of peripheral intravenous catheterization interventions*. Paper presented at the National Emergency Nurses Association conference. Montreal, PQ.
33. \*Ginn, C., \*Mughal, M. K., \*Sayed, H., \*Storteboom, A. R., & **Benzies**, K. (2016, February 10-13). *Sustaining engagement in longitudinal research with a vulnerable population: A mixed methods study of attrition.* Paper [O18] presented at the 2016 Canadian National Perinatal Research Meeting, Banff, AB.
34. \*Mughal, M. K., \*Ginn, C., & **Benzies**, K. (2016, February 10-13). *Parental stress in late preterm infants and its association with child development.* Poster session [T27] presented at 2016 Canadian National Perinatal Research Meeting, Banff, AB. CIHR Institute of Human Development, Child and Youth Health Best Poster Award
35. \*Scringer-Wilkes, M., & **Benzies**, K. (2016, February 10-13). *Exclusive breastfeeding at 3 months postpartum and maternal use of community breastfeeding supports.* Poster session [T49] presented at the 2016 Canadian National Perinatal Research Meeting, Banff, AB.
36. \*Brockway, M., Horn, S., Barker, L. A., & **Benzies**, K. (2016, February 10-13). *What is the effect of an evidence-based information kit given at birth on uptake of parenting education resources to age 3 months?* Poster session presented at the 2016 Canadian National Perinatal Research Meeting, Banff, AB.
37. \*Parker, S., **Benzies**, K., Hayden, A., & Lang, E. (2015, October 2-6). *Nailing the First Poke: A Systematic Review and Meta-Analysis of Randomized Controlled Trials of Peripheral Intravenous Catheterization Interventions.* Poster session presented at the American College of Emergency Physicians Research Forum, Boston, MA
38. \*Scringer-Wilkes, M., **Benzies**, K., McNeil, D., & Duffet-Leger, L. (2015, November 5-7). *Breastfeeding at Age 3 months and Maternal Utilization of Supports in the Community.* Poster presented at the Canadian Association of Perinatal and Women’s Health Nurses, 2015 National Conference, A rich history. A promising future. Quebec City, PQ.
39. \*Brockway, M., **Benzies**, K., & Weber, J. (2015, November 5-7).  *Enhancing program participation for families experiencing vulnerability: Exploring the baby-kit concept.* Poster presented at the Canadian Association of Perinatal and Women’s Health Nurses, 2015 National Conference, A rich history. A promising future. Quebec City, PQ.
40. \*Wasylenko, D., Horn. S., **Benzies**, K., & Barker, L. (2015, November 5-7). *Does an evidence-based information package at birth improve parental awareness and use of community resources?* Poster session presented at the Canadian Association of Perinatal and Women’s Health Nurses, 2015 National Conference, A rich history. A promising future.Quebec City, PQ
41. \*Keys, E., & **Benzies**, K. (2015, November 5-7). *Play2Sleep: A mixed methods study protocol of using play to improve infant sleep*. Poster session presented at the Canadian Association of Perinatal and Women’s Health Nurses, 2015 National Conference, A rich history. A promising future. Quebec City, PQ.
42. \*Syed, H., **Benzies**, K., Mughal, M. K., & Ginn**,** C. (2015, August 20). *An enigma: Deciphering attrition in a longitudinal study with vulnerable families.* Alberta Children’s Hospital Research Institute (ACHRI) Summer Student Research Day, Calgary, AB.
43. \*Keys, E., & **Benzies**, K. (2015, April 9). *Play2Sleep: A sequential explanatory mixed methods protocol of using play to improve infant sleep.* Poster session presented at Alberta Children’s Hospital Research Institute Symposium, Calgary, AB.